## GOODSENSE<sub>®</sub>









Mucus Relief Maximum
Strength 1200mg, 14ct





**Mucus DM Maximum** Strength 1200mg, 14d

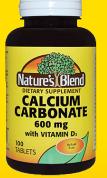






Vitamin B-12 250mg, 100ct Garlic Oil 500mg, 100ct





VITAMIN 1000 IU

Calcium Carbonate 600mg, 100ct Calcium Carbonate 600mg w/ Vitamin D, 100ct



Bilberry 40mg, 60ct Melatonin 10mg, 60ct Vitamin E 1000IU, 50ct



## DECEMBER Wellness





Sale dates and product availability may vary per store.



Olay Active Hydrating & Night of Olay Cream, 1.9 fl oz

26.69 Olay Regenerist Deep Hydration Regenerating Cream, 1.7 fl oz





Airborne



Scotch Magic Tape with **Dispenser**, 0.5 x 450" & 0.75 x 300" Scotch Satin Gift-Wrap Tape with Dispenser,

Scotch Magic Tape **Refill,** 0.75 x 1296"



Airborne Chewable Tablets 32 ct, Effervescent Tablets 10 ct**, & Gummies** 21 ct



Daelmans Stroopwafels Caramel &



HALLS

BREEZERS



1/4/1/5

3.29 Herbal Essences Styling Mousse, 6.8 oz, Hairspray 8 oz, & Spray Gel 5.7 oz



Digestive Advantage Probiotic Gummies, 60 ct Children's & Adult's



HALLS

2/\$5 Halls Cough Drops, 25 & 30 ct

5.89 Dot's Homestyle Pretzels 16 oz Original, Honey Mustard, & Southwest Seasoned, & Dot's Baked Cheese Curls 10 oz

RELIEF



HALLS

10.29 Boost High

HALLS





10.99 Boost Glucose Control, 8 oz, 6pk













Children's Tylenol Pain+Fever Liquid, Strawberry, Bubblegum & Grape 4 fl oz

7.59 Children's Tylenol Cold+Cough +Runny Nose, 4 fl oz





11.99 Theraflu Multi-Symptom & Severe Cold Day/ Night Combo, 12 packets

Theraflu Severe Cold & Cough Day/

Night 6 packets, Multi-Symptom

Severe Cold Day/Night 6 packets,

& ExpressMax Severe Cold & Flu

Liquid 8.3 fl oz Berry

HERAFL









16.89 Voltaren Arthritis Pain Gel, 100 grams



21.69

Voltaren Arthritis Pain Gel, 150 grams



1 79 Jergens Extra Moisturizing Hand Wash, 16 oz Cherry Almond Scent & Jergens Mild Soap, 4 bars





Duracell AA 8 pk, & Duracell AAA 8 pk

Duracell C 4 pk, Duracell D 4 pk, & Duracell 9V 2 p





Dulcolax Laxative Tablets, 10 ct



4.39 Zantac

Rolaids Multi-Symptom Advanced 60 ct, Ultra Strength 72 ct, & Extra Strength 96 ct

Zantac 360 Maximum Strength, 25 ct







6.59 Chews 24 ct, &





Move 23.59

Move Free Ultra Triple Action 30 ct, & Move Free Advanced 80 ct



MegaRed 3X MORE PURE

Advil Ibuprofen 200 mg, 100 tablets & caplets



Advil Dual Action 250 mg 72 caplets, & Advil Ibuprofen 200 mg 80 liquid caps & mini liquid caps



5.99 L'il Critters Gummy Vites 60 ct, Omega-3 70 ct, & Immune C 60 ct Vitafusion MultiVites 70 ct, & Vitamin D3 2000 IU 75 ct

12.19 Vitafusion Melatonin Gummies Max Strength 100 ct, & Extra Strength 120 ct







3\_89 Revlon Colorsilk Salon-Quality Hair Color, 1 application

Safetussin DM Cough Suppressant and Expectorant, 4 fl oz

## **HEALTH HIGHLIGHTS**

On December 9, 1979 . . . .

The World Health Organization confirmed the eradication of the smallpox disease.

December 9, 2022, marks the 43rd anniversary of this historic milestone. Smallpox is one of just two diseases ever to be declared eradicated.

Smallpox is an acute contagious disease caused by the variola virus, a member of the orthopoxvirus family. It was one of the most devastating diseases known to humanity and caused millions of deaths before it was eradicated. It is believed to have existed for at least 3000 years.

The World Health Organization (WHO) launched an intensified plan to eradicate smallpox in 1967. Widespread immunization and surveillance were conducted around the world for several years. The last known natural case was in Somalia in 1977. On December 9, 1979, the WHO confirmed the disease to be eradicated. Five months later, in May 1980, the 33rd World Health Assembly issued its official declaration of smallpox eradication.

The successful smallpox eradication program yielded vital knowledge and tools for the field of disease surveillance, the benefits of ring vaccination, and the importance of health promotion in fighting diseases such as poliomyelitis and the Ebola virus. It also laid the foundation for more robust national immunization programs worldwide, underpinning the establishment of primary health care in many countries and creating momentum toward universal health coverage.

The period since eradication has been defined by a lengthy and complex debate focused on the destruction of the last remaining stocks of live variola virus. In 1996, at the 49th World Health Assembly, member states decided to have this stock destroyed in June 1999, and only to allow small samples to be kept for research purposes at two designated secure laboratories - one in the United States and one in the Russian Federation. The existing stocks of variola virus are used for further essential research, which is overseen by the Advisory Committee for Variola Virus Research. This group meets on an annual basis.

Courtesy of the World Health Organization