



CAMP McDOWELL

FAMILY FARM TO TABLE



Description



Check-in: Friday, November 22nd from 5:00 - 6:00pm

Location: Camp Store

Dinner: 6:30 in Doug Carpenter Hall

**105 DeLong Road
Nauvoo, AL 35578**

Family Farm to table is a McDowell Farm School and Summer Camp retreat designed family combinations of all ages. We will have a weekend of fresh air, farm food, and quality time in the beauty of God's Backyard! We will harvest vegetables and feed the pigs, cut firewood, prepare and share a farm to table meal, learn sustainable practices for home, and so much more. Family Farm to Table Retreat is a beautiful and fun way to reconnect with God's creation and each other the weekend before Thanksgiving! Recommended for 1st grade and up.

We cannot predict the weather for the weekend, so please come prepared with bedding for cold or warm weather! Family Farm to Table is a wonderful and rare opportunity for families to spend time at camp during the school year and experience the joy of fellowship in camp community in such a unique way. Come join us in "God's backyard," You will be glad you did!

Family Farm to Table activities vary from caring for farm animals to harvesting crops. Saturday morning, we will begin the day with farm chores before breakfast and return back to the farm for morning farm activities after breakfast. During this farm time we will be preparing food for our Farm to Table dinner that evening. Once we finish up on the farm we will go to lunch, and after lunch adults will split off for a brief afternoon worship programming with the Rev. Jamie McAdams, the Chaplain for the weekend. During this time kids will participate in farm and camp activities. Then we will all reconvene to finish preparing our farm to table dinner. This meal will consist solely of products of the Camp McDowell Farm we gather on Saturday, and it will be unbelievably delicious. After dinner we will have an evening celebration and even go on an old-school hayride! Both nights come to a close with group worship. Many find this peaceful end to a fun-filled day to be among their most cherished memories of camp.

After farm chores on Sunday morning, we will have worship with communion at 9:30 am. If you are not familiar with the Episcopal church, please do not feel intimidated by this service! All are welcome to the service and table for communion, and the chaplain will explain how to receive communion for anyone who may be unfamiliar. After worship we will play a campwide game, and then eat lunch as the last event of Family Farm to Table 2019. We will wrap up lunch at 12:45 to conclude Family Farm to Table 2019. Lastly, on your way out, make sure to stop by the camp store to check out camp swag as well as take home meat harvested from our very own McDowell Farm!

Arrival and Closing



Check-in: Friday, November 22nd from 5:00 - 6:00pm
Location: Camp Store
Dinner: Doug Carpenter Hall at 6:30

**105 DeLong Road
Nauvoo, AL 35578**

When you arrive at camp, continue on DeLong Road for about a mile. The Camp Store will be the first building on your left. The store will be open if you want to look around after you check in! Once you have checked in, a volunteer will show you to your lodging for

the weekend. Once you have gotten settled in, we invite you to return to the camp store for snacks, drinks, and nametag making as check-in continues.

Check-out: Sunday, November 24th at 12:45 (after lunch)

Sunday morning, we will have worship with communion at 9:30 am. After worship we will play a campwide game, and then eat lunch. We will wrap up lunch at 12:45 to conclude Family Farm to Table 2019. Lastly, on your way out, make sure to stop by the camp store to check out camp swag as well as take home meat harvested from our very own McDowell Farm!



Registration

Registration Fees vary according to lodging. You may submit payments in your online account, over the phone, or by post mail 10 days prior to opening day. **All balances are due Tuesday, November 19th, 2019.**

Online payments may be made in your Camp McDowell constant contact account. Access the login page [here](#).

NOTE: If you have misplaced your password, you may request a new one on the login page by emailing or calling MaKenzie Parker at wonderful@campmcdowell.com or calling 205.387.1806 Ext. 100

Communication (cell phone, email, device policy)

We try very hard to be “the way the world could be”. Part of this goal is getting totally unplugged for a short time and being present with those around you during this retreat. We ask that you either do not bring your phone with you or that you be discreet and considerate if you need to use your phone at any time during the retreat.

Urgent: Should you need to reach anyone while at Camp, please call 205.387.1806, EXT 101

Registration Questions: MaKenzie Parker 205.387.1806 ext 100

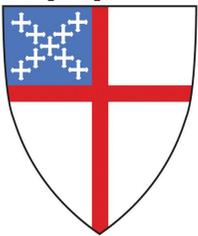
wonderful@campmcdowell.com

(Non-Urgent) Coordinator: Virginia White - 205.739.9848 (cell) or 205.387.1806 Ext.122

virginia@campmcdowell.com

Episcopal Diocese of Alabama: Welcome Statement

The Episcopal Church



The Episcopal Diocese of Alabama welcomes and affirms all because God welcomes and affirms all, regardless of age, race, ethnicity, religion, culture, ability, financial means, family status, sexual orientation, gender identity, or gender expression. For us, welcome means ensuring that each person’s dignity is honored and affirmation means safeguarding all persons as unconditional and equal members of the body of Christ.

Covenant of Common Life for Family Farm to Table

As a camper, I agree to live by the standards set for the event.

I will respect camp, respect myself, and respect others while at Camp McDowell. I respect the policy of zero tolerance of physical, verbal, or emotional bullying.

In addition, I understand that camp is one of the rare places where I can get "unplugged" and have a true "camp" experience; in order to make this kind of experience a reality for me and the other participants, I will limit my cell phone usage and only use it if absolutely necessary.

In registering for this event, I plan to participate fully in the program, worship, and activities offered during this event.



Family Farm to Table Sample Schedule

Friday, November 22nd

- 5:00 - 6:00: Check-in at Camp Store
- 6:30 - Dinner
- 6:45 - Community Time and Camp Welcome
- 7:30 - Worship
- 8:30 - QPT: Quality Porch Time at lodges/cabins

Saturday, November 23rd

- 7:00 - Farm Chores & coffee on the farm (optional)
- 8:00 - Breakfast (*Show up ready to go for the farm!*)
- 9:00 - Farm time
- 12:00 - Lunch
- 2:00 - Kids: Barn activity time
Adults: Program time with the Rev. Jamie McAdams
- 3:15 - Farm time
- 4:30 - Kids: Camp activity time
Adults: Garden to glass class
- 5:30 - Free time
- 6:15 - Dinner: Farm to Table meal!
- 7:30 - Evening activity
- 8:15 - Worship
- 9:00 - QPT: Quality Porch Time at lodges/cabins

Sunday, November 24th

- 7:00 - Farm Chores & coffee on the farm (optional)
- 8:00 - Breakfast
- 9:30 - Closing worship with Communion
- 10:30 - Campwide activity
- 11:30 - Pack-up time
- 12:00 - Lunch
- 12:45 - Conclude Family Farm to Table 2019!
We hope to see you at camp again soon!

Packing List

All lodges and cabins have heat and air conditioning. PLEASE LABEL IMPORTANT BELONGINGS WITH CAMPER NAME. *Lost and found items IF FOUND may be mailed back to attendees for a fee with possible delays.*

- Comfortable, casual clothes that can get dirty (t-shirts, shorts, jeans). Lightweight, loose-fitting clothes are best.
- Socks and sturdy, closed-toe shoes for working, playing, hiking, and other outdoor activities. If bringing sandals, please bring sandals with a heel strap.
- Light rain jacket or coat
- Clothing appropriate for cold weather
- Blue jeans or Overalls for the Farm to Table meal
- If staying in a cabin:
 - Bedding for Twin Bed
 - Towels for bathing
- If staying in a lodge:
 - Towels and linens will be provided - no need to pack any unless you just want to!
- Sunscreen
- Bug Repellent
- Toiletries: Soap, Shampoo, Conditioner, Deodorant, Toothbrush, Toothpaste, brush/comb
- Underwear and socks
- Sleepwear
- **Flashlight - it will get dark around 5 pm so please bring a flashlight for every family member**
- Reusable water bottle – to be filled during hydration breaks at the various activity sites each day.
NOTE: Our Camp Store has attractive, sturdy, 32 oz water bottles available for purchase.
- Musical instruments for free time and assisting with worship
- Personal medications
- Optional: We will gladly take any used or new costumes for our costume closet, or art supplies if you have any you would like to donate!

Things NOT to bring:

- Alcohol, illegal drugs, or weapons of any kind; Fireworks or any explosive devices
- Youth may not bring tobacco, tobacco products, or electronic cigarettes (including JUULS)
- **Snacks ARE allowed, but MUST BE IN AIRTIGHT CONTAINERS and they CANNOT CONTAIN ANY NUTS or NUT PRODUCTS.** Many of our attendees have nut allergies. Crumbs will attract insects in our cabins. Thank you in advance for keeping our campers with allergies safe and the cabins as bug-free as possible!

Additional Money (Optional):

- The camp store will be open if you would like to purchase any camp gear including shirts, water bottles, toiletries, candy and more. See the bottom of the schedule for store hours.
- We will collect an offering at our closing worship service for the Camper Scholarship Fund. Please consider making a contribution.

