

P.Terrys Burger Stand Nutrition Facts															
	INGREDIENTS	ALLERGENS	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT	CHOLESTEROL	SODIUM (MG)	CARBS (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)	ALLERGENS
HAMBURGER	bun, 100% all natural black angus beef patty, salt, pepper, garlic powder, lettuce, tomato, special sauce	Gluten, Soy (Bun), Egg, Soy (Special Sauce)	156	394	176	19.5	6	0	75	360	27	1.5	5	22	Gluten, Soy, Egg
HAMBURGER w/ LETTUCE WRAP	100% all natural black angus beef patty, salt, pepper, garlic powder, lettuce, tomato, special sauce	Egg, Soy (Special Sauce)	170	255	148	16.5	5	0	70	270	9	1.5	3	19	Egg, Soy
CHEESEBURGER	bun, 100% all natural black angus beef patty, salt, pepper, garlic powder, american cheese, lettuce, tomato, special sauce	Gluten, Soy (Bun), Dairy, Soy (Cheese), Egg, Soy (Special Sauce)	174	464	226	25.5	11	0.5	93	689	28	1.5	5	26	Gluten, Soy, Dairy, Egg
CHEESEBURGER w/ LETTUCE WRAP	100% all natural black angus beef patty, salt, pepper, garlic powder, american cheese, lettuce, tomato, special sauce	Soy, Dairy (Cheese), Egg, Soy (Special Sauce)	185	370	205	22	10	0.5	87	578	10	1.5	3	23	Soy, Dairy, Egg
DOUBLE CHEESEBURGER	bun, 2 100% all natural black angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce	Gluten, Soy (Bun), Dairy, Soy (Cheese), Egg, Soy (Special Sauce)	256	743	398	45	19	1	181	1080	29	1.5	5	51	Gluten, Soy, Dairy, Egg
DOUBLE CHEESEBURGER w/ LETTUCE WRAP	2 100% all natural black angus beef patties, salt, pepper, garlic powder, 2 slices american cheese, lettuce, tomato, special sauce	Soy, Dairy (Cheese), Egg, Soy (Special Sauce)	275	588	370	41	18	1	176	972	11	1.5	3	48	Soy, Dairy, Egg
CHICKEN BURGER	bun, 100% all natural ground chicken breast, salt, pepper, garlic powder, swiss cheese, lettuce, tomato, mayonnaise	Gluten, Soy (Bun), Dairy, Soy (Cheese), Egg, Soy (Mayonnaise)	178	406	126	15	3	0	77	581	27	2	5	31	Gluten, Soy, Dairy, Egg
CRISPY CHICKEN BURGER	bun, 100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper) swiss cheese, lettuce, tomato, pickles, mayonnaise	Gluten, Soy (Bun), Dairy, Soy (Cheese), Egg, Soy (Mayonnaise), Dairy, Gluten (Panko Breading)	224	606	210	29	3.2	0	78	852	44	2.3	7	34	Gluten, Soy, Dairy, Egg
SPICY CRISPY CHICKEN BURGER	bun, 100% all natural ground chicken breast (panko, buttermilk, corn starch, salt, garlic powder, black pepper), pepperjack cheese, lettuce, tomato, pickle, spicy mayo (mayonnaise, hot sauce, pickled jalapeno, onion powder, cayenne, paprika), hot sauce	Gluten, Soy (Bun), Dairy, Soy (Cheese), Egg, Soy (Spicy Mayo), Dairy, Gluten (Panko Breading)	246	621	210	29	3.2	0	80	1092	44	2.3	7	34	Gluten, Soy, Dairy, Egg
VEGGIE BURGER	bun, house veggie burger (crimini mushrooms, heavy cream, black beans, brown rice, cheddar cheese, onion, mozzarella cheese, eggs, whole wheat flour, oats, parsley, corn starch, salt, garlic powder) american cheese, lettuce, tomato, special sauce	Gluten, Soy (Bun); Gluten, Dairy, Eggs (veggie patty), Dairy, Soy (Cheese), Egg, Soy (Special Sauce)	223	403	171	19	5	0	30	580	46	8	11	12	Gluten, Soy, Dairy, Egg
ONIONS	onion		15	4	0	0	0	0	0	0	1.5	0.2	0	0.2	
GRILLED ONIONS	onion, canola oil, salt		15	10	2	0	0	0	1.5	28	2	0.2	0	0.2	
JALAPENOS	jalapenos, white vinegar, salt		15	0	0	0	0	0	0	240	0	0	0	0	
PICKLES	cucumber, salt, vinegar, garlic, dill, onion		26	0	0	0	0	0	0	215	0	0	0	0	
FRENCH FRIES	all-natural Burbank Idaho potatoes, salt, prepared in 100% canola oil		120	386	162	18	2	0	0	250	50	2	0	5	
EGG BURGER w/ CHEESE	bun, egg, american cheese, canola oil, salt, pepper, garlic powder	Gluten, Soy (Bun), Egg (Egg), Dairy, Soy (Cheese)	148	370	111	12.5	5	0	230	585	28	1	4	13	Gluten, Soy, Dairy, Egg
SPICY EGG BURGER W/CHEESE	bun, egg, pepperjack cheese, salsa, canola oil, salt, pepper, garlic powder	Gluten, Soy (Bun), Egg (Egg), Dairy, Soy (Pepperjack Cheese)	152	371	111	12.5	5	0	230	705	28	1	4	13	Gluten, Soy, Dairy, Egg
BACON	nitrite-free pork, celery juice powder, salt, sugar, natural smoke flavor		12	45	35	3	1	0	7	205	0.5	0.25	0.5	2.5	
SAUSAGE	all natural pork, salt, spice, sugar		42	170	75	16	6	0	35	280	0	1.5	0.25	7	
BREAKFAST POTATOES	All-Natural Burbank Idaho potatoes, salt, prepared in 100% canola oil		120	386	162	18	2	0	0	250	50	2	0	6	
OATMEAL CHOCOLATE CHIP COOKIE	butter, flour, brown sugar, white sugar, egg, oatmeal, chocolate chips, baking soda, Mexican Vanilla, salt	Gluten, Dairy, Egg	80	241	117	13	6	0	39	165	27	2	15	4	Gluten, Dairy, Egg
BANANA BREAD	banana, wheat flour, butter, egg, sugar, buttermilk, egg, baking soda, Mexican vanilla, salt	Gluten, Dairy, Egg	110	192	27	1.65	0.25	0	21	460	45	4.5	0	4.5	Gluten, Dairy, Egg
2% ORGANIC MILK	2% Organic milk	Dairy	12 oz	195	67	5	3	0	20	130	12	0	12	8	Dairy
ORANGE JUICE	fresh squeezed orange juice		12 oz	112	4	0.5	0	0	0	2	24	0.5	20	1.75	
VANILLA SHAKE	milk, sugar, cream, vanilla syrup	Dairy (Shake mix)	16 oz	625	150	17	10	0	67	314	97	0	73	13	Dairy
CHOCOLATE SHAKE	milk, sugar, cream, chocolate syrup	Dairy (Shake mix)	16 oz	745	166	18	10	0	67	322	128	0	77	14	Dairy
ROOT BEER SHAKE	milk, sugar, cream, root beer syrup	Dairy (Shake mix)	16 oz	675	23.8	15.75 g	10.5 g	0	52.5 mg	382.5 mg	116.5 g	0	106 g	14 g	Dairy
CARAMEL SHAKE	milk, sugar, cream, caramel syrup	Dairy (Shake mix), Dairy (Caramel syrup)	16 oz	725	33	17.75 g	11.5 g	0	57.5 mg	475 mg	121.5 g	0	107 g	15 g	Dairy