1619 W. 6th St.
Austin, Texas 78703
(512)481-2770

newleaf
INTEGRATIVE MEDICINE

Full name		Sex ☐ F ☐ M	Date
Date of birth	Age	Occupation	
Main phone #		Other phone #	
E-mail address:		Allow email contact by New Leaf? ☐ Yes ☐ No	
Emergency contact name & phone		Marital status	# of children
Address: Street		City State	Zip
Family physician		Chiropractor	

Main problem(s): _____.

What diagnosis, if any, have you received for this problem? _____

When did this problem begin? _____ What are the causes of this problem? _____

To what extent does this problem interfere with your daily activities (work, sleep, sex, etc.)? _____

What kind of treatment have you tried? _____

What makes this problem worse? _____What makes this problem better? _____

Is there anybody in your family with the same/similar problems? _____ Remarks and additional information:

Medical History

Diagnosis	Self	Family	Diagnosis	Self	Family		Self	Family
Cancer			Breathing problems			Tuberculosis		
Diabetes			Heart disease			High cholesterol		
Hepatitis			Digestive disorders			High blood pressure		
Thyroid disease			Venereal disease			Emotional disorders		
Seizures			Alcoholism			Anemia		
Arthritis			Depression or anxiety			Other:		

Surgeries: _____Hospitalization: _____

Significant trauma: (auto accidents, sports injuries, etc) _____

Allergies: (drugs, chemicals, foods, environmental):_____

Medicines: taken within the last two months (including vitamins, OTC drugs, herbs, etc., and their dosages):

_____

Occupation: _____ Do you usually work □ indoors □ outdoors?

Occupational stress (chemical, physical, psychological, etc): _____

Personal: Height_____ Weight now_____ Weight one year ago_____

Weight maximum _____@Year _____

Habits: Do you smoke ? □ Yes □ No What? _____ How many per day? _____ Since when? _____

Do you exercise regularly □ Yes □ No Please describe your exercise program: _____

How many hours do you sleep in general? _____ When time do you usually go to bed? _____

Diet: How much coffee do you drink? _____cups/day Colas _____number/day Tea _____ cups/day

What kind of alcoholic beverages do you usually drink, if any? _____ Average number of drinks/week? _____

How much water do you drink per day? _____

Are you a vegetarian? □ Yes □ No □ Yes, but not so strict Do you eat a lot of spicy food? □ Yes □ No

Remarks and additional information (e.g. diet) _____

Please describe your average daily diet (Please be as specific as possible):

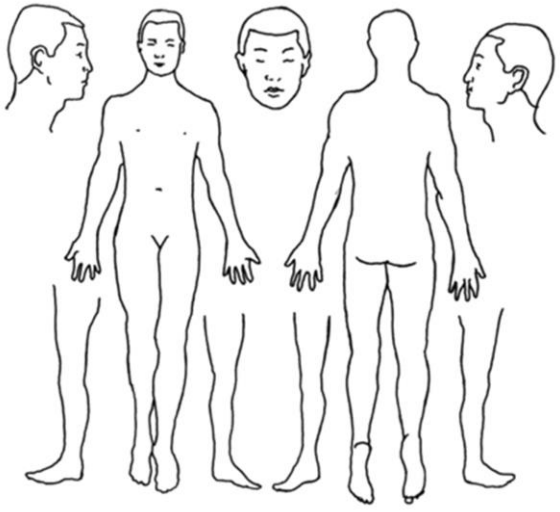
Morning _____

Afternoon _____

Evening _____

Snacks _____

Indicate painful or distressed areas:



Please check if you have or have had (in the last three months) any of the following diseases or conditions.

General: □ Poor appetite □ Poor sleep □ Fatigue □ Fevers □ Chills

□ Night sweats □ Sweat easily □ Tremors □ Cravings □ Change in appetite

□ Poor balance □ Bleed or bruise easily □ Localized weakness □ Weight loss □ Weight gain

□ Peculiar tastes □ Desire hot food □ Desire cold food □ Strong thirst (cold or hot drinks)

□ Sudden energy drop (What time of day) _____ Favorite time of year _____ Worst time of year _____

Skin & hair: □ Rashes □ Ulcerations □ Hives □ Itching □ Eczema

□ Pimples □ Acne □ Dandruff □ Dry skin □ Recent moles □ Loss of hair

□ Purpura □ Change in hair or skin texture □ Other?

Musculoskeletal: □ Joint disorders □ Muscle weakness □ Pain/soreness in the muscles □ Tremors

□ Cold hands/feet □ Difficulty walking □ Swelling of hands/feet □ Spinal curvature □ Back pain □ Hernia

□ Numbness □ Tingling □ Paralysis □ Neck tightness □ Neck pain □ Shoulder pain

□ Hand/wrist pain □ Hip pain □ Knee pain □ Joint sprain □ Other?

Head, eyes, ears, nose, & throat: □ Dizziness □ Concussions □ Migraines □ Glasses/lens

□ Eye strain □ Eye pain □ Color blindness □ Night blindness □ Poor vision □ Cataracts

□ Blurry vision □ Earaches □ Ringing in ears □ Poor hearing □ Spots in front of eyes

□ Sinus problems □ Nose bleeding □ Sore throat □ Grinding teeth □ Teeth problems □ Facial pain

□ Jaw clicks □ Sores on lips/tongue □ Difficulty swallowing □ Other?

Cardiovascular: □ High blood pressure □ Low blood pressure □ Chest pain □ Palpitation □ Fainting

□ Phlebitis □ Irregular heartbeat □ Rapid heartbeat □ Varicose veins □ Other?

Respiratory: □ Cough □ Coughing blood □ Wheezing □ Difficulty breathing

□ Bronchitis □ Pneumonia □ Chest pain □ Production of phlegm – What color? _____

Gastrointestinal: □ Nausea □ Vomiting □ Diarrhea □ Constipation □ Gas

□ Belching □ Black stools □ Blood in stools □ Indigestion □ Bad breath □ Rectal pain

□ Hemorrhoids □ Abdominal pain/cramps □ Gallbladder problems □ Parasites □ Chronic laxative use

Bowel movements: Frequency _____ Color _____ Odor _____ Texture/ Form _____

Neuro-psychological: □ Loss of balance □ Lack of coordination □ Concussion

□ Depression □ Anxiety □ Stress □ Bad temper □ Bi-polar

Genito-urinary: □ Painful urination □ Frequent urination □ Blood in urine □ Urgency to urinate

□ Kidney stones □ Unable to hold urine □ Dribbling □ Pause of flow □ Frequent urinary tract infection

□ Genital pain □ Genital itching □Genital rashes □ STD □ Other?

Female: □ Frequent vaginal infections □ Pelvic infection □ Endometriosis □ Vaginal/genital discharge

□ Fibroids □ Ovarian cysts □ Irregular periods □ Clots □ Pain/cramps prior/during periods

□ Breast tenderness □ Breast Lumps □ Fertility Problems □ Hot flashes □ Moodiness related to periods

_____ Number of pregnancies _____ Number of births _____ Miscarriages _____ Abortions

_____ Premature births _____ C-section _____ Difficult delivery

First date of last period _____ Age of first period _____ Duration of periods _____days, cycle ____ days

Do you practice birth control ? □ Yes □ No. If yes, what type and for how long? _____

If you're on birth control pills, what are you taking and for how long? _____

Male: □ Prostate problems □ Discharge □ Erectile dysfunction □ Ejaculation problems

□ Frequent seminal emission □ Fertility problems □ Painful/swollen testicles □ Other

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I have completed this form correctly to the best of my knowledge.

Signature:

□ Adult Patient □ Parent or Guardian □ Spouse

Are there any other health issues you want to discuss with us?

Signature **Date**