

How to apply a rectal cream or ointment

For applying a rectal anesthetic to the area around the rectum:

- First, clean the area, using mild soap and water or a cleansing wipe. Rinse the area carefully and dry it gently with a soft towel or toilet paper.
- Apply a small amount of medicine to the sore area, using a piece of gauze, a tissue, or a "finger cot."

For inserting a rectal cream or ointment inside the rectum:

- Use only products that come packaged in pre-filled applicators or that come packaged with a special inserter called a rectal tube.

If you are using a product that has an inserter (rectal tube) packaged separately from the tube of cream or ointment:

- Remove the cap from the tube of cream or ointment. Attach the inserter to the top of the tube. Squeeze the tube until a little cream or ointment comes out on the inserter. Then spread the cream or ointment over the inserter.
- Place the inserter into your rectum and squeeze the tube until a small amount of medicine comes out. Then remove the inserter from your body.
- Remove the inserter from the tube and replace the cap. Then wash the applicator carefully.

If you are using the product that comes in pre-filled applicators:

- Follow the directions for using the applicator and inserting the medicine. Each applicator is meant to be used only once. Throw the applicator away after using it.

For inserting the rectal aerosol foam into the rectum:

- Do not insert the container itself into your rectum. Use the applicator provided.
- To fill the container—First, shake the container hard for several seconds. Then, holding the container upright, insert it into the applicator. Press the cap of the container until the foam reaches the fill line of the applicator. Remove the applicator from the container.
- To use the medicine—Place a small amount of foam on the tip of the applicator. Insert the applicator into your rectum, then push the plunger as far as possible. Remove the applicator. Then take it apart and wash it carefully.

Remember

- Follow directions carefully
- Don't miss doses
- Store medication as directed on auxiliary label on package
- Store medications out of reach of children

