

# Intro To Mediumship & Intuitive Development Spirit Communication

with Caroline de Bergevin



*Expand Your Senses,  
Boost Your Intuition!*

Empath

**Friday, June 2**

**7:30PM-9:30PM**

**\$35 per person (\$40 door)**

Intuitive Medium Caroline de Bergevin presents a series of Intuitive Development workshops to help you discover, explore and refine your intuitive abilities in a supportive group of like-minded empaths. We all have innate intuitive and psychic abilities, which we may or may not even be aware of or have fully explored. Others seek guidance on how to relate to and manage already developed empathic gifts within our daily lives for greater peace of mind and purpose.

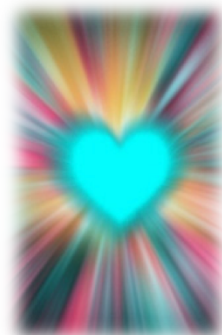
In this session focusing on ***Spirit Communication***, Caroline will teach the following skills while providing consult, mentorship and open sharing among the group:

- Differentiating between psychic readings vs. mediumship readings
- Common signs spirit uses to reach out to loved ones
- Tools and techniques mediums use to reach out to spirits
- Interactive group exercises to learn to communicate with spirit
- Guided group meditation: aligning with and sitting in your power

Additional workshops in the Intuitive Development series are offered ongoing monthly. Each workshop in the series focuses on a different topic to help you recognize and further refine your own spiritual gifts. Attend individual sessions that resonate with you anytime, or join us ongoing each month. Share space as we build a community of like-minded empaths to help you connect with your higher self!

**Pre-register:**

<https://www.updogyoga.com/workshops/rochester-workshops>



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Named 2017 "Best Yoga Studio In Metro-Detroit" by WDIV [ClickonDetroit.com](http://ClickonDetroit.com)