



# CARL POFF'S TNT WRESTLING CAMPS

## JULY 19-22, 2020 • KUTZTOWN UNIVERSITY



Photos By Ron Adelberg

## JUNIOR & SENIOR HIGH TEAM CAMP

**DIRECTOR: DAVE WILLIAMSON • ASSISTANT DIRECTOR: BRYAN CHITTESTER**

The TNT Team Camp is designed for you and your team to gain the competitive edge for next season. Our junior and senior high team camps provide the opportunity to learn, compete and build team unity. The wrestlers gain valuable experience while your coaches and our staff evaluate and give instructional feedback. Numerous states are represented at this camp and the competition is considered outstanding. Our techniques and training will enable you and your team to compete for conference and state championships.

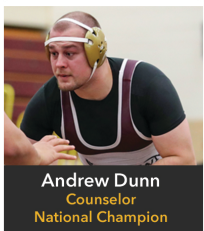


## WOMEN'S WRESTLING CAMP

**DIRECTOR: LEIGH JAYNES, DEL VAL WOMEN'S WRESTLING COACH**

We are thrilled to announce the creation of our first camp dedicated to female wrestlers. The camp will be directed by Leigh Jaynes. Jaynes is very recognizable in the world of women's wrestling. She has achieved Olympic-Caliber status for team USA by participation at the World Freestyle Championship on three occasions. At the 2015 World Championship, Jaynes won the bronze medal. Recently, she has been hired to lead the upstart Del Val women's wrestling program as the first full-time head coach.

- For rising sixth-twelfth grade female wrestlers.
- Instruction and feedback by a world class staff.
- Learn top notch technique, drilling and live wrestling.
- Great opportunity to surround yourself with quality workout partners.



## UPPER WEIGHT WRESTLING CAMP

**DIRECTOR: RILEY LEFEVER**

We will once again be offering a special camp for our upper weight athletes. Last years camp was very popular and a huge success with nearly fifty participants. The camp will be under the direction of 4X NCAA Champion Riley Lefever. Riley finished his collegiate career with an outstanding record of 158-6. Riley is currently a member of the resident athlete program with the Nittany Lion Wrestling Club.

- For those athletes weighing 195 lbs. and above.
- Upper weight athletes attending with their team will automatically be assigned to this camp for all technique sessions.
- Any upper weight camper attending on his own will be assigned to a team for competition and will reap the benefits of this specialty camp.

## WHAT COACHES SAY ABOUT TNT

"TNT Wrestling Camp is a must attend for any wrestling program. This camp provides quality technique sessions and the dual meets are extremely competitive. Attending this camp creates team unity and prepares us for our upcoming season. We can't wait to be back again next year."

**Corey Fetterolf**  
Head Coach - North Schuylkill H.S.

"We've been attending the TNT Camp for years and there is a reason we keep coming back. The camp is well organized and the competition is top notch. It's great to see teams from so many different areas. This camp has had a definite impact on our program's success."

**Glen Kurz**  
Head Coach - Westfield H.S.

"Our team had an awesome experience at TNT Wrestling Camp. Carl Poff and his staff ran a well-organized camp and assured that our wrestlers got meaningful and beneficial mat time. Our best wrestlers were challenged and our less experienced individuals were able to have some success. The Junior High portion of the camp is a huge bonus and not just an afterthought. Both the wrestling and housing facilities were incredible. Our guys had a blast! We will be returning next year!"

**Adam Bunting**  
Head Coach - Garden Spot H.S.

## WHO'S AT THIS CAMP

### CARL POFF CAMP DIRECTOR

Poff's tenure at Lock Haven University spanned twelve seasons. As head coach of the LHU wrestling team, Poff took the program to new heights. The winningest wrestling coach in school history, Poff teams went 167-62-3 and amassed a winning percentage of .726. His 1996-97 team finished fifth at the NCAA Division I Championship - the highest finish in school history - led by five individual All-American performances. His coaching yielded 80 National qualifiers, 14 All-Americans, two individual National Champions, 20 EWL Champions and 30 PSAC Champions. He was named PSAC Coach of the Year six times and on two occasions was the EWL Coach of the Year. Poff has coached both male and female wrestlers that went on to represent the United States at Olympic and World levels. He has been instrumental in developing wrestlers of all ages for the past forty years.

### ROB FISHER CAMP DIRECTOR

Over the past 20 years, Coach Fisher has amassed a dual meet record of 209-98-2 as the head coach at Kutztown University. His wrestlers have earned 22 All-Americans and have won five individual national championships. Fisher, a three-time KU Coach of the Year, led his 2019 team to the most successful season in school history. The Golden Bears finished the dual season with a 14-1 record, placed second in their NCAA Super Region and crowned three champions. KU had four National Qualifiers and placed tenth at the NCAA Championship crowning three All-Americans along with a National Champion. The Golden Bears have had at least one All-American in each of the last 11 seasons. KU has become one of the premier Division II programs in the country.



Camp Directors Carl Poff and Rob Fisher

### ADMINISTRATIVE STAFF

- Dave Williamson • Bryan Chittester
- Greg Segarra • Jon Snyder

### COACHING STAFF

The staff will consist of some of the finest high school and college coaches in the nation. Current college wrestlers will act as counselors. Everyone is chosen for their knowledge, ability to teach and positive attitude.

Dakota Bauer, Kutztown University  
Jamie Gill, Kutztown University  
Leigh Jaynes, Delaware Valley University  
Trap McCormack, Council Rock South HS  
Brad Silimperi, Council Rock South HS  
Doug Buckwalter, Central Mountain HS  
Chris Marshall, TC Williams HS  
Brian Leitzel, Mt. Hebron HS  
Stephen DeRafelo, Owen J. Roberts HS  
Billy Chamberlain, Manheim Central HS  
Chris Meister, Central Bucks South HS  
Kemal Pegram, Lower Dauphin HS  
Riley Lefever, Nittany Lion Wrestling Club

# WWW.KUTZTOWNUSPORTSCAMPS.COM/CAMPS/WRESTLING





KUTZTOWN UNIVERSITY

KU Athletics  
ATTN: Kaitlyn Sterner  
P.O. Box 730  
Kutztown University  
Kutztown, Pa 19530



**JULY 19-22, 2020 ONE GREAT SESSION SUNDAY THROUGH WEDNESDAY**  
**[www.kutztownusportscamps.com/camps/wrestling](http://www.kutztownusportscamps.com/camps/wrestling)**



## REGISTRATION & CHECKOUT

Registration will take place on Sunday, July 19th from 11:00 a.m. to 1:00 p.m. in the Keystone Fieldhouse. Roommates will be assigned at registration. You may choose your roommate at that time. Check out will take place on Wednesday, July 22nd from 11:00 a.m. to 1:00 p.m. at the residence hall. All campers must check out by 1:00 p.m. on that day. Transportation arrangements should be made accordingly.

## ATHLETIC EVENT RELEASE FORM

This camp has one required Release Form that must be signed by both the parent and the participant. This completed form should be sent to the camp office two weeks prior to the start of camp. **Any camper failing to submit this form will be unable to participate in the camp.**

## HOUSING AND MEALS

Resident campers are housed in the University's air-conditioned residence halls with supervision at all times. A fully trained and dependable staff will monitor all residence halls for the duration of camp. All camp meals will be eaten in the South Dining Hall, located within walking distance from the residence hall and Keystone Hall. Resident campers will receive breakfast, lunch, and dinner daily. Commuting campers will receive lunch and dinner only. The first meal served will be dinner on Sunday, and the last meal served will be lunch on Wednesday.

## PAYMENT AND CANCELLATION POLICY

To register online with a credit card go to [www.kutztownusportscamps.com/camps/wrestling](http://www.kutztownusportscamps.com/camps/wrestling) and click on the "Register Here" button in the upper right corner. If registering by mail please make checks payable to: Kutztown University. A \$75 processing fee will be assessed for any cancellation.



Photos By Ron Adelberg

Wrestler's Name \_\_\_\_\_

Parent or Guardian \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

School \_\_\_\_\_

Grade Entering in Fall 2020 \_\_\_\_\_ Age \_\_\_\_\_

I, the undersigned, individually and as a parent/guardian of \_\_\_\_\_ (Camper) a minor, ask that he/she be admitted to participate in TNT Wrestling Camps. I do hereby agree to release, discharge, and hold harmless Kutztown University, TNT Wrestling Camps, their owners, agents and employees of and from all causes, liabilities, damages, claims or demands whatsoever on account of any injury or accident involving the said minor arising out of the minor's attendance at the sport camp or in the course of competition and/or activities held in connection with the sport camp. I also give my permission for my child's photograph to be used in promotional material for future camps.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

### CHECK ONE:

- ☐ Resident\* \$380 \*Housed in residence halls  
☐ Commuter\*\* \$320 \*\*Not housed in residence halls  
☐ Coach\*\*\* \$250 \*\*\*One FREE coach per ten wrestlers

### CAMP:

- ☐ Senior High Team  
☐ Junior High Team  
☐ Women's Camp

\*A \$75 processing fee will be assessed for any cancellation.

Total Camp Cost \$ \_\_\_\_\_

Discount (If Applicable) \$ \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

**AIR CONDITIONED ROOMS  
FOR ALL CAMPERS AND COACHES!**

## DISCOUNT

Save **\$20** if you  
register and pay in **full**  
by June 1, 2020

A detailed information packet will be sent to each participant after application is received. For further information, call Kaitlyn (610) 683-4094 [ksterner@kutztown.edu](mailto:ksterner@kutztown.edu) or Carl Poff at (570) 660-6123 [carlpoff56@gmail.com](mailto:carlpoff56@gmail.com)

Make checks payable to:  
Kutztown University  
and Mail to:  
KU Athletics  
Attn: Kaitlyn Sterner  
Keystone Hall  
P.O. Box 730  
Kutztown University  
Kutztown, PA 19530

**REGISTER AND PAY ONLINE**  
**[www.kutztownusportscamps.com/camps/wrestling](http://www.kutztownusportscamps.com/camps/wrestling)**