



OBGYN

ELMHURST, IL

101 West Vallette Phone: 630 834 9768 Fax: 630 834 6643

WATERLOO, IA

209 E. San Marnan Phone: 319 236 8891 Fax: 319 236 9665

CORALVILLE, IA

1150 Fifth St.- STE 140 Phone: 319 354 6006 Fax: 319 354 6050

AMES, IA

2709 Northridge Pkwy Phone: 515 292 3604 Fax: 515 292 3645

OTTUMWA, IA 105 W. Main

Phone: 641 683 8168 Fax: 641 684 5407

AUSTIN, TX

6111 Burnet Rd. Phone: 512 454 9923 Fax: 512 454 9866

PLEASANT HILL, IA

4927 Maple Dr. Phone: 515 264 1503 Fax: 515 265 6124

VULVODYNIA TREATMENT

Amitriptyline/Baclofen 2%/2% Ointment or Cream

SIG: Use as directed by the prescriber

DISP: 30gm or 60gm tubes

Gabapentin/Lidocaine 3%/5% Ointment

SIG: Apply a pea-sized amount to affected area(s) three times daily as directed

DISP: 30gm or 60gm tubes

Gabapentin 6% Cream

SIG: Apply a pea-sized amount to affected area(s) three times daily as directed

DISP: 30gm or 60gm tubes

HEMORRHOID TREATMENT

Hydrocortisone/Lidocaine 1%/2% Rectal Rocket

SIG: Insert 1 suppository rectally to the flange nightly at bedtime

DISP: #3 or #5 suppositories

VULVOVAGINITIS INFECTION TREATMENT

Boric Acid 600mg Suppositories

SIG: Insert 1 suppository vaginally nightly at bedtime for 14 days or as

directed by the prescriber

Nystatin 100,000 unit Suppositories

SIG: Insert 1 suppository vaginally nightly at bedtime

BACTERIAL VAGINOSIS TREATMENT

Metronidazole 500mg Suppositories

SIG: Insert 1 suppository vaginally two times daily 2-3 times per week

ANAL FISSURE

Nifedipine 0.5% Rectal Ointment or Gel

SIG: Apply BID to affected area

DISP: 30 gm.

Diltiazem 2% Ointment or Gel

SIG: Apply BID to affected area

DISP: 30 gm.

NAUSEA

Promethazine Gel

12.5 mg. / 0.1 ml.

SIG: Apply 0.1-0.2 ml to the inner wrist every 4-6 hours as needed.

DISP: 1 ml.

NIPPLE TREATMENT

Nipple Ointment

Betamethasone 0.05% and Miconazole 2% Mupirocin 1% Ibuprofen 2% Ointment

SIG: Apply sparingly after each feeding (no need to wipe off prior to feeding).

DISP: 30 gm.

PRETERM LABOR TREATMENT

Progesterone micronized 50mg Suppositories

SIG: Insert 1 suppository vaginally twice daily (every 12 hours)

Progesterone micronized 200mg Suppositories

SIG: Insert 1 suppository vaginally nightly at bedtime

PITTSBURGH PASTE

Pittsburgh Paste

Contains aluminum acetate, zinc oxide, aquaphor

SIG: Use as directed by the prescriber

DISP: 120gm, 240gm, or 454gm tubes or ointment jars

BIO-IDENTICAL HORMONE REPLACEMENT THERAPY

Bio-Identical Hormone Replacement Therapy

Any Combination of Estriol, Estradiol, Estrone, Progestrone, DHEA, Pregnenolone, and Testosterone you want.

Choose from the following: Capsules, Troches, Creams, Sublingual drops.