

By opting into our SMS messaging service, you agree to receive text messages from **Connect 2 Health Chiropractic** regarding your appointments, feedback requests, and office notifications. Message frequency may vary based on your interactions with our services.

Types of Messages:

- Appointment Reminders: Notifications regarding upcoming scheduled appointments.
- Feedback Requests: Requests for feedback on the service you received.
- Office Notifications: Important updates, including changes to our operating hours.

Message Frequency: Messages will be sent periodically based on your appointments and interactions with our office. Frequency may vary depending on the services you utilize.

Message and Data Rates: Message and data rates may apply. Please check with your mobile carrier for details on messaging costs.

Privacy Policy: Your privacy is important to us. Please review our Privacy Policy at www.c2hwellness.com to understand how we collect, use, and protect your information.

HELP Instructions: For assistance, text HELP to **281-419-8555**, or call our team at **281-419-8555**.

STOP Instructions: To opt out of SMS messages, text STOP to **281-419-8555**. You will receive a final confirmation message, and no further messages will be sent unless you opt back in.

By continuing to use our SMS messaging service, you acknowledge and agree to these terms.