

# P. TERRY'S BURGER STAND NUTRITION FACTS

	INGREDIENTS	ALLERGENS	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT	CHOLESTEROL	SODIUM (MG)	CARBS (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)	ALLERGENS
HAMBURGER	bun, 100% all natural black Angus beef patty, lettuce, tomato, special sauce	Gluten, Soy, Dairy (Bun), Egg (Special Sauce)	156	394	176	19.5	6	0	75	360	27	1.5	5	22	Gluten, Soy, Dairy (Bun), Egg (Special Sauce)
HAMBURGER W/ LETTUCE WRAP	100% all natural black Angus beef patty, lettuce, tomato, special sauce	Egg (Special Sauce)	170	255	148	16.5	5	0	70	270	9	1.5	3	19	Egg (Special Sauce)
CHEESEBURGER	bun, 100% all natural black Angus beef patty, american cheese, lettuce, tomato, special sauce	Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce)	174	464	226	25.5	11	0.5	93	689	28	1.5	5	26	Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce)
CHEESEBURGER W/ LETTUCE WRAP	100% all natural black Angus beef patty, american cheese, lettuce, tomato, special sauce	Soy, Dairy (Cheese), Egg (Special Sauce)	185	370	205	22	10	0.5	87	578	10	1.5	3	23	Soy, Dairy (Cheese), Egg (Special Sauce)
DOUBLE CHEESEBURGER	bun, 2 100% all natural black Angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce	Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce)	256	743	398	45	19	1	181	1080	29	1.5	5	51	Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce)
DOUBLE CHEESEBURGER W/ LETTUCE WRAP	2 100% all natural black Angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce	Soy, Dairy (Cheese), Egg (Special Sauce)	275	588	370	41	18	1	176	972	11	1.5	3	48	Soy, Dairy (Cheese), Egg (Special Sauce)
CHICKEN BURGER	bun, 100% all natural ground chicken breast, salt, pepper, garlic powder, swiss cheese, lettuce, tomato, mayonnaise	Gluten, Soy, Dairy (Bun, Cheese), Egg (Mayonnaise)	178	406	126	15	3	0	77	581	27	2	5	31	Gluten, Soy, Dairy (Bun, Cheese), Egg (Mayonnaise)
CRISPY CHICKEN BURGER	bun, 100% all natural ground chicken breast (panko, buttermilk, cornstarch, garlic powder, black pepper) swiss cheese, lettuce, tomato, pickles, mayonnaise	Gluten, Soy, Dairy (Bun, Cheese), Egg (Mayonnaise)	224	606	210	29	3.2	0	78	852	44	2.3	7	34	
VEGGIE BURGER	bun, house veggie burger (crimini mushrooms, heavy cream, black beans, onions, brown rice, cheddar cheese, mozzarella cheese, eggs, whole wheat flour, oats) american cheese, lettuce, tomato, special sauce	Gluten, Soy, Dairy (Bun); Gluten, Dairy, Eggs (veggie patty), Corn starch	223	403	171	19	5	0	30	580	46	8	11	12	Gluten, Soy, Dairy (Bun); Gluten, Dairy, Eggs (veggie patty)
BACON	nitrite-free pork, celery juice powder, salt, sugar, natural smoke flavor		12	45	35	3	1	0	7	205	0.5	0.25	0.5	2.5	
ONION	onion		15	4	0	0	0	0	0	0	1.5	0.2	0	0.2	
GRILLED ONIONS	onion, canola oil, salt		15	10	2	0	0	0	1.5	28	2	0.2	0	0.2	
JALAPEÑOS	jalapenos, white vinegar, salt		15	0	0	0	0	0	0	240	0	0	0	0	
PICKLES	cucumber, salt, vinegar, garlic, dill, onion		26	0	0	0	0	0	0	215	0	0	0	0	
FRENCH FRIES	all-natural Burbank Idaho potatoes, salt, prepared in 100% canola oil		120	386	162	18	2	0	0	250	50	2	0	5	
EGG BURGER W/ CHEESE	bun, egg, american cheese, canola oil, salt		148	280	111	12.5	5	0	230	585	28	1	4	13	
ADD BACON	nitrite-free pork, celery juice powder, salt, sugar, natural smoke flavor		12	45	35	3	1	0	7	205	0.5	0.25	0.5	2.5	
ADD SAUSAGE	all natural pork, salt, spice, sugar		42	170	75	16	6	1.5	35	280	0	1.5	0.25	7	
ADD HAM	all natural pork, salt, sugar, celery powder		56	60	20	2	1	0.5	35	530	0	1	0.25	11	
BREAKFAST POTATOES	All-Natural Burbank Idaho potatoes, salt, prepared in 100% canola oil		120	386	162	18	2	0	0	250	50	2	0	6	
OATMEAL CHOCOLATE CHIP COOKIE	butter, flour, brown sugar, white sugar, egg, oatmeal, chocolate chips, baking soda, Mexican Vanilla, salt	Gluten, Dairy, Egg	80	241	117	13	6	0	39	165	27	2	15	4	Gluten, Dairy, Egg
BANANA BREAD	banana, wheat flour, butter, egg, sugar, buttermilk, egg, baking soda, Mexican vanilla, salt	Gluten, Dairy, Egg	110	192	27	1.65	0.25	0	21	460	45	4.5	13	4.5	Gluten, Dairy, Egg
2% ORGANIC MILK	2% Organic milk	Dairy	12 oz	130	45	5	3	0	20	130	12	0	12	8	Dairy
ORANGE JUICE	fresh squeezed oranges		12 oz	112	4	0.5	0	0	0	2	24	0.5	20	1.75	
VANILLA SHAKE	milk, vanilla, sugar, cream	Dairy	16 oz	625	150	17	10	0	67	314	97	0	73	13	Dairy
CHOCOLATE SHAKE	milk, chocolate, sugar, cream	Dairy	16 oz	745	166	18	10	0	67	322	128	0	77	14	Dairy
STRAWBERRY SHAKE	milk, strawberry, sugar, cream	Dairy	16 oz	667	158	18	10	0	67	318	114	0	82	13	Dairy
LEMONADE	fresh squeezed lemon juice, sugar, water		16 oz	320	0	0	0	0	0	6	42	0.5	73	0.5	