

How to apply urethral gel for ED (erectile dysfunction)

Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The gel should be used as needed to achieve an erection. Each syringe container is pre-filled in 1 ml topical syringes and good for 2 doses of up to 0.5mL each.

For an erection: the starting dose should be recommended by a physician. Do not adjust your dose yourself. Talk to your doctor who will instruct you on proper technique for administration and accommodation of your dose.

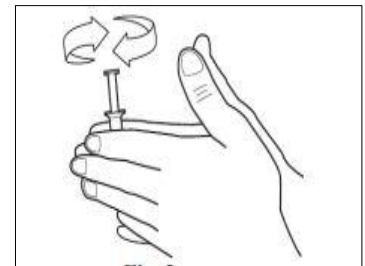
Do not apply the gel more than 2-3 times a week and only once per 24-hour period, or as directed by your physician.

The onset of effect is within 5 to 30 minutes after administration. The duration of effect is approximately 1 to 2 hours. But the actual duration can vary from patient to patients.

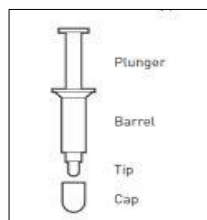
It is recommended to **urinate before** applying the drug.

After removing the cap, apply 0.5mL (or as recommended by physician) of the gel into the opening at the tip of the penis, 5 to 30 minutes before attempting intercourse, by following the instructions below. The remaining 0.5 mL contents can be saved for the next dose by replacing the cap and refrigerating the syringe.

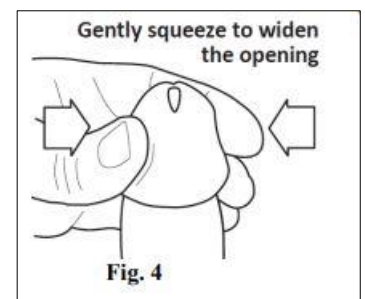
1. Wash your hands before applying gel.
2. Bring the contents of one syringe to room temperature by removing it from the refrigerator and allowing it to reach room (20 minutes) or rolling the container between your hands.



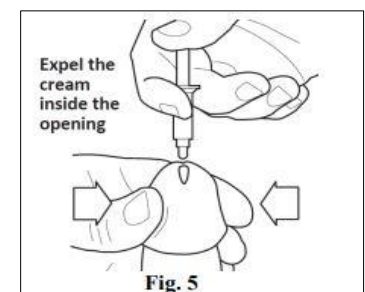
3. Remove cap from the syringe.



4. Grasp the tip of the penis with one hand and gently squeeze to widen the opening at the tip of the penis, while holding it in an upright vertical position (see Fig. 4). Note: if you are not circumcised, first retract and hold the foreskin back prior to widening the opening of the penis.



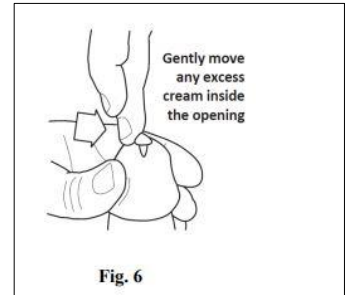
5. Hold the barrel of the syringe between your fingers and insert **ONLY** the syringe tip inside opening of glans of the penis (see Fig. 5), allow the gel to go down the urethra (the tube that leads from the bladder and transports and discharges urine and semen outside the body). Remember you will be pushing out and inserting up to 0.5 mL gel. Slowly, but firmly, push down the plunger



with your thumb or finger until up to 0.5 mL of the gel is expelled into the opening at the tip of the penis and down the urethra.

Note: While it is important that gel goes down the urethra little gel may be rubbed onto the shaft of the penis.

6. After administering the required dose, hold the penis in an **upright position** for approximately **30 seconds** to allow the gel to penetrate. Any excess gel covering the opening at the tip of the penis should be gently moved into the opening with the tip of a finger (see Fig. 6) and down the shaft of the penis. Do not urinate immediately after application, due to the risk that the drug could come out before the effect takes place.
7. Replace the cap on the tip of the syringe container after administering the up to 0.5mL dose and replace syringe to the refrigerator to for another dose. Next time, after using the syringe a second time, replace tip and discard.
8. The medication may be irritating to the eyes. Wash your hands after applying.



Some patients may experience some mild pain, a burning sensation, and aching in the penis or groin area. Also, your erection may continue for a time after orgasm or ejaculation. After your erection is over your penis may feel full, warm, and somewhat sensitive to the touch. These effects are normal and may last for a few hours.

Overdose with urethral gel for ED may result in a drop in blood pressure, fainting, dizziness, persistent pain in the penis, and possible prolonged erection lasting longer than 4 hours. This can result in permanent worsening or erectile function. Call your doctor promptly if you suffer with any of these effects.

may make you feel dizzy or faint. Do not drive or operate machinery within 1 to 2 hours after administration.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

Store in a refrigerator (2°C - 8°C).
Do not freeze.