



RYAN ZAKLIN, MD, MA

www.RyanZaklinMD.com

978-998-0010

EDUCATION/ PROFESSIONAL TRAINING

- 6/07-6/10 **Massachusetts General Hospital – Harvard Medical School**
Boston, MA
Internal Medicine Residency Program
- 8/02-5/07 **University of Virginia School of Medicine**
Charlottesville, VA
Medical Doctoral Degree Program
- 8/99-5/02 **Columbia University School of General Studies**
New York, NY
Postbaccalaureate Premedical Program
- 7/96-5/97 **Teachers College, Columbia University**
New York, NY
Master of Arts in Music and Music Education
- 8/93-12/95 **University of Illinois**
Urbana-Champaign, IL
Bachelor of Science in Music Education
- 9/91-5/93 **SUNY Rockland Community College**
Suffern, NY
Honors Mentor Talented Students Program
Associate's Degree

CERTIFICATION

- 2010-2020 American Board of Internal Medicine
- 2013-2020 American Board of Holistic Integrative Medicine

WORK EXPERIENCE

- 11/1-Pres **Ryan Zaklin, MD, MA, PC**
Physician
Integrative Medicine
Cannabis Therapeutics
Health Care Guide
- 8/16-Pres **North Shore Physicians Group – Extended Care**
Attending Physician
Associate Medical Director:
 - Brudnick Center for Living
 - Rosewood Nursing and Rehab Center
 - Lafayette Rehabilitation
- 3/11-7/16 **Spaulding Hospital for Continuing Medical Care North Shore**
Attending Physician
Hospitalist Leadership Committee
Co-chair Infection Prevention Committee
Department of Medicine
- 4/13-7/16 **Salem Hospital Emergency Room**
Hospitalist Physician
- 4/13-4/14 **The Rothfeld Center for Integrative Medicine**
Integrative Physician
- 7/10-2/11 **Massachusetts General Hospital – Department of Medicine**
Attending Physician
Hospital Medicine Group
- 7/10-2/11 **Massachusetts Eye and Ear Infirmary**
Consultant in Internal Medicine – Associate Staff
- 7/10-2/11 **VA New England Healthcare System**
West Roxbury VA
ER Attending
- 2009-2010 **Massachusetts General Hospital - Chelsea Healthcare Center**
Urgent Care Provider
- 2007-2010 **Massachusetts General Hospital – Department of Medicine**
Resident in Internal Medicine
- 2006 **UVA School of Medicine Office of Academic Support**
Academic Mentor
- 2006 **UVA Clinical Skills Training & Assessment Program**

Patient Instructor

- 2003-2004 **University of Virginia School of Medicine Curriculum Committee**
Student Medical Education Chairman
- 2002 **Learning Through and Expanded Arts Program, New York, NY**
Resident Artist
*Non-profit organization committed to improving education in New York City schools through a hands-on, arts-based approach to learning
- 2001 **New York/Virgin Islands Aids Education Training Center, New York, NY**
Project Assistant
- 2000-2001 **Martha G. Welch Mothering Center, New York, NY**
Therapist Assistant, Martha G. Welch, M.D.
*Tutor, aide, and companion to autistic patient
*Assistant for two-day intensives for families of children with attachment disorders
- 2000-2002 **Inspirica, New York, NY**
Private tutor
*Physics, chemistry, and math
- 2000 **New York Presbyterian Hospital at Columbia, NY**
Emergency Room Volunteer
- 1999-2001 **Complementary Medicine Services, New York, NY**
Intern, Windsor Ting, M.D.; Mehmet Oz, M.D.
*Complementary Medicine Services of New York Presbyterian Hospital at Columbia
- 1999 **Westchester Medical Center, Valhalla, NY**
Emergency Room Patient Liaison Volunteer
- 1999-1999 **Birchwood School, West Nyack, NY**
Music Teacher
*General Music Teacher: Special Education Grades K-12, Music Technology Lab
- 1998-1999 **Lakewood Elementary School, Congers, NY**
Music Teacher
*General Music Teacher: Grades K-5
*Director of Concert/Marching Band Program: Grades 4-5
- 1997-1998 **Pablo Casals Middle School 181, Bronx, NY**
Music Teacher
*General Music Teacher: Grades 6-8/Special Education Grades 5-8
*Director of Concert Band Program: Grades 6-8

ACADEMIC APPOINTMENTS

- 7/2010-2/2011 Harvard Medical School
Instructor in Medicine
- 2007-2010 Harvard Medical School
Clinical Teaching Fellow

- 2001 Columbia University, New York, NY
Teaching Assistant
*Contemporary Biology
- 1996-1997 Teachers College, Columbia University, New York, NY
Teaching Assistant
*Beginning applications of musical principles on the guitar

PUBLICATIONS:

Owens J.E., Schorling J., Plews-Ogan M., Goodman M., Moorman R., Zaklin R., Dent J. A randomized controlled trial evaluating Mindfulness-Based Stress Reduction (MBSR) for the treatment of palpitations: A pilot study (2016) *International Journal of Cardiology*, 223 , pp. 25-27.

Masia MD, Shawn, Zaklin MD, Ryan. Cannabinoids and the Endocannabinoid System: Emerging Trends. *Practical Neurology*. November/December 2016

RESEARCH EXPERIENCE

- 2003 **UVA Department of Plastic Surgery**
Medical Student Summer Research Intern
Supervisor: Adam J. Katz, M.D.
*Laboratory research investigating the potential of pluripotent stem cells derived from adult human adipose tissue
*Investigated minimal serum concentration required for cell growth
- 1999-2001 **Complementary Medicine Research Group**
Research Assistant
Supervisors: Windsor Ting, M.D.; Mehmet C. Oz, M.D.
*Complementary Medicine Research Group of New York Presbyterian Hospital at Columbia
*Co-developed pilot study investigating the physiological and cognitive effects of music and assisted with therapeutic suggestion study

VOLUNTEER EXPERIENCE

- 2010 Collaborative Medicine Working Group
Massachusetts General Hospital
*Core Facilitator
*Small Group Facilitator for Lifestyle Medicine Symposium.
- 2005-2007 Finding Meaning in Medicine Group (UVA)
*Discussions of themes such as: compassion, healing, awe, loss, integrity, and suffering
- 2004-2007 The Healer's Art (UVA)
Student Advisor
*Extracurricular course utilizing interactive and contemplative approach to enable students to perceive the personal and universal meaning in their daily experience of medicine
- 2004-2007 Medical Students for Responsible Medicine (UVA)
Co-chairman
*Medical student group promoting excellence, compassion, and integrity in medicine

- 2003-2004 The Mulholland Society (UVA)
 Student Medical Education Chairman
 *Curriculum committee member
- 2003-2006 Medical Student Rock Band (UVA)
 Lead singer, lead guitarist, keyboardist, manager, composer/arranger
 *Performance proceeds donated to charitable organizations
- 2002-2004 The Spinal Chords (UVA)
 Musical Director
 *All male medical student a cappella group
 *Annual proceeds donated to charitable organizations
- 2000-2001 Postbaccalaureate Premedical Association, New York, NY
 2001 Medical School Fair Committee Member
 *Columbia University Postbaccalaureate Premedical Program
- 2000-2002 Postbaccalaureate Premedical Association, New York, NY
 Peer Advising Program Co-chairman
 *Columbia University Postbaccalaureate Premedical Program
- 1994-1995 Rhythm and Blues Band, Champaign-Urbana, IL
 Lead singer, lead guitarist, manager, composer/arranger
 *Originated and maintained a ten-piece performance ensemble

AWARDS AND HONORS

- 2006 Gold Humanism Honor Society, UVA, Charlottesville, VA
 *Recognition for excellence in clinical care, leadership, compassion, and dedication to service
- 2006 UVA C. Richard Bowman Memorial Scholarship, UVA, Charlottesville, VA
 *Recognition for excellence in performance during the clerkship year
- 2004 UVA Pathology Skeleton Award, UVA, Charlottesville, VA
 *Recognition for leadership and strong commitment to learning
- 2000 Postbaccalaureate Premedical Scholarship - Columbia University, New York, NY
- 1999 Best Marching Band in the Congers Memorial Day Parade - Congers, NY
- 1995 Dean's List Fall 95 - University of Illinois at Urbana-Champaign, IL
- 1993 Dean's List Spring 93 - SUNY Rockland Community College, Suffern, NY
- 1992 Dean's List Spring 92 - SUNY Rockland Community College, Suffern, NY

PROFESSIONAL SOCIETIES

- 2012-Pres. Institute of Functional Medicine
- 2013-Pres. American Holistic Medical Association
- 2007-Pres. Massachusetts Medical Society
- 2006-Pres. American College of Physicians
- 2002-2007 American Medical Association
- 2002-2007 American Medical Student Association