

WESTVIEW ORCHARDS & WINERY



# Sunset Sunflower Yoga

THURSDAY, AUGUST 8 AT 6:00-8:00PM

Join UpDog Yoga at Westview Orchards & Winery



**\$48 per person**

*Includes Yoga Class, Wagon Ride, U-Pick Sunflower Bloom, Glass Of Wine*

**Pre-registration with Westview required:**

<https://westvieworchardsandwinery.ticketspice.com/yoga-in-sunflowers-2024>

Take in the sunset and fragrant fresh flowers with “Sunset Yoga in the Sunflowers” at Westview Orchards & Winery. We’ll escort you via wagon ride out to the peaceful sunflower field for a one-hour Basic Yoga class where you can also choose your own fresh sunflower to bring home with you!

- 6:00PM – Check-in
- 6:30PM – Wagon Ride To Sunflower Field
- 6:45- 7:45PM – Basic Yoga Class In Sunflowers
- 7:45PM – U-Pick Sunflower, Photo Opps, Wagon Ride Back To Relax with Glass of Wine in Air-Conditioned Wine Loft

All ages and Yoga skill levels are welcome (children must be accompanied by an adult). Bring your Yoga mat and optional towel.

**Space is limited. Register online with Westview Orchards & Winery:**

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Westview Orchards & Winery is  
located at 65075 Van Dyke in  
Washington, MI  
(corner of 30 Mile Rd. and Old Van  
Dyke) 586-752-3123



[www.updogyoga.com](http://www.updogyoga.com) 210 W. University Dr., Rochester, MI 48307 | 248.608.6668  
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