

# P. TERRY'S BURGER STAND NUTRITION FACTS

	INGREDIENTS	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT	CHOLESTEROL	SODIUM (MG)	CARBS (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)	ALLERGENS
HAMBURGER	100% all natural black Angus beef patties, lettuce, tomato, special sauce	156	394	176	19.5	6	0	75	360	27	1.5	5	22	Gluten, Soy, Dairy (Butt), Egg (Special Sauce)
HAMBURGER W/ LETTUCE WRAP	100% all natural black Angus beef patties, lettuce, tomato, special sauce	170	255	148	16.5	5	0	70	270	9	1.5	3	19	Egg (Special Sauce)
CHEESEBURGER	100% all natural black Angus beef patties, american cheese, lettuce, tomato, special sauce	174	464	226	25.5	11	0.5	93	689	28	1.5	5	26	Gluten, Soy, Dairy (Butt, Cheese), Egg (Special Sauce)
CHEESEBURGER W/ LETTUCE WRAP	100% all natural black Angus beef patties, american cheese, lettuce, tomato, special sauce	185	370	205	22	10	0.5	87	578	10	1.5	3	23	Soy, Dairy (Cheese), Egg (Special Sauce)
DOUBLE CHEESEBURGER	2 100% all natural black Angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce	256	743	398	45	19	1	181	1080	29	1.5	5	51	Gluten, Soy, Dairy (Butt, Cheese), Egg (Special Sauce)
DOUBLE CHEESEBURGER W/ LETTUCE WRAP	2 100% all natural black Angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce	275	588	370	41	18	1	176	972	11	1.5	3	48	Soy, Dairy (Cheese), Egg (Special Sauce)
CHICKEN BURGER	100% all natural ground chicken breast, Swiss cheese, lettuce, tomato, special sauce	178	406	126	15	3	0	77	581	27	2	5	31	Gluten, Soy, Dairy (Butt, Cheese), Egg (Mayonaisse)
CRISPY CHICKEN BURGER	100% all natural ground chicken breast (panko), buttermilk, cornstarch, garlic powder, black pepper, Swiss cheese, lettuce, tomato, special sauce, mayonaisse	224	606	210	29	3.2	0	78	852	44	2.3	7	34	Gluten, Soy, Dairy (Butt, Cheese), Egg (Mayonaisse)
SPICY CRISPY CHICKEN BURGER	100% all natural ground chicken breast (panko), buttermilk, cornstarch, garlic powder, black pepper, pepperjack cheese, lettuce, tomato, pickles, grilled jalapenos, spicy mayo (mayonaisse, hot's hot sauce, garlic powder, mustard powder, onion powder, paprika)	246	621	210	29	3.2	0	80	1092	44	2.3	7	34	Gluten, Soy, Dairy (Butt, Cheese), Egg (Mayonaisse)
VEGGIE BURGER	100% all natural ground chicken breast (panko), buttermilk, cornstarch, garlic powder, black pepper, pepperjack cheese, lettuce, tomato, pickles, grilled jalapenos, spicy mayo (mayonaisse, hot's hot sauce, garlic powder, mustard powder, onion powder, paprika)	223	403	171	19	5	0	30	580	46	8	11	12	Gluten, Soy, Dairy (Butt, Cheese), Dairy Eggs (egggie patt)
SPICY MAYO	mayonaisse (soybean oil, eggs, water, cider vinegar, sugar, salt, onion, natural flavors), cheddar, paprika, lemon oil, hot sauce, onion powder, paprika, cayenne	9.5 g	50.5	50.5	5.5 g	1 g	0	5 mg	48 mg	0	0	0	0	Eggs
SALSA	garlic, onion, jalapeno, serrano, habanero, black pepper, salt, tomatoes, fire roasted tomato, tomato juice, sea salt, calcium chloride, citric acid	1 Tbsp	1	0	0 g	0 g	0	0 mg	120 mg	0 g	0	0 g	0 g	0 g
PEPPERJACK	milk, cream, water, sodium citrate, salt, cheese culture, sorbic acid, citric acid, enzymes, annatto	1 slice 19 g	70	70	6 g	3.5 g	0	20 mg	340 mg	1 g	0	< 1g	3 g	Milk, Soy
BACON	milk, free pork, dietary mono. salt, sugar, salt	12	45	35	3	1	0	7	205	0.5	0.25	0.5	2.5	
ONION	onion	15	4	0	0	0	0	0	0	1.5	0.2	0	0.2	
GRILLED ONIONS	onion, canola oil, salt	15	10	2	0	0	0	1.5	28	2	0.2	0	0.2	
JALAPENOS	jalapeno, white vinegar, salt	15	0	0	0	0	0	0	240	0	0	0	0	
PICKLES	cucumber, salt, vinegar, garlic, oil, onion	26	0	0	0	0	0	0	215	0	0	0	0	
FRENCH FRIES	100% all natural french fries, vegetable oil, prepared in 100% canola oil	120	386	162	18	2	0	0	250	50	2	0	5	
EGG BURGER W/ CHEESE	egg, american cheese, canola oil, salt, bun, egg, american cheese, canola oil, salt	148	280	111	12.5	5	0	230	585	28	1	4	13	Gluten, Soy, Dairy
ADD BACON	milk, free pork, dietary mono. salt, sugar, salt	12	45	35	3	1	0	7	205	0.5	0.25	0.5	2.5	
ADD SAUSAGE	all natural pork, salt, sea salt, sugar	42	170	75	16	6	1.5	35	280	0	1.5	0.25	7	
BREAKFAST POTATOES	All Natural Burbank Idaho potatoes, salt, prepared in 100% canola oil	120	386	162	18	2	0	0	250	50	2	0	6	
OATMEAL CHOCOLATE CHIP COOKIE	butter, flour, brown sugar, white sugar, egg, oatmeal, chocolate chips, baking soda, Mexican Vanilla, salt	80	241	117	13	6	0	39	165	27	2	15	4	Gluten, Dairy, Egg
BANANA BREAD	banana, wheat flour, butter, egg, sugar, buttermilk, egg, baking soda, Mexican vanilla, salt	110	192	27	1.65	0.25	0	21	460	45	4.5	0	4.5	Gluten, Dairy, Egg
2% ORGANIC MILK	2% Organic milk	12 oz	130	45	5	3	0	20	130	12	0	12	8	Dairy
ORANGE JUICE	fresh squeezed oranges	12 oz	112	4	0.5	0	0	0	2	24	0.5	20	1.75	
VANILLA SHAKE	milk, vanilla, sugar, cream	16 oz	625	150	17	10	0	67	314	97	0	73	13	Dairy
CHOCOLATE SHAKE	milk, chocolate, sugar, cream	16 oz	745	166	18	10	0	67	322	128	0	77	14	Dairy
CARAMEL SHAKE	milk, sugar, cream, caramel syrup (corn syrup, sweetened condensed milk, lemon milk, sugar, dairy butter, water, high fructose corn syrup, salt, disodium phosphate, mono-and diglycerides, pectin, sodium citrate, vanilla, artificial flavor)	16 oz	725	33	17.75 g	11.5 g	0	57.5 mg	475 mg	121.5 g	0	107 g	15 g	Milk
OREO SHAKE	milk, sugar, cream, oreo pieces (unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), niacin), sugar, palm and/or coconut oil, cocoa processed with alkali (vanilla sugar), leavening, baking soda and/or calcium phosphate, soy lecithin, chocolate, natural flavor)	16 oz	660	36	18.25 g	11.25 g	0	52.5 mg	395 mg	104.5 g	< 1 g	89.5 g	14.5 g	Milk, Soy
ROOT BEER SHAKE	milk, sugar, cream, root beer syrup (high fructose corn syrup, water, caramel color, artificial and natural flavors, sodium benzoate, citric acid, caffeine, acacia gum, sodium metabisulfite)	16 oz	675	23.8	15.75 g	10.5 g	0	52.5 mg	382.5 mg	116.5 g	0	106 g	14 g	Milk
STRAWBERRY SHAKE	milk, strawberry sugar, cream	16 oz	667	158	18	10	0	67	318	114	0	82	13	Dairy
LEMONADE	fresh squeezed lemon juice, sugar, water	16 oz	320	0	0	0	0	0	6	42	0.5	73	0.5	