

WESTVIEW ORCHARDS & WINERY



Sunset Sunflower Yoga

WEDNESDAY, AUGUST 17 AT 6:00-8:00PM

Join UpDog Yoga at Westview Orchards & Winery



\$45 per person

Includes Yoga Class, Wagon Ride and U-Pick Sunflower Bloom!

Pre-registration with Westview required:

<https://westvieworchardsandwinery.ticketspice.com/2022-sunflower-days>

Take in the sunset and fragrant fresh flowers with “Yoga in the Sunflowers” at Westview Orchards & Winery. We’ll escort you via wagon ride out to the peaceful sunflower field for a one-hour Basic Yoga class where you can also choose your own fresh sunflower to bring home with you!

- 6:00PM – Check-in
- 6:30PM – Wagon Ride To Sunflower Field
- 6:45- 7:45PM – Basic Yoga Class In Sunflowers
- 7:45- 8:15PM – U-Pick Sunflower, Photo Opps and Wagon Ride Back



All ages and Yoga skill levels are welcome (children must be accompanied by an adult). Bring your Yoga mat and optional towel.

Westview Orchards & Winery is located at
65075 Van Dyke in Washington, MI
(corner of 30 Mile Rd. and Old Van Dyke)
586-752-3123

Space is limited. Register online with Westview Orchards & Winery:

<https://westvieworchardsandwinery.ticketspice.com/2022-sunflower-days>



www.updogyoga.com 210 W. University Dr., Rochester, MI 48307 | 248.608.6668
Named 2017 “Best Yoga Studio In Metro-Detroit” by WDIV ClickonDetroit.com