

March



Sale dates and product availability may vary per store.



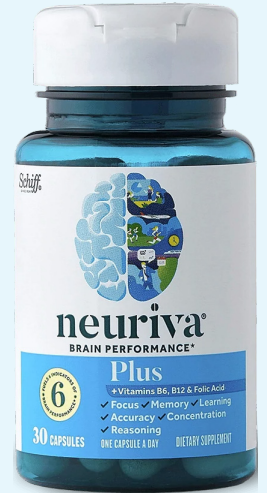
18.89
Pataday Once
Daily Relief, 2.5 mL



19.79
Pataday Once Daily Relief
Extra Strength, 2.5 mL



44.79
Neuriva Brain
Performance Plus, 30 ct

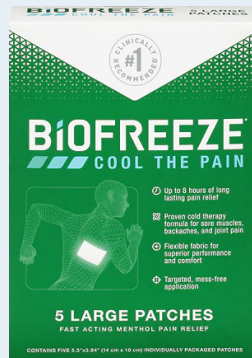


35.19
Neuriva Brain Performance, 30 ct



Biofreeze Pain Relief Gel, 3 oz

9.99



Biofreeze Large Patches, 5 ct

7.99

9.99
Biofreeze Spray, 3 oz
Biofreeze Roll On, 2.5 oz



10.89
Boost Original Nutritional Drink, 8 oz (6pk)



6.99
Pond's Cold
Cream Cleanser, 6.1 oz
Pond's Dry Skin
Cream, 6.5 oz



1.69
Trolli Gummies
Sour Octopus, 4.25 oz
Sour Brite
Eggs, 4 oz
Squiggle Worms, 5 oz

2.99



5.49

Gas-X Extra Strength Softgels, 10 ct & 20 ct

5.49

Gas-X Chewables in Cherry & Peppermint, 18 ct



Tums Smoothies Assorted Fruit & Berries, 60 ct



Tums Ultra Assorted Fruit & Berries, 72 ct

Tums Extra Strength Assorted Fruit & Berries, 96 ct



6.19

4.39

Old Spice Antiperspirant Fresh & Pure Sport Scent, 3 oz



3.89

Old Spice Classic Original & Fresh Scent, 3.25 oz



11.49

Cold-Eeze Cold Remedy, 25 ct (Various Flavors)



7.99

NyQuil Cold & Flu Liquid, 8 oz



9.29

NyQuil Severe Cold & Flu Liquid, 8 oz



8.69

NyQuil Cold & Flu Original, 8 oz



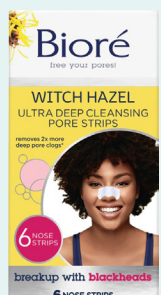
6.79

Biore Cleansers

Deep Cleansing Pore Strips, 8 ct



Biore Charcoal Cleanser, 6.77 oz



Ultra Deep Cleansing Pore Strips, 6 ct

3.49

Crest Complete + Scope, 5.4 oz



2.49



Crest Complete + Baking Soda & Peroxide, 5.8 oz

2.39

Crest Cavity Protection, 5.7 oz



Heavy Small-Medium, 18 ct



Heavy Large, 16 ct



Heavy X-Large, 14 ct



14.99

Tena Super Plus Underwear

8.39

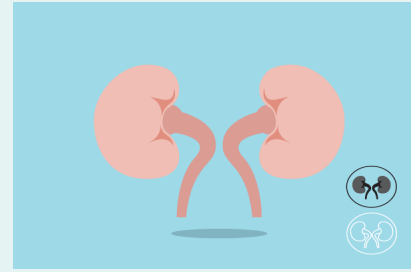
Orajel Gel Max Strength, .42 oz



7.99

Orajel Liquid Max Strength, .45 oz

HEALTH HIGHLIGHTS



March is . . .

National Kidney Month

March is National Kidney Month, and did you know that kidney disease is often called the “silent disease”? That is because there are usually no symptoms during early stages. As many as 90% of Americans who have chronic kidney disease don’t know they have it until it is very advanced.

Finding out early before you have symptoms gives you the opportunity to make a change to have healthier kidneys for longer. You can even takes steps to slow the disease if you already have symptoms.

Take steps to help protect your kidneys

Know Your Risk

Even if you’re healthy, if you are over the age of 60 or have risk factors like diabetes, high blood pressure, or even heart disease, consider talking with your doctor about getting tested for kidney disease. Using your test results your doctor can work with you to create a kidney care plan, and having a plan may reduce your risk of health problems.

Schedule Your Test

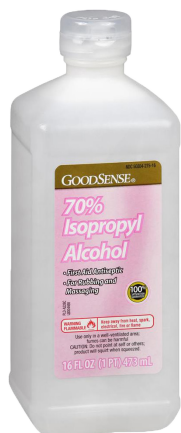
Your doctor can use two tests to check for kidney disease. One test would be a urine test to check for damage, and the other would be a blood test to check how well your kidneys are removing wastes from your blood. A nephrologist (kidney specialist) may be recommended if your kidneys show damage or your doctor may recommend more frequent visits.

Track Your Kindney Health

You can work with your doctor to create a monitoring plan that fits your lifestyle, health status, and dietary needs. Your plan may include managing your existing factors, working with a registered dietician, or getting help to quit smoking. Chronic kidney disease is progressive, and it is important to monitor your health and update your care plan as needed.

Courtesy of the National Institute of Health

GOODSENSE®



\$2⁶⁹

Isopropyl Alcohol 70% 16 oz

\$2⁹⁹

Allergy Relief 25mg Antihistamine, 24 ct



\$3⁶⁹

Bisacodyl Laxative 5mg Tablets, 25 ct

\$4⁴⁹

Naproxen Sodium 220mg Tablets, 50 ct



\$4⁹⁹

Dry Mouth Rinse, 16 oz

\$5³⁹

Muscle Rub Pain Relief Cream, 4 oz

NATURE'S TRUTH®

WHERE *Wellness* BEGINS



\$6⁷⁹

Vitamin C 500mg Tablets, 110 ct

\$11⁵⁹

Turmeric Curcumin 500mg Quick Release Capsules, 60 ct



\$11⁸⁹

N-Acetyl Cysteine 1,200mg Quick Release Capsules, 60 ct

\$11⁸⁹

D3 1,000 IU Quick Release Softgels, 250 ct



\$13⁴⁹

Lutein 20 mg Quick Release Softgels, 39 ct

\$14³⁹

Black Elderberry Gummies, 50 ct



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