May





Sale dates and product availability may vary per store.



6.29Tylenol PM
Caplets, 24 CT



11.69 Tylenol Extra Strength, 100 CT

Neutrogena Therapeutic

Shampoo, 4.5 FL OZ



Tylenol Extra Strength Easy-To-Swallow, 200 CT



12.99

Tylenol Extra Strength Rapid Release Gels, 100 CT



7.99



Aveeno.



7.29

OGX Argan Oil of Morocco Shampoo & Conditioner, 13 FL OZ





36.49

Rogaine Men & Women's Hair Regrowth Treatment Foam, 2.11 OZ



9.69

Aveeno Baby Continuous Protection SPF 50, 0.47 OZ



SPF 30, 3 FL OZ

Aveeno
Bobys
CONTINUOUS
PROTECTION
Bobys
CONTINUOUS
PROTECTION
Sensitive and
Sensitive



10.99

Neutrogena Broad Spectrum SPF 30 & 70,

3 FL OZ

10.99

Neutrogena Beach Defense SPF 30, 6.7 FL OZ



12.19

Claritin 10mg Allergy Tablets, 10 CT

12.79 Claritin 10mg Reditabs,



14.59

Claritin Children's Oral Solution Grape, 4 FL OZ 12.79

Claritin Children's Chewables Grape, 10 CT





8.69

Afrin Original Nasal Spray, 15 mL



10.99

Afrin No Drip Extra Moisturizing, 15 mL Afrin No Drip Severe Congestion, 15 mL





GOODSENSE®





\$199

\$539

Chewable Aspirin 81mg Orange, 36 CT

Chewable Aspirin 81mg Cherry, 3 x 36 CT





\$569

\$6²⁹

Anti-Diarrheal / Anti-Gas Caplets, 12 CT

Anti-Diarrheal Caplets, 24 CT



Nasal Allergy Spray, 0.57 OZ



\$**15**⁴⁹

\$**17**³⁹

Nicotine Gum 4mg, 50 CT

NATURE'S TRUTH®

WHERE Wellness BEGINS



\$**5**⁵⁹

Calcium / Magnesium / Zinc, 90 CT



Papaya Enzymes Chew Tablets, 120 CT





\$**12**³⁹

Milk Thistle Seed Caplets, 100 CT

\$13⁹⁹

Ginkgo Biloba Capsules 120mg, 100 CT





\$**14**69

Lemon Flavor Fish Oil 1,340mg, 100 CT



\$**15**³⁹

MSM & Turmeric Complex, 90 CT

f/Ø @NaturesTruth





3.29 Almay Roll-On Deodorant, 1.7 OZ Almay Clear Gel Deodorant, 2.25 OZ



9.39 Gold Bond Extra Strength Lotion, 14 OZ



10.29 Gold Bond Hydration Lotion, 14 OZ



20.99 Allegra 24hr Allergy Relief GelCaps, 24 CT ALLERGY

20.99 Allegra 24hr Allergy

Relief Tablets, 30 CT



1.99

11.49 Voltaren Arthritis Pain **Gel,** 1.76 OZ



13.59 Advil Liqui-Gels, 40 CT & 80 CT

17.99 Voltaren Arthritis Pain **Gel**, 3.53 OZ



11.99 Advil Ibuprofen Caplets, 100 CT





25.99 Voltaren Arthritis Pain Gel. 5.29 OZ



12.69

Advil Ibuprofen Tablets, 100 CT



Wintergreen

Fair To Medium **Skintones**





Medium To Deep Skintones

10.89

Jergens Natural Glow Daily Moisturizer, 7.5 FL OZ

14.69

Trident Gum, 12 CT / 14-Stick PKGS





4.99Motrin PM Caplets, 20 CT





5.19Motrin Liquid Gels, 20 CT



Motrin Ibuprofen Tablets,
50 CT & 100 CT







Ultra Sensitive

HEALTH HIGHLIGHTS



May is ...

Physical Fitness and Sports Month

National Physical Fitness and Sports Month are celebrated in May. Since 1983, each President has proclaimed May as National Physical Fitness and Sports Month to promote the importance of physical activity, physical fitness and sports participation.

There are many ways to be physically active. All kinds of active pastimes can help improve our physical and mental well-being, making physical activity one of the best ways to stay or get healthy.

Some benefits can be achieved immediately – like improved blood pressure and reduced anxiety – while other benefits are the result of making physical activity a regular part of your routine. The key to a successful fitness program is consistency and making exercise fun!

The Physical Activity Guidelines:

Adults should move more and sit less throughout the day. Some physical activity is better than none. Adults who sit less and do any amount of moderate-to-vigorous physical activity gain some health benefits.

- For substantial health benefits, adults should do at least 150 minutes a week of moderateintensity and 75 minutes a week of vigorousintensity aerobic physical activity
- Adults should also do muscle-strengthening activities of moderate or greater intensity and involve all major muscle groups on 2 or more days a week

Courtesy of: National Institute of Health