



2019 BETHANY'S KIDS CAMPER INFORMATION & PACKING LIST

Dear Parents and Guardians of Bethany's Kids campers,

Greetings from Camp McDowell! We are so excited your camper is attending **Bethany's Kids Inclusion Camp (June 6 - 9)**! Our mission is to grow understanding, acceptance, and care between children of all abilities. We have an wonderful staff that can't wait to see you very soon!

In order to make all of this happen, we need your help! **Please continue reading to help us make this the best session ever!**

Many thanks and much peace,
Kathryn Kendrick

Health & Medical questions: Nurse Kathy Snoddy bethanynurse@campmcdowell.com

Registration and general questions: summercamp@campcdowell.com or 205.387.1806 Ext. 100

CAMPER CHECK IN



DATE/TIME: Thursday June 6, 3:00-5:00pm

LOCATION: Doug Carpenter Hall

105 DeLong Road

Nauvoo, AL 35578

When you arrive to camp, continue on DeLong Road for about a mile. **The Camp Store** will be the first building on your left. The store will be open at 2:00pm if you want to stop in! Our staff will greet you at your car in front of the Camp Store starting at 3:00pm and give you directions to **Doug Carpenter Hall** where we will have check in. From the Camp store, take a right into Bethany Village. Doug Carpenter Hall will be on your right directly across from the pool.



We have handicap-accessible parking in front of Doug Carpenter, and a portico for dropping off campers in the event of rain. We ask that all who are able, please park on the edge of the road on either side of the pool so as not to block any other cars.

Once in Doug Carpenter Hall, our staff will check you in, give you your cabin assignment, and introduce you to your camper buddy! Our Medical Team will be available to check in medications and have additional conversation with parents. If you are checking in medications, please use the medication check in form at the bottom of this packet. After that you will move into your cabin.

Please note: If you arrive prior to 3pm, our staff will not yet be ready for you, but we would love for you to stop in The Camp Store for a snack and browse all the fun and interesting things!

CAMPER CHECK OUT

DATE/TIME: Sunday June 9 at 9:00am (Closing service) 10:00am (Camper check out from service)

LOCATION: HALL HALL

Our closing serving of Holy Eucharist will begin at 9:00am on closing day in Hall Hall. We invite and encourage family and friends to attend this wonderful celebration! Camper pick up is at the close of the service. Parents will sign out campers from Hall Hall receive medications, then go to their cabin to collect their belongings. Please be prompt when picking up campers. The offering at this service will be designated to the Camper Scholarship Fund.

ATTENDANCE & CANCELLATIONS

For continuity and quality of the experience, campers are expected to attend the entire session. Any exceptions must be approved by the Coordinator. We ask that families/parents refrain from seeing/visiting campers from after check-in to the closing service. Please direct any questions or concerns to the Coordinator. If you must cancel your camper's attendance, please alert Camp immediately. In the event of a cancellation all payments, less the deposit, will be refunded.

INFORM & EQUIP OUR STAFF

Please help our excellent staff take excellent care of your child by **INFORMING** us of any special needs or issues (on their on-line Camper Profile page, Health/Medical page, or by emailing bethanynurse@campmcdowell.com). In addition, if your child takes medication at home for any reason, please **do not discontinue** while at camp. Keep them on the same routines so that the adjustment to camp life is not compounded by an adjustment to a change in their medication that may impact the way that they feel, think, or react to their surroundings.

PREPARE YOUR CAMPER

Please **prepare your young children for coming to camp emotionally**. Talk with them about how much fun it will be, what the schedule is like, and let them know that they will also likely miss home a little. It is normal to miss home and also have fun at camp! Homesickness is normal and the best way to get through it is to stay busy by participating in everything at camp and to spend time with new friends (not alone). Let campers know they can write letters home, but they will not be able to use a telephone unless it is a true need. Parents: if you think homesickness could be an issue for your camper, you are **WELCOME** to contact the camp any time to check on how your child is doing. Send upbeat, encouraging letters and/or packages from home to help your child stay connected to you while at Camp.

CAMPER COMMUNICATION (cell phone, email, device policy)

We try very hard to be “the way the world could be”. Part of this goal is getting totally unplugged for a short time. We have a “no cell phone” policy during Bethany’s Kids. Should there be a need for a camper to call home they can speak with an adult staff and we will make arrangements for them to use a camp phone. As of 2017, we no longer offer camper email. Instead, we encourage you to make use of the postal service by writing a letter to your camper! You may leave a letter (or package) with us at check in for later delivery or you may send a letter through the mail. You may purchase a package at The Camp Store and designate a delivery date for your camper to receive it.

Urgent: Should you need to reach a camper while at Camp, please call 205.387.1806, EXT 101.

Non-urgent: Email wonderful@campmcdowell.com or call 205.387.1806 Ext 100

NOTE: If your camper’s needs are such that alternate or additional communication is needed for emotional health, please discuss with the Coordinator or Medical Staff. We are happy to work with you if this is a need.

Safety & Wellness:

If you have not already, please complete the Bethany’s Kids Camper profile ASAP. In addition, please ensure your Camper Health Form is complete (and current) ASAP. To complete these forms online, please log into your Camp McDowell account [HERE](#)

MAIL AND CARE PACKAGES

When are mail and care packages delivered to campers?

Care packages and mail are delivered to campers daily except for the first and last days of each camp session. Care packages are not delivered during the sessions of Primary I & II since campers attend with a big camper.

How do I get my mail or package to my camper?

You can either mail your package to camp, OR drop your package off at The Camp Store after you've dropped your camper off.

Either way, labeling is everything! Make sure you write legibly and include your camper's full name, the camp session, and on which day you'd like it delivered. Mail should be sent to:

Camp McDowell - Bethany's Kids
[cabin name] [camper full name]
105 DeLong Road
Nauvoo AL 35578

How many care packages should I send?

We prefer and recommend sending only one care package per session per camper with the exception of birthdays (which might call for a little extra something).

Will you put together a care package for my camper for me?

Yes! Camp Staff will put together any care packages made up of items from The Camp Store. You can do this in two ways:

- **Online:** Purchasing your care packages before your camper's session begins helps staff out a lot! We can have your package(s) put together, labeled, and ready to go before your camper even arrives. To encourage pre-purchases of care packages online, **we are giving everyone 10% off** of everything in the online Camp Store that's bought for care packages. **Use promo code, "SUMMERCAMP2019" at check out** and specify in the notes section during checkout the name of your camper, and which session your camper is attending, and which items are to be delivered on which day. We will make sure it gets to them!
- **In Person:** After you drop your camper off at camp, stop by The Camp Store and we will help you put together and package up your care packages before you leave.

Do all campers receive care packages?

Sending care packages and mail is voluntary. Some campers might receive a care package or piece of mail daily, while other campers may not receive any.

Can I send care packages to a camper other than my own child?

Yes. The distribution of care packages works like typical mail. Packages and mail can be sent to whomever you choose. We welcome care packages addressed to "For a Scholarship Camper." **CE 2 \$ 9**

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Is there anything I should NOT include in a care package?

Contents of care packages should stay within the scope of the camper packing list. **Please especially do not include food or candy containing NUTS or peanut butter**

PACKING LIST for BETHANY'S KIDS

General Housing and Packing Notes:

- Campers will be housed in dorm-style cabins. Beds are twin-sized.
- All cabins have heat and air conditioning.
- PLEASE LABEL IMPORTANT BELONGINGS WITH CAMPER NAME. ~ **IZ**
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Suggested Luggage/Bags:

- Suggested container for clothes include large suitcase, trunk, or plastic container that can go at the end of the bed.
- Also suggested is a basket or bag for dirty laundry and a toiletry bag or shower caddy.
- Please send a small bag for the pool. Campers will pack a 'pool bag' with swimsuit, towel, and sunscreen each day. A backpack or draw-string bag will work well.

What to Bring:

- Comfortable, casual clothes that can get dirty (t-shirts, shorts, jeans). Lightweight, loose-fitting clothes are best.
- Socks and sturdy, closed-toe shoes for working, playing, hiking, and other outdoor activities. Flip flops are only allowed in cabins. If bringing sandals, please bring sandals with a heel strap.
- Light rain jacket or coat
- Clothing appropriate for the weather
- Bedding and pillow for a twin bed
- Towels for bathing
- Towels for swimming
- Swimsuit (one piece or tankini)
- Sunscreen
- Bug Repellent
- Toiletries: Soap, Shampoo, Conditioner, Deodorant, Toothbrush, Toothpaste, brush/comb
- Underwear
- Socks
- Sleepwear
- Flashlight
- Fan (preferably one with a clip) and extension cord so it will reach the outlet.
- Reusable water bottle – to be filled during hydration breaks at the various activity sites each day. NOTE: Our Camp Store has attractive, sturdy, 32 oz water bottles available for purchase.
- Options for suggested for quiet time each day: Bible, book to read, journal, writing supplies, pre-addressed and stamped envelopes for writing home, art supplies
- Musical instruments for free time and assisting with worship
- Optional: If your child would like to participate in tye-dye, please send something white (t-shirt, pillowcase, socks, etc) to be dyed. Pre-washed items work best.
- Optional: New or used books to donate to the Alabama Black Belt Book Drive - bring to the camp store
- Optional: New or Used Art Supplies and Costumes for camp - can be dropped off at the camp store
- **Any prescriptions and over the counter meds should be ready to turn in to the nurse upon check-in.** See the "Camp McDowell Packing Sheet & Medicine Reminder 2019" below.

Things NOT to bring:

- Alcohol, illegal drugs, or weapons of any kind; Fireworks or any explosive devices
- Youth may not bring tobacco, tobacco products, or electronic cigarettes (including JUULS)
- **Snacks ARE allowed, but MUST BE IN AIRTIGHT CONTAINERS and they CANNOT CONTAIN ANY NUTS or NUT PRODUCTS.** Many of our campers have nut allergies. Crumbs will attract insects in our cabins. Thank you in advance for keeping our campers with allergies safe and the cabins as bug-free as possible!

Additional Money (Optional):

- The fee for the session includes canteen costs. There is no need to submit extra money for canteen. Campers get two snacks each at canteen Saturday
- We will collect an offering at our closing worship service for the Camper Scholarship Fund. Please consider making a contribution.
- The camp store will be open on opening and closing days if you would like to purchase any camp gear including shirts, water bottles, toiletries, candy and more.

****MEDICATIONS NOTE: For safety and per Camp's liability, all medications must be kept in the Health Hut. Camp does not allow medications to be stored where children are housed. Thank you in advance for your understanding.**

REGISTRATION FEES & CANTEEN MONEY

All balances are due Sunday, May 26. The camper registration fee for BETHANY'S KIDS is \$350. You may submit payments in your online account, over the phone, or by post mail 10 days prior to opening day.

NOTE: The (awesome) Camp Store is open on opening and closing days. Our Camp Store has lots of fun items including Camp McDowell t-shirts, goat's milk soap from our farm, frisbees, socks, fanny packs, towels, pillowcases, books, candy, ice cream, soft drinks, and more! Please save time to visit on opening or closing day!

Canteen: Canteen money is now included in the session fee. There is no need to submit additional canteen money.

- **Online payments** may be made in your Camp McDowell camper account. Access your camper account [HERE](#)
Enter your username and password to access your account. NOTE: If you have misplaced your password, you may request a new one on the login page. If you do not know your username, please contact wonderful@campmcdowell.com
- **Pay over the phone** by calling MaKenzie Parker at 205.387.1806 Ext. 100
- **Checks** by post mail should be mailed no later than May 24 and made payable to:
Camp McDowell
NOTE: Bethany's Kids and Camper's Name in memo line
105 DeLong Road
Nauvoo, AL 35578

Camp McDowell Packing Sheet & Medicine Reminder 2019

PLEASE READ!

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- Scheduled medicine times are: Before Breakfast, After Breakfast, After Lunch, Canteen, After Dinner and after nighttime Chapel.
- Prescription medicines **MUST** be in their original containers and have a label containing:
 - o Camper Name
 - o Name of Prescription Drug
 - o Strength of Prescription Drug
 - o Administration directions ("give as directed" is **NOT** acceptable)
 - o Parents must indicate what time medication is to be taken
- Please remember that parents **must provide any over-the-counter medicines** they anticipate their child may need.

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Kathy Snoddy, R.N., Camp McDowell Nurse

Bethany's Kids

Medication Packing Sheet

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Please place this sheet in a bag with your child's medicine. All information must be completed by a parent or legal guardian. Please fill out the information for prescription and over the counter medicines.

Camper Name: _____ DOB: _____/_____/_____

Session: _____

PRESCRIPTION MEDICATIONS:

Circle the time(s) to administer this medicine to the child, choosing from the following:

B*= Before Breakfast, **B**= After Breakfast, **L**= After Lunch, **C**=Canteen (4PM), **D**= After Dinner, **HS**= At Bedtime

*If a time is not selected, medicines will be given after breakfast.

Medication:	Dosage:	Reason:	Time Given: B* B L C D HS
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OVER THE COUNTER (OTC) MEDICATIONS: ALL OTC MEDICATIONS MUST BE PROVIDED BY PARENTS/LEGAL GUARDIANS OF THE STUDENT. Circle "As Needed Only", if medication is not taken daily.

Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only

Parent/Guardian Printed Name: _____

Parent Guardian Signature: _____ Date: _____

