

Sunset Yoga In The Orchard



Join UpDog at Westview Orchards & Winery



Thursday, Sept 13

6:30-8:30PM

\$35 per person (\$40 at door)



Enjoy a wagon ride into the middle of Westview's picturesque orchards to appreciate all that nature has to offer and enjoy a Basic Yoga Class with UpDog Yoga. Breathe the fresh Summer air and feel your stress disappear in the quiet stillness of the orchard. After class, the wagon ride takes us back to the Westview Winery for a complimentary beverage and light appetizers.

Please arrive 10-15 min. early for check-in. Dress for the elements in comfortable yoga/workout clothes and bring your yoga mat (additional mats available for use first-come, first serve). Yoga class is one hour plus wagon ride, followed by Westview Winery immediately thereafter.

Space is limited. Contact Westview Orchards & Winery direct to pre-register: www.westvieworchards.com 586-752-3123

*Westview Orchards & Winery is located at
65075 Van Dyke in Washington, MI
(corner of 30 Mile Rd. and Old Van Dyke)*



www.updogyoga.com 210 W. University Dr., Rochester, MI 48307 | 248.608.6668

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