

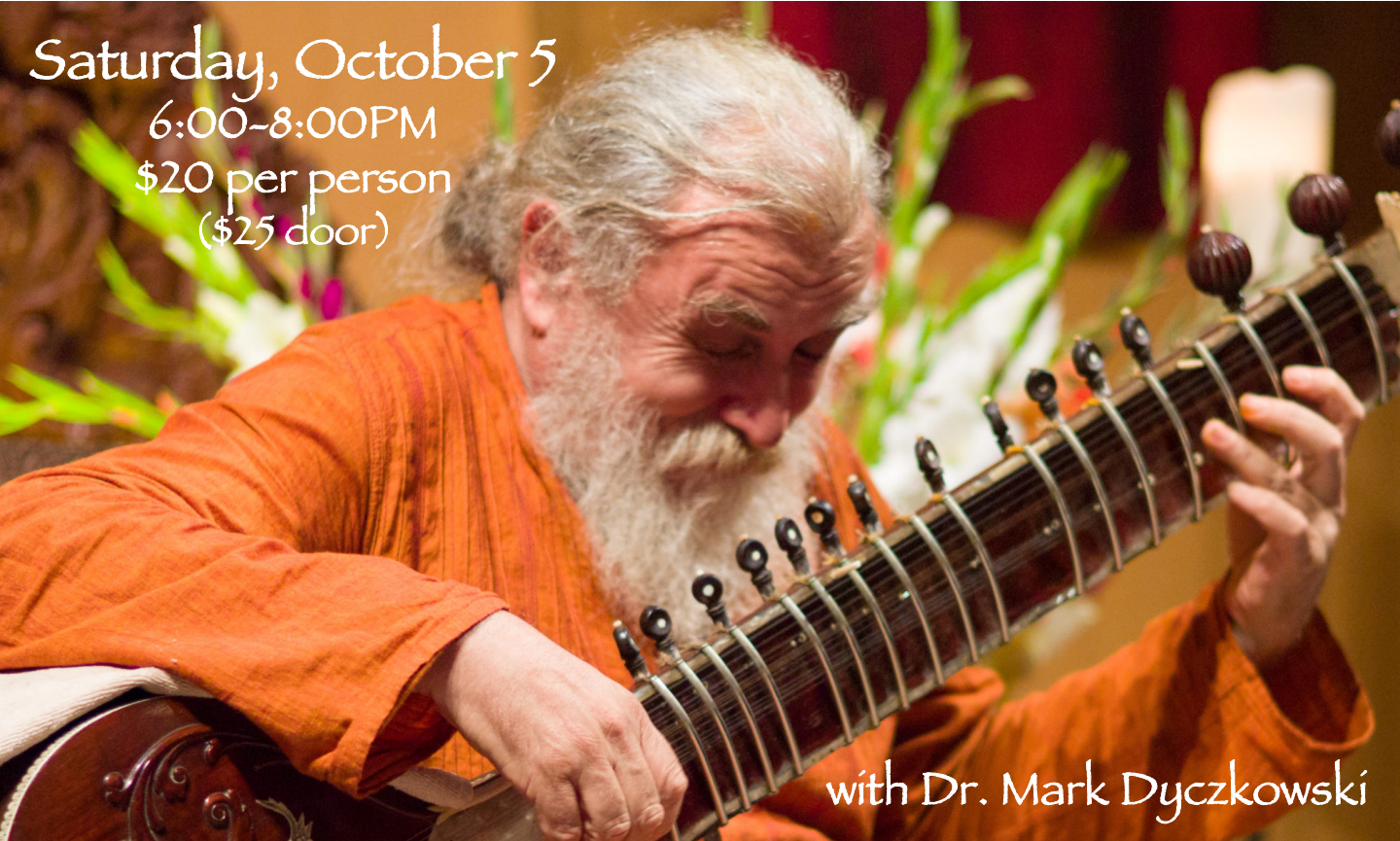
Special Engagement, One Night Only

# Sitar Concert

Saturday, October 5

6:00-8:00PM

\$20 per person  
(\$25 door)



with Dr. Mark Dyczkowski

***Join Us for A Magical Evening of Music & Meditation  
with World-Renowned Tantric Scholar, Dr. Mark Dyczkowski***

Mantras and music are higher forms of language that can serve as a means to heighten our consciousness. As the Vijñānabhairava Tantra teaches, above the sphere of mind and the language of thought, music communicates and fashions universal forms within universal consciousness that inspire and give meaning to our own true nature. Here the mind of the Yogi becomes one with the mantra and music, freed of the constraints of thought, and merges into the expanse of consciousness.

Dr. Mark (Ph.D. from Oxford University) is one of the world's foremost scholars and leading authorities on Tantra and Kashmiri Trika Shaivism and is a well-known sitarist. He was initiated by the great Indian teacher Swami Laksmanjoo in 1976. He has lived in Varanasi, India for almost forty years, where he teaches Kashmir Shaivism and practices Indian classical music. Since the mid-1970s, he has given public performances in many countries throughout Europe, Asia and the Americas. He has been very fortunate to learn at the feet of several excellent sitarists and vocalists in Varanasi, India, and other places around the world. Mark has also been published extensively, including: *The Doctrine of Vibration*, *The Shiva Sutras*, *A Journey In The World Of Tantras*, and the 12-volume *Manthanabhairava Tantra*.

Pre-register online: <https://www.updogyoga.com/workshops/workshops-rochester>



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