



## Sermorelin Mixing Instructions

***\*These are at the suggestion of APS Pharmacy only – please follow your physician’s specific instructions\****

Sermorelin is compounded in these strengths: **3mg vial, 9mg vial, 15mg vial**. Please review which strength you were prescribed before proceeding.

**Step 1:** Use the larger “mixing syringe” and draw the provided bacteriostatic water up to the correct mark on the syringe. Mixing syringes are either 5ml or 10ml sterile syringes.

Prescribed Sermorelin vial	Amount of bacteriostatic water to add
3mg vial	Add 3ml = 1mg per ml
9mg vial	Add 9ml = 1mg per ml
15mg vial	Add 7.5ml = 2mg per ml

**Step 2:** Remove the plastic cap from your Sermorelin vial and use an isopropyl alcohol wipe to wipe the top of your vial. Slowly add the bacteriostatic water to the vial and swirl the vial to fully dissolve the lyophilized Sermorelin. **DO NOT SHAKE**

**Step 3:** Now you are ready to administer your Sermorelin. This table is for the 3mg and 9mg Sermorelin

Sermorelin Dose	Units on Insulin Syringe = Amount in mls
100mcg	10 insulin units = 0.1ml
200 mcg	20 insulin units = 0.2ml
250 mcg	25 insulin units = 0.25ml
500 mcg	50 insulin units = 0.5ml
750 mcg	75 insulin units = 0.75ml
1000 mcg	100 insulin units = 1ml

For Semorelin 15mg. is as follows.

100 mcg = 5 insulin units or .05ml	500 mcg = 25 insulin units or .25ml
200 mcg = 10 insulin units or 0.1ml	750 mcg = 37.5 insulin units or .375ml
250 mcg = 12.5 insulin units or 0.125	1000 mcg = 50 insulin units or 0.5ml

**Step 4:** Refrigerate your mixed Sermorelin vial.

***\*Wipe the top of your Sermorelin vial with a sterile isopropyl alcohol wipe each time you use your vial\****

***\*Please properly dispose of all syringes and needles after use.\****

