



EAST AUSTIN MEDICINE SHOP
FAST, COURTEOUS, PERSONAL, AND PROFESSIONAL.



Chris' Top Picks

CoQ10 (Coenzyme Q10 or Ubiquinone)

-This vitamin is responsible for energy production

-It is reduced by Cholesterol meds, Antidepressants, diabetic medications, and some blood pressure medications.

-CoQ10 is used for support in heart Disease, Male Infertility, Cancer, Parkinson's, and Dental Disease.

-If you are taking one of these medications I recommend taking 200 mg daily, if not 100mg daily is recommended.