



## **The Health Insurance Portability and Accountability Act ("HIPAA")**

NOTICE OF PRIVACY PRACTICES THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices (the "Notice") describes the privacy practices of **Lake Country Compounding & Wellness**. **Lake Country Compounding & Wellness** is an independently owned and operated retail and compounding pharmacy. **Lake Country Compounding & Wellness** wants you to know that nothing is more central to our operations than maintaining the privacy of your personal health information ("PHI"). PHI is information about you that we obtain to provide our services to you and that can be used to identify you. It includes

your name and other basic contact information as well as information about your health, medical conditions and prescriptions. We take our responsibility to protect this information very seriously. Our Pledge Regarding Your Health Information We are required by law to protect the privacy of your health information and to provide you with this Notice explaining our legal duties and privacy practices regarding your health information. We are also required to notify you in the event there is a breach of your PHI. Our pharmacy staff is required to protect the confidentiality of your PHI and will disclose your PHI to a person other than you or your personal representative only when permitted under federal or state law. This protection extends to any PHI that is oral, written, or electronic, such as prescriptions transmitted by facsimile, modem, or other electronic device. This Notice describes how we may use and disclose your PHI. In some circumstances, as described in this Notice, the law permits us to use and disclose your PHI without your express permission. In all other circumstances, we will obtain your written authorization before we use or disclose your PHI. This Notice also describes your rights and the obligations we have regarding the use and disclosure of your PHI. Under federal and applicable state law, we are required to follow the terms of the Notice currently in effect. We are required to follow state privacy laws when they are stricter (or more protective of your PHI) than the federal law. If applicable, Please see state

provisions at the end of this Notice. How We May Use and Disclose Your PHI Without Your Permission. Treatment, Payment or Health Care Operations Below are examples of how Federal law permits use or disclosure of your PHI for these purposes without your permission:

1. Treatment: PHI obtained by **Lake Country Compounding & Wellness** will be used to dispense prescription medications. We will document information related to the medications dispensed and services provided in your record. We may also disclose your PHI to your prescriber or physician to assist them in providing care to you. We may contact you to provide treatment-related services, such as refill reminders, treatment alternatives (e.g., available generic products), and other health-related benefits and services that may be of interest to you.
2. Payment: We may contact your insurer, payor, or other agent and share your PHI with that entity to determine whether it will pay for your prescription and the payment amount. We may also contact you about a payment or balance due for prescriptions dispensed to you at **Lake Country Compounding & Wellness** .
3. Health care operations: We may use and disclose your PHI to monitor the effectiveness and quality of our health care services, to provide customer services to you and to resolve complaints. We may transfer it for purposes of carrying out pharmacy services if we buy or sell pharmacy locations. We may also use your PHI to tell you about opportunities that may be of interest to you, such as benefits **Lake Country Compounding & Wellness** customers or clinical research projects. Business associates: We use contractors, known as business associates, to provide certain services for us. These contractors are required by law and their agreements with us to protect your PHI in the same way we do.

### **Other Limited Circumstances**

We may also use and disclose your PHI without your permission for the following limited purposes:

Individuals involved in your care or payment for care: We may disclose your PHI to a friend, personal representative, or family member involved in your medical care. For example, if we can reasonably infer that you agree, we may provide prescriptions and related information to your caregiver on your behalf. Disclosures to parents or legal guardians: If you are a minor, we may release your PHI to your parents or legal guardians when we are permitted or required under federal and applicable state law.

**Worker's compensation:** We may disclose your PHI to the extent authorized and necessary to comply with laws relating to worker's compensation or similar programs established by law.

**Law enforcement:** We may disclose your PHI in response to a court order, subpoena, warrant, summons, or similar process for law enforcement purposes; to identify or locate a suspect, fugitive, material witness, or missing person; as certain information about a death resulting from criminal conduct; about crimes on the premises or against a member of our workforce; and in emergency circumstances, to report a crime, the location, victims, or the identity, description, or location of the perpetrator of a crime.

**As required by law:** We must disclose your PHI when required to do so by applicable federal or state law.

**Judicial and administrative proceedings:** If you are involved in a lawsuit or a legal dispute, we may disclose your PHI in response to a court or administrative order, subpoena, discovery request, or other lawful process.

**Public health:** We may disclose your PHI to federal, state, or local authorities, or other entities charged with preventing or controlling disease, injury, or disability for public health activities.

These activities may include the following: disclosures to report reactions to medications or other products to the U.S. Food and Drug Administration or other authorized entity; disclosures to notify individuals of recalls, exposure to a disease, or risk for contracting or spreading a disease or condition.

**Health oversight activities:** We may disclose your PHI to an oversight agency for activities authorized by law. These oversight activities include audits, investigations, and inspections, as necessary for our licensure and for government monitoring of the health care system, government programs, and compliance with federal and applicable state law.

**United States Department of Health and Human Services:** Under federal law, we are required to disclose your PHI to the U.S. Department of Health and Human Services to determine if we are in compliance with federal laws and regulations regarding the privacy of health information.

Although we may not engage in the following activities, under federal or applicable state law, we are allowed to use or disclose your PHI without your permission for these purposes:

**Research:** Under certain circumstances, we may use or disclose your PHI for research purposes. However, before disclosing your PHI, the research project must be approved by an institutional review board or privacy board that has reviewed the research proposal and established protocols to protect your PHI.

**Coroners, medical examiners, and funeral directors:** We may disclose PHI to a coroner or medical examiner to assist in identifying a deceased person or to determine the cause of death, and to funeral directors to carry out their duties.

**Administrator or executor:** Upon your death, we may disclose your PHI to an administrator, executor, or other individual so authorized under applicable state law.

**Organ or tissue procurement organizations:** Consistent with applicable law, we may disclose your PHI to organizations engaged in the procurement, banking, or transplantation of organs for the purpose of tissue donation and transplant.

**Notification:** We may use or disclose your PHI to assist in a disaster relief effort so that your family, personal representative, or friends may be notified about your condition, status, and location.

**Correctional institution:** If you are or become an inmate of a correctional institution, we may disclose to the institution or its agents, PHI necessary for your health and the health and safety of others.

**To avert a serious threat to health or safety:** We may use and disclose your PHI to appropriate authorities when necessary to prevent a serious threat to your health and safety or the health and safety of another person or the public.

**Military and veterans:** If you are a member of the US armed forces or a foreign military, we may disclose your PHI as required by military command authorities if certain conditions are met.

**National security and intelligence activities:** We may disclose your PHI to authorized federal officials for intelligence, counter-intelligence, and other national security activities authorized by law.

**Protective services for the President and others:** We may disclose your PHI to authorized federal officials so that they may provide protection to the President, other authorized persons, or foreign heads of state, or conduct special investigations.

**We May Use or Disclose Your PHI for Other Purposes Only With Your Authorization.**

**Your written authorization to use and disclose your PHI is required in order for us to:**

- Use and disclose psychotherapy notes containing your PHI (to the extent we hold any)
- Send marketing communications to you. If we will receive payment for making a marketing communication, we will state this in the authorization.
- Receive payment in exchange for your PHI.

In addition to the above situations, any other uses and disclosures of your PHI not described elsewhere in this Notice will be made only with your prior written authorization. You may revoke any such authorizations at any time by submitting a written notice to the **Lake Country Compounding & Wellness** .

**Lake Country Compounding & Wellness** , Attn: Records & Disclosure; 121 Harmony Xing Ste 3, Eatonton, GA 31024; Fax: (762) 777-7002. Your revocation will become effective upon our receipt of your written notice.

**Your rights with respect to your PHI**

You have the following rights with respect to your PHI:

Obtain a paper copy of this Notice. You have the right to obtain a copy of this Notice at any time. You may do so by contacting **Lake Country Compounding & Wellness**. The address, telephone and facsimile number are set forth in the information stated below.

Inspect and obtain a copy of your PHI:

You have the right to see and get a copy your PHI we maintain, which includes your prescription and billing records.

To get a copy of your PHI:

Submit a written request to **Lake Country Compounding & Wellness** (address provided below). You may also ask us to provide a copy of your PHI to another person. In that case, your written request must be signed by you, must clearly identify the person to whom you want us to send the copy of your PHI, and must state where the

copy is to be sent. We will respond to your request in writing within 30 days. A fee may be charged for the expense of fulfilling your request.

Denial:

We may deny your request to inspect and copy your record in certain limited circumstances. If we deny your request, we will notify you in writing and let you know if you may request a review of the denial.

## **Lake Country Compounding & Wellness**

**Attn: Records & Disclosure**

**121 Harmony Xing Ste 3**

**Eatonton, GA 31024**

**Fax: (762) 777-7002**

All requests must include patient's full name, date of birth, and address.

Request an amendment:

If you feel that your PHI we maintain is incomplete or incorrect, you may request that we amend it. To request an amendment, submit a written request to the **Lake Country Compounding & Wellness, Records & Disclosure** (address provided below).

Requests must identify: (i) which information you seek to amend, (ii) what corrections you would like to make, and (iii) why the information needs to be amended. We will respond to your request in writing within 60 days (with a possible 30-day extension). In our response, we will either: (i) agree to make the amendment, or (ii) inform you of our denial, explain our reason, and outline appeal procedures. If denied, you have the right to file a statement of disagreement with the decision. We will provide a rebuttal to your statement and maintain appropriate records of your disagreement and our rebuttal.

Receive an accounting of disclosures:

You have the right to request an accounting of disclosures of your PHI for purposes other than treatment, payment, or health care operations. This accounting will also exclude disclosures: made directly to you, made with your authorization, made incidentally, made to caregivers, made for notification purposes, and certain other disclosures. To obtain an accounting, submit a written request to the **Lake Country Compounding & Wellness, Records & Disclosure** (address provided

below). Requests must specify the time period, not to exceed six years. We will respond in writing within 60 days of receipt of your request (with a possible 30-day extension). We will provide one accounting per 12-month period free of charge, but you may be charged for the cost of any subsequent accountings. We will notify you in advance of the cost involved, and you may choose to withdraw or modify your request at that time.

Request communications of PHI by alternative means or at alternative locations:

You have the right to request that we communicate with you in a certain way or at a certain location. For example, you may request that we contact you only in writing at a specific address.

To request confidential communication of your PHI:

Submit a written request to **Lake Country Compounding & Wellness**, Records & Disclosure (address provided below). Your request must state how, where, or when you would like to be contacted. We will accommodate all reasonable requests.

Request a general restriction:

A general restriction is one that restricts or limits our use or disclosure of your PHI. To request a general restriction, you must identify in this request: (i) what particular information you would like to limit, (ii) whether you want to limit use, disclosure, or both, and (iii) to whom you want the limits to apply. We will consider your request but are not required to agree. We have the right to terminate the restriction if: (i) you agree orally or in writing to terminate the restriction, or (ii) if we inform you of the termination, which becomes effective only for your PHI created or received after we inform you of the termination. To submit a general restriction, send a written request to the **Lake Country Compounding & Wellness**, Records & Disclosure (address provided below).

Request a plan restriction:

A plan restriction is one that meets the following three conditions: (A) it is to restrict disclosure of your PHI to a health plan for purposes of payment or health care operations; (B) the PHI relates solely to a health care item or service for which you, or someone on your behalf, has paid us in full; and (C) the disclosure is not otherwise required by law. If you wish to request a plan restriction, you must do so separately for each prescription and subsequent refill event, and must make your request at the pharmacy before your medication is dispensed. Otherwise the pharmacy will automatically submit the claim to your health plan on record, if any, for payment. We will not agree to a plan restriction unless we have first received payment in full for the

item or service. We will also not agree to a plan restriction if by law we are required to submit your PHI to the plan. If we do agree to a restriction, we will not apply the restriction in the event of an emergency. To submit a plan restriction, you must do so either in person at the pharmacy when you bring in your prescription or by telephoning the pharmacy before your prescription is sent to the pharmacy.

## **Lake Country Compounding & Wellness**

**Attn: Records & Disclosure**

**121 Harmony Xing Ste 3**

**Eatonton, GA 31024**

**Fax: (762) 777-7002**

All requests must include patient's full name, date of birth, and address.

Complaints:

If you believe your privacy rights have been violated, you can file a complaint with **Lake Country Compounding & Wellness** at the address below or with the Secretary of the United States Department of Health and Human Services. All complaints must be submitted in writing. You will not be penalized in any way for filing a complaint.

## **Lake Country Compounding & Wellness**

**Attn: Investigations & Incident Reports**

**121 Harmony Xing Ste 3**

**Eatonton, GA 31024**

**Fax: (762) 777-7002**

Changes to the Notice:

We reserve the right to change our privacy practices. We reserve the right to make the revised Notice effective for PHI we already have about you as well as any information we receive in the future, as of the effective date of the revised Notice.



Upon request to the Privacy Office, **Lake Country Compounding & Wellness** will provide a revised Notice to you. We will also post the revised Notice in our retail store.

Effective Date. This Notice is effective as of February 28, 2013.

### **State Specific Provisions: GEORGIA**

#### **Disclosure – Pharmacy Information**

Unless authorized by you, we will not disclose your confidential information to anyone other than you or your authorized representative, except to the following persons or entities:

- (a) the prescriber, or other licensed health care practitioners caring for you;
- (b) another licensed pharmacist for purposes of transferring a prescription or as part of a patient's drug utilization review, or other patient counseling requirements;
- (c) the Board of Pharmacy, or its representative; or
- (d) any law enforcement personnel duly authorized to receive such information.

We may also disclose your confidential information without your consent pursuant to a subpoena issued and signed by an authorized government official or a court order issued and signed by a judge of an appropriate court.

#### **HIV/AIDS Information**

We will not disclose HIV/AIDS confidential information, without your authorization, except as authorized by State law or required federal law to make the disclosure.

### **Acknowledgement of Receipt of Lake Country Compounding & Wellness**

Notice of Privacy Practices:

I \_\_\_\_\_ (printed name) have received

**Lake Country Compounding & Wellness** Notice of Privacy Practices.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please detach and return this Acknowledgement to **Lake Country Compounding & Wellness** or to the address specified on the Notice.