

Patient Information for Methylcobalamin (MB₁₂) Injection Instructions

IMPORTANT: To maintain sterility and avoid contamination, follow these directions carefully. Each needle should be used only once.

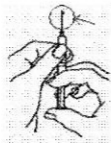
1. Wash your hands thoroughly with soap and dry them with a clean towel.
2. Clean the injection site with an alcohol swab. Let area dry completely. Injecting through a site that is still moist from an alcohol swab may cause stinging.
3. Pick up the prefilled syringe. Hold the syringe in the hand you use to inject MB₁₂. Remove the needle cover. Do not touch the needle or allow it to touch any surface.
4. Turn syringe needle side up, and then gently tap on the syringe body. Slowly, push the plunger up enough until you have the liquid forming a bead on the needle point.
5. Medication is now ready for injection.
6. Quickly insert the needle in a 30° angle, in a dart-like motion.

For Example:



7. Immediately inject all the solution within 1-2 seconds.
8. When syringe is empty, being careful, pull the needle out of the skin and put in a sharps (hazardous waste) container.

For Example:



9. Call your local municipal waste agency for proper disposal.