

Post Circumcision Care

- 1 At each diaper change, remove the 4x4 gauze pad and apply a new 4x4 with a generous amount of Vaseline® (petroleum jelly).

Stop the 4x4 with Vaseline® 48 hours after the circumcision procedure.
- 2 **Spotting** in the diaper is normal for the first 24 hours.
- 3 **Bleeding** is defined as bright red blood that soaks through the diaper. This should be reported at once to Dr. Gottesman.
- 4 Keep the diaper securely fit to avoid any irritation to the circumcision site.
- 5 Sponge baths are permitted, but avoid immersion in tub baths until 48 hours after the circumcision or after the umbilical cord falls off – whichever comes later.
- 6 **Pain medication** after circumcision is not usually needed if there is adequate application of Vaseline® for the first 48 hours. However, if your baby appears to be unusually fussy on the day of circumcision, a single dose of Infants' Liquid TYLENOL® (1.25 ml) may be given.
- 7 After the first 24 hours, begin to gently push down on the remaining rim of foreskin to make sure that no stool has accumulated and to prevent this area from becoming stuck.

It is very important to continue this gentle push down each and every diaper change until your baby is out of diapers.

Note:

The tip of the penis following the circumcision is maroon red. This is normal. During the 7-10 days following the circumcision, the redness will fade and the head of the penis will become the same color as the rest of the penile shaft.

A white/yellowish material (exudate) may be seen on the penis within 2-3 days after the circumcision. This is part of the normal healing process and not a sign of infection. Keep the circumcised area clean but do not remove this exudate. The exudate area will disappear as the circumcision heals.

Your baby should resume his normal feeding schedule fairly quickly but it is not unusual for a newly circumcised boy to sleep through the next feeding. If he is not feeding normally and wetting his diaper appropriately within 24 hours after the circumcision, notify Dr. Gottesman and the baby's pediatrician.

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