



HCG, HCG/MCB & HCG/Theanine Mixing Instructions

These are at the suggestion of APS Pharmacy only – please follow your physician’s specific instructions

Human Chorionic Gonadotropin (HCG) is compounded in these strengths: **3500iu** vial and **5000iu** vial. Please review which strength you were prescribed before proceeding.

Step 1: Use the larger “mixing syringe” and draw the provided bacteriostatic water up to the correct mark on the syringe. Mixing syringes are either 5ml or 10ml sterile syringes.

Prescribed HCG vial	Amount of bacteriostatic water or sodium chloride to add
3500iu vial	Add 3.5ml
5000iu vial	Add 5ml

Step 2: Remove the plastic cap from your HCG vial and use an isopropyl alcohol wipe to wipe the top of your vial. Slowly add the bacteriostatic water to the HCG vial and swirl the vial to fully dissolve the lyophilized HCG. **DO NOT SHAKE!**

Step 3: Now you are ready to administer your HCG. Please note that using our directions will mean that 0.1ml (10 insulin units) = 100iu of HCG

HCG Dose	Units on Insulin Syringe = Amount in mls
100iu	10 insulin units = 0.1ml
200iu	20 insulin units = 0.2ml
250iu	25 insulin units = 0.25ml
500iu	50 insulin units = 0.5ml
750iu	75 insulin units = 0.75ml
1000iu	100 insulin units = 1ml

Step 4: Refrigerate your mixed HCG vial.

Wipe the top of your HCG vial with a sterile isopropyl alcohol wipe each time you use your vial

Please properly dispose of all syringes and needles after use.

