

# Goat Yoga Classes at Westview Orchards & Winery



**Adult Yoga Classes Wednesdays Evenings:  
May 19, 26; June 2, 9, 16, 23; July 7, 14, 21**

**Check-In 6:30PM; Yoga Class 7:00-8:00PM**

**\$45 per person (includes glass of Wine or Wine Slushie and Cider Mill Donut)**

***Pre-registration with Westview required:***

**<https://westvieworchardsandwinery.ticketspice.com/2021-goat-yoga>**

Join UpDog Yoga at Westview Orchards & Winery for a Basic Yoga class in the company of adorable young goats, who stroll around and interact with the class. The goats are naturally friendly and curious so they will walk on your mat, jump on your back, and frolic and play amongst the activity as you practice your asanas.

Lighthearted and fun, Goat Yoga is very therapeutic in the open air of Westview's outdoor pavilion. Following the class, enjoy a glass of wine or wine slushie and a cider mill donut (included with your admission).

Dress for the elements in comfortable yoga/workout clothes and bring your yoga mat or a towel. We highly recommend NOT wearing your "best" attire or favorite yoga mat as it is an outdoor setting with furry friends.

Please arrive 30 min. early for check-in. Yoga class is one hour, followed by photo opportunities with the goats and Westview Winery adult beverage.

**Space is limited. Pre-register online with Westview:**

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Westview Orchards & Winery is located  
at 65075 Van Dyke in Washington, MI  
(corner of 30 Mile Rd. and Old Van Dyke)

586-532-3123



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