



Listerine Zero Alcohol Cool Mint 500 mL

3.69 Listerine Cool Mint Pocket Paks Breath Strips, 72 ct



3.99 Benadryl Extra Strength Itch Stopping Cream, 1 oz

5.49 Benadryl Extra Strength Itch Cooling Spray 2 fl oz, & Itch Stopping Gel 3.5









Nexcare Tagaderm Transparent Dressings 4 in x 4.75 in, 4 ct













Dove



5.99 Dove Sensitive Skin Body Wash 12 fl oz. & Go Fresh Body Wash, 12



1.49 Vaseline Lip Therapy Advanced Healing Lip Protectant, 0.35 02

8 fl oz



2.49 Vaseline Original Healing Jelly,





12.09

Gillette Fusion Razor, with 2 cartridges

Vicks Pure Zzzs Melatonin + Chamomile & Lavender

7.89



5.29 Vicks ZzzQuil Nighttime Sleep Aid Liquid, 6 fl oz









HEALTH HIGHLIGHTS



July 28th is ...

World Hepatitis Day

Observed annually on July 28th, World Hepatitis Day is when organizations around the world including the World Health Organization (WHO) and Centers for Disease Control and Prevention (CDC) raise awareness about viral hepatitis, which impacts more than 354 million people worldwide.

Why July 28th?

July 28th was chosen to mark the birthday of Dr. Baruch Blumberg (1925 - 2011) who discovered the hepatitis B virus in 1967. Two years later, Dr. Blumberg developed the first Hepatitis B vaccine. Later, he won the 1976 Nobel Prize in Physiology or Medicine for these discoveries.

What is viral hepatitis?

Hepatitis means inflammation of the liver, a vital organ that processes nutrients, filters the blood, and fights infections. Hepatitis can be caused by other factors, but is often caused by a virus. Viral hepatitis is a group of infectious diseases known as hepatitis A, hepatitis B, hepatitis C, hepatitis D, and hepatitis E. Viral hepatitis can cause short-term and long-term liver disease. The most common types of viral hepatitis are hepatitis A, hepatitis B, and hepatitis C. It is estimated that there are approximately 98,000 new cases each year in the United States across the three most common types of viral hepatitis. Chronic hepatitis B and hepatitis C are leading causes of liver cancer in the United States.

Is hepatitis preventable?

Hepatitis A and hepatitis B are preventable with safe and effective vaccines. Hepatitis C is curable with prescribed treatment. However, many people with hepatitis do not have symptoms and do not know they are infected. If symptoms do occur, they can appear anytime from 2 weeks to 6 months after exposure. This is why it is especially important to get available hepatitis vaccines and get tested for hepatitis B and C. The CDC recommends that all adults get tested at least once in their life and pregnant women get tested during each pregnancy.

Courtesy of the Centers for Disease Control and Prevention