

GOOD FOOD for all

BROUGHT TO YOU BY
PARTNERSHIP FOR A HEALTHIER AMERICA

INTERESTED IN RECEIVING FREE PRODUCE?

The Gateway Region YMCA is collaborating with Partnership for a Healthier America (PHA) in an effort to provide timely and nutritious food to families in the **St. Louis City and St. Louis County**.

With support from PHA, we will be handing out boxes of fresh produce starting after Memorial Day. Boxes are designed for families but all may participate. Please sign up to participate in this outstanding 12-week program.

WHAT'S IN A BOX?

Each family-sized box includes 50 servings of fresh fruits and vegetables per week. Your box will include a variety of items such as:

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|--------------------|---------------------|----------------|-----------------|
| <i>Broccoli</i> | <i>Berries</i> | <i>Corn</i> | |
| <i>Tomatoes</i> | <i>Melon</i> | <i>Onions</i> | |
| <i>Green beans</i> | <i>Squash</i> | <i>Cabbage</i> | <i>Pears</i> |
| <i>Oranges</i> | <i>Bell Peppers</i> | <i>Apple</i> | <i>Potatoes</i> |



SIGN UP TODAY!

TO REGISTER,
PLEASE SCAN THE
QR CODE!



HOW TO GET YOUR BOX

Register for one of the below
Pick-Up Days/Times/Locations

Location	Day	Time
Carondelet Park Rec Complex (South City)	Thursday	4pm-6pm
O'Fallon Park Rec Complex (North City)	Wednesday	11am-1pm
South City YMCA (South City)	Thursday	3:30pm-5:30pm
Emerson YMCA (North County)	Wednesday	4pm-6pm
Bayer YMCA (North City)	Thursday	11am-1pm
Kirkwood YMCA (SW County)	Wednesday	12:30pm-2:30pm
Affinia Healthcare (Downtown)	Tuesday	9am-11am
Edward Jones YMCA (NW County)	Wednesday	2pm-4pm



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