## **Prescription Compounding for Andropause & Low Testosterone**

#### **Can Men Really Suffer From Hormonal Imbalances?**

The medical profession has long debated the existence of male menopause. Does it really exist? Until recently, the entire subject of Andropause (male menopause) was steeped in confusion and controversy.

Andropause is the result of a gradual drop in testosterone. Testosterone is the major androgen (male sex hormone) found in the male body, thus giving the condition its name. Starting around the age of 30 men's testosterone levels begin to gradually decrease. This decrease in testosterone can lead to distressing changes in a man's life including:

- Weight gain
- Memory Loss
- Diminished libido
- Hair loss
- Erectile dysfunction
- Muscle loss
- Depression
- Fatigue

### The Importance of Testosterone

Testosterone assists the male body in building protein and is crucial for normal sexual drive and stamina, and in producing erections. Testosterone also has positive effects on mood, cognitive ability and behavior.

Several published studies have shown the beneficial effects on quality of life by normalizing testosterone levels with testosterone replacement therapy. Most importantly, normalizing testosterone levels may reduce the risks of developing serious medical conditions. There is mounting evidence linking low testosterone levels to long-term medical conditions such as metabolic syndrome, type II diabetes, and coronary heart disease.

## **Can Testosterone be Prescribed as a Medical Therapy?**

Yes! Aloe Drug Mart can help you and your medical provider to determine if and how testosterone therapy should be prescribed. Testosterone USP is natural bio-identical testosterone that has been approved by the United States Pharmacopoeia and is available as a bulk chemical. Upon a prescription order, our compounding pharmacists can use Testosterone USP to prepare numerous dosage forms. Based on your unique needs we will compound the dosage form and strength that is most appropriate for you.

# Is Testosterone Therapy Right for Me?

- <u>Talk to your health care provider</u> Discuss testosterone therapy as a treatment option, and let your health care provider know you heard about prescription compounding from Aloe Drug Mart.
- <u>Contact Us</u> Use the form on our contact page to inquire about potential treatment strategies, and how Aloe Drug Mart can help you.