

Guiding clients to new levels of health in all parts of their lives is an elixir for Bobbie Barbrey, a registered pharmacist, certified clinical nutritionist, and owner-operator of Medicap Pharmacy in North Raleigh. Mr. Barbrey is an experienced pharmacist and an expert at compounding medications, a specialized skill that not all pharmacists have.

“In the not-too-distant past,” he says, “if a client talked to me about symptoms, I reached pretty quickly for ‘the fix’ that I felt would work for them. I was of the mindset that there was a clear and irrevocable relationship between good health and medications—but I now see that it is not that simple.”

Because he became acutely aware that nutrition and lifestyle were key, and undervalued, underpinnings of good health, he completed the rigorous studies to become a Certified Clinical Nutritionist (CCN). He shares this expertise with his clients through individualized counseling and comprehensive wellness plans. “When you correct lifestyle and diet issues you allow the body to begin healing,” says Mr. Barbrey.

To enhance his client counseling, he added the BioMeridian Stress Assessment (BSA) scanning device to his practice. “It has become an invaluable tool, a remarkable blending of art and science,” he says, “that helps me look at where there is inflammation in the body and then target those areas for support.”

“It’s not a diagnostic tool, but when I look at areas of the body that are inflamed—understanding that very often inflammation is a precursor to disease—it gives me information to make recommendations for the patient more precisely. With these additional findings from the BSA device, patients have a greater opportunity to activate their own innate healing response and achieve balance between the systems in the body.”

“We’ve known about acupuncture points for thousands of years, and the principles of electricity for many years; BSA incorporates and combines this knowledge. Acupuncture points conduct micro-current electricity differently than do surrounding tissues and that difference gives us valuable information,” he explains. BSA scanning

devices have been used effectively in the U.S. for three or four decades, and much longer in Europe and other countries.

MARY REGAINS HER HEALTH

As a result of working with Bobbie Barbrey to reclaim her health, Mary, not her real name, is now enjoying a superior level of wellness that she had not experienced in years.

“Mary’s chief concern was an ebbing of life energy, a sense of profound fatigue most of the time. And she had been taking prescription medications for some time with no notable improvement in her condition,” says Mr. Barbrey.

“She wasn’t content with just getting a nutritional product that might boost her energy. She wanted to know what was draining her energy. Mary wanted to find and solve the problem, not suppress symptoms. It’s a joy for me to work with this kind of client.”

“With Mary, the starting point was to get her systems open so they can drain properly, setting the stage for eliminating toxins. I initially do a 58-point BioMeridian Scan to locate points of inflammation. They’re evident to me and, by viewing the computer monitor, to the client, as well. We could both see that Mary had significant congestion in

several systems, including her liver and digestive system, a common pattern with many clients, in fact.

“Inflammation in the liver indicated the possibility of a toxic burden, so I did further testing to find products that would help the liver cells release toxins in a safe and gentle way. Over time, cells in the body can get quite sluggish in their response to vitamins, minerals, hormones, and neurotransmitters. Our goal is to improve the flow of these critical nutrients and messengers throughout the body into the cells while also guiding toxins out of the cells to be eliminated.

“We want the pathway to be open and flowing. When we open the pathways in the digestive system and the GI tract, and improve the communication to the neuro-endocrine system, we’re creating the foundation for good health. We need to first be sure that all the filtering systems—the liver, kidney, the large intestine—are open and working properly before moving to the next step. With Mary, within several weeks we could see significant decrease in inflammation and she was feeling noticeably better.

“In this case we were dealing with a liver that wanted to stay pretty inflamed, so we did more BSA work to find the energetic frequencies that might be contributing. Some of the possibilities included heavy metals, viruses, parasites, and bacteria—a long list. With the BSA, we can identify the toxic energetic frequencies most affecting the client and develop a program to assist the body in the removal of these toxins.

“Over time, with further testing, we could observe Mary moving into balance as also she reported feeling better and increasingly stronger in all parts of her life. It took about four months for the toxins to be reduced to a level where they were no longer a stress to her body. The next step was cellular repair work. We were dealing with cells that had been stressed for a long time, and again we used BSA scanning to identify the most effective way to strengthen the function of the cells. The cellular repair work was completed after targeted nutritional support was identified and used. Mary was a great patient: interested, committed, and compliant.

“When we began our work, there were many systems in her body out of balance. Now virtually all of her systems are in balance and functioning properly. It’s very gratifying for both of us to move to a healthy maintenance program so she can retain and build on all the good work she has done.

“Anyone can do this. Getting to the root of health issues and correcting them like we did with Mary is very difficult to do without a plan and an accurate way to monitor progress. Become a participant in your health today and enjoy a lifetime of benefits. Let’s get started!” *hkh*

The Journey to Good Health

“[The BSA] helps me look at inflammation in the body and then target those areas for support.”



Using the BioMeridian Scanning device is almost an art form in the hands of Bobbie Barbrey, RPh, CCN.

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—Bobbie Barbrey, RPh, CCN

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