

The Invisible String Intervention — By, Ashley Fussell, LPC-MHSP (temp)

Family is seen as the closest emotional connected network for any individual. At The Next Door, we provide Family Involved Addictions Therapy in an effort to assist and educate each member within the system. Family members impacted can include parents, grandparents, spouses, partners, children, etc. As we look at the impact this disease can leave on the children, through this particular intervention we are working to create a tangible reminder for the child that Mom loves them even when she is physically not present.

Materials needed: Book: “The Invisible String” by Patrice Karst, String in multiple colors, Glue Sticks, Construction Paper, Paper hearts (pre-cut if working with young children), Scissors, Markers

Step 1: Read the book, The Invisible String by Patrice Karst.

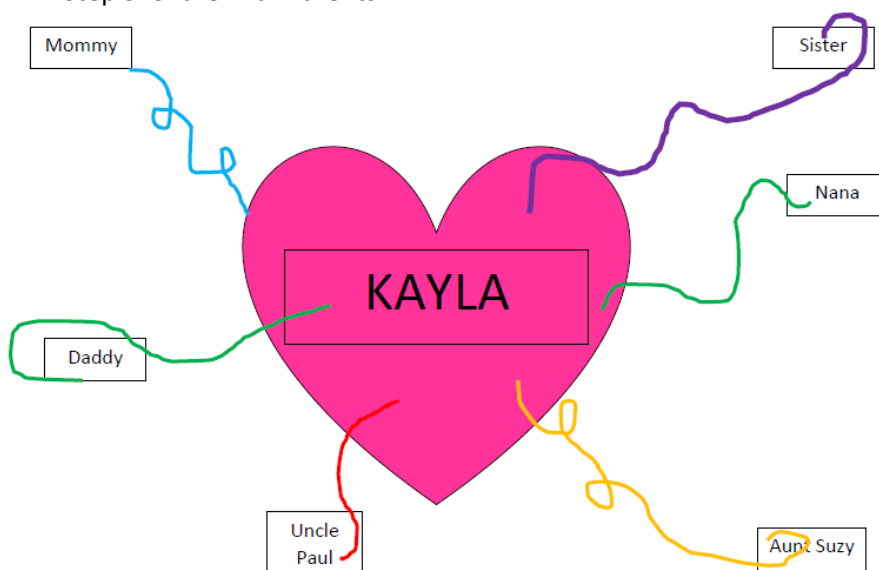


Step 2: Take Construction paper and glue paper heart in the middle. Have kiddos write their name on and decorate/color their heart to represent them. Then have kiddos write names of all the people in their world that they love and want to be connected to.

Step 3: Glue various pieces of string from the heart to the person’s name they wrote down

Step 4: Bring other interactive components based on developmental level for kiddos to play with (Maybe a box with multiple strings to pull, jump rope, tug of war, etc...) Focus all other activities on “connecting” to the ones we love

Step 5: Share with Parents



See Step 4

