



TOGETHER WE CAN.

Successful Post-Acute Care



a **Customized**
post-hospitalization care plan

One of the leading causes of hospital readmission or slow post-hospitalization recovery is the lack of proper support following a hospital discharge. Whether your patient is transitioning directly home after a hospitalization or moving through a rehabilitation program, in-home care is a key resource for a safe and successful recovery.

INTRODUCING... *NuTransitions*

NuTransitions allows the unique partnership of Home Care Assistance, NuCara Home Medical, and NuCara Pharmacy to manage the transition from hospital to home by providing essential support while aiding in communication with medical care teams. Our detailed care plans will support a successful recovery.

NuTransitions gives your patients peace of mind and access to programs prior to surgery. Together we can set them up for a successful recovery.

Patients have the ability to choose from three package options with different levels of care. They also receive an added discount on any "add on" items to make their recovery even easier.

Our team is excited to meet with you to further discuss our program and how we can work together as a team!

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Three Care Options Available: Basic, Intermediate, & Comprehensive

YOUR PATIENTS CARE PACKAGE COULD INCLUDE:

- A consultation and personalized Care Plan developed over the telephone or in-person.
- An expertly trained caregiver who will meet you and your family in the hospital, in the facility or at home to support the critical initial transition.
- Support with home safety needs, including recommendations about equipment and home safety modifications to support your recovery.
- Ongoing support with errands, grocery shopping, prescription pick-up, housekeeping and other physical activities that may be too challenging for a recently discharged patient.
- Physical assistance with activities of daily living including mobility, bathing and grooming, eating and transferring tailored to the patient's needs.
- Meal preparation based on our proprietary Balanced Care Method™ with an emphasis on healthy, balanced nutrition and regular caloric intake in line with the physician's recommendations.
- Medication reminders, rehabilitation exercise prompts, physical and emotional support and companionship throughout the recovery process.
- Transportation to rehabilitation sessions, doctor appointments and personal events.
- Regular status updates from the Care Team, at your discretion, to designated family and friends.
- Medication packaging and reconciliation.
- Home Medical Equipment customized to the needs of the patient.

All programs include, at a minimum, a home assessment, a home medical equipment care package, in-home care, and transportation.

