Contour.
Evolving with you

GET STARTED!

Testing is easy with your CONTOUR®NEXT EZ meter. All you need is your meter, CONTOUR®NEXT test strips and MICROLET®NEXT lancing device with lancets. First get familiar with your meter and then set it up as outlined in your owner's user manual. If you have any questions, please speak with your healthcare provider prior to using this meter.

To perform a test, follow these simple steps:

Always wash your hands with soap and water and dry them well before and after testing.

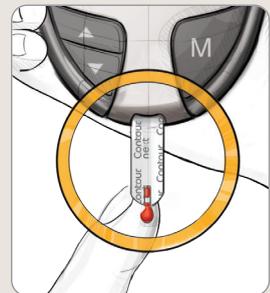**1** **Insert a CONTOUR®NEXT test strip into the meter.**

The meter will turn on, and an image of a blood drop will immediately flash on the screen. The meter is ready for you to apply a tiny (0.6µL) blood sample.

2 **Touch the tip of the test strip lightly to the drop of blood until the meter beeps.**

The CONTOUR®NEXT EZ meter's innovative Sip-in Sampling® Technology allows the blood to be pulled into the test strip. Your test result will be displayed after a fast five second countdown.
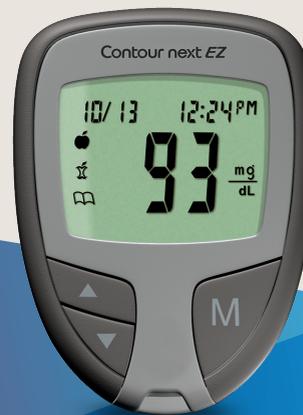
3 **Read the result, then remove and discard the used test strip.**

The reading will automatically be stored in memory, and the meter will automatically turn off.

If your Language is not included on the meter or user guide, please seek the assistance from someone who can translate for you prior to use.

HIGHLY ACCURATE

Second-Chance® sampling

NO CODING ®

Contour next *EZ*

10/ 13   12:24 PM
93 mg dL

Contour.
next *EZ*
Blood Glucose Monitoring System

ASCENSIA
Diabetes Care

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Your CONTOUR®NEXT EZ meter provides quick and easy meal markers to help detail your blood sugar management picture.

How to mark your test results*:

1a **Marking a test result as before-meal**

When your test result appears on the display, press ▲ or ▼ to move to the flashing box around the 🍎 marker and press **M** to set.

1b **Setting test audible reminder**

If you mark a result with the 🍎, the ⏰ will appear with a box flashing around it. This allows you to set an audible reminder which will go off in 2 hours (default) or the time selected — to remind you to do an after-meal test. Press **M** to set the alarm.

2 **Marking a test as after-meal**

When your test result appears on the screen, press ▲ or ▼ to move to the flashing box around the 🍴 marker and press **M** to set.

3 **Marking a test as unique**

There are times when you test your blood sugar that are unique, and not based around a meal. When your test result appears on the display, press ▲ or ▼ to move to the flashing box around the 📖 marker and press **M** to set.

After marking the test result with the appropriate meal marker, remove the test strip to turn the meter off and discard the used test strip.

You will need to activate the Meal Marker feature on your CONTOUR®NEXT EZ meter before marking your test results. See your CONTOUR®NEXT EZ User Guide for instructions.

Contour
next *EZ*
Blood Glucose
Monitoring System

HIGHLY ACCURATE   **Second-Chance® sampling**   **NO CODING®**

For newly diagnosed or new to testing, who want an easy testing experience.

For more information, refer to your user manual, go to www.contournext.com or call Customer Service toll free: 1-800-348-8100.

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