

P. TERRY'S BURGER STAND NUTRITION FACTS

| | INGREDIENTS | SERVING SIZE (G) | CALORIES | CALORIES FROM FAT | TOTAL FAT (G) | SATURATED FAT (G) | TRANS FAT | CHOLESTEROL | SODIUM (MG) | CARBS (G) | DIETARY FIBER (G) | SUGARS (G) | PROTEIN (G) | ALLERGENS |
|-------------------------------------|---|------------------|----------|-------------------|---------------|-------------------|-----------|-------------|-------------|-----------|-------------------|------------|-------------|---|
| HAMBURGER | bun, 100% all natural black Angus beef patty, lettuce, tomato, special sauce | 156 | 394 | 176 | 19.5 | 6 | 0 | 75 | 360 | 27 | 1.5 | 5 | 22 | Gluten, Soy, Dairy (Bun), Egg (Special Sauce) |
| HAMBURGER W/ LETTUCE WRAP | 100% all natural black Angus beef patty, lettuce, tomato, special sauce | 170 | 255 | 148 | 16.5 | 5 | 0 | 70 | 270 | 9 | 1.5 | 3 | 19 | Egg (Special Sauce) |
| CHEESEBURGER | bun, 100% all natural black Angus beef patty, american cheese, lettuce, tomato, special sauce | 174 | 464 | 226 | 25.5 | 11 | 0.5 | 93 | 689 | 28 | 1.5 | 5 | 26 | Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce) |
| CHEESEBURGER W/ LETTUCE WRAP | 100% all natural black Angus beef patty, american cheese, lettuce, tomato, special sauce | 185 | 370 | 205 | 22 | 10 | 0.5 | 87 | 578 | 10 | 1.5 | 3 | 23 | Soy, Dairy (Cheese), Egg (Special Sauce) |
| DOUBLE CHEESEBURGER | bun, 2 100% all natural black Angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce | 256 | 743 | 398 | 45 | 19 | 1 | 181 | 1080 | 29 | 1.5 | 5 | 51 | Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce) |
| DOUBLE CHEESEBURGER W/ LETTUCE WRAP | 2 100% all natural black Angus beef patties, 2 slices american cheese, lettuce, tomato, special sauce | 275 | 588 | 370 | 41 | 18 | 1 | 176 | 972 | 11 | 1.5 | 3 | 48 | Soy, Dairy (Cheese), Egg (Special Sauce) |
| CHICKEN BURGER | bun, 100% all natural ground chicken breast, Swiss cheese, lettuce, tomato, mayonnaise | 178 | 406 | 126 | 15 | 3 | 0 | 77 | 581 | 27 | 2 | 5 | 31 | Gluten, Soy, Dairy (Bun, Cheese), Egg (Special Sauce) |
| CRISPY CHICKEN BURGER | bun, 100% all natural ground chicken breast (panko), buttermilk, cornstarch, garlic powder, black pepper, Swiss cheese, lettuce, tomato, pickles, mayonnaise | 224 | 606 | 210 | 29 | 3.2 | 0 | 78 | 852 | 44 | 2.3 | 7 | 34 | Gluten, Soy, Dairy (Bun, Cheese), Egg (Mayonnaise) |
| SPICY CRISPY CHICKEN BURGER | bun, 100% all natural ground chicken breast (panko), buttermilk, cornstarch, garlic powder, black pepper, pickles, grilled jalapenos, spicy mayo (mayonnaise, hot sauce), hot sauce, garlic powder, mustard powder, onion powder, paprika | 246 | 621 | 210 | 29 | 3.2 | 0 | 80 | 1092 | 44 | 2.3 | 7 | 34 | Gluten, Soy, Dairy (Bun, Cheese), Egg (Mayonnaise) |
| VEGGIE BURGER | bun, house veggie burger (onions, mushrooms, heavy cream, black beans, onions, brown rice, cheddar cheese, ricotta, zucchini, tomato, pickles, mayonnaise, zucchini, tomato, pickles, mayonnaise) | 223 | 403 | 171 | 19 | 5 | 0 | 30 | 580 | 46 | 8 | 11 | 12 | Gluten, Soy, Dairy (Bun), Gluten, Dairy, Egg (Veggie patty) |
| BACON | nitrite-free pork, celery juice powder, salt, sugar, natural smoke flavor | 12 | 45 | 35 | 3 | 1 | 0 | 7 | 205 | 0.5 | 0.25 | 0.5 | 2.5 | |
| ONION | onion | 15 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 1.5 | 0.2 | 0 | 0.2 | |
| GRILLED ONIONS | onion, canola oil, salt | 15 | 10 | 2 | 0 | 0 | 0 | 1.5 | 28 | 2 | 0.2 | 0 | 0.2 | |
| JALAPENOS | jalapeno, white vinegar, salt | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 240 | 0 | 0 | 0 | 0 | |
| PICKLES | cucumber, salt, vinegar, garlic, dill, onion | 26 | 0 | 0 | 0 | 0 | 0 | 0 | 215 | 0 | 0 | 0 | 0 | |
| FRENCH FRIES | all natural potatoes (skin on), salt, prepared in 100% canola oil | 120 | 386 | 162 | 18 | 2 | 0 | 0 | 250 | 50 | 2 | 0 | 5 | |
| EGG BURGER W/ CHEESE | bun, egg, american cheese, canola oil, salt | 148 | 280 | 111 | 12.5 | 5 | 0 | 230 | 585 | 28 | 1 | 4 | 13 | |
| ADD BACON | nitrite-free pork, celery juice powder, salt, sugar, natural smoke flavor | 12 | 45 | 35 | 3 | 1 | 0 | 7 | 205 | 0.5 | 0.25 | 0.5 | 2.5 | |
| ADD SAUSAGE | all natural sausage (skin on), sugar, sugar | 42 | 170 | 75 | 16 | 6 | 1.5 | 35 | 280 | 0 | 1.5 | 0.25 | 7 | |
| ADD HAM | all natural pork, salt, sugar, celery powder | 56 | 60 | 20 | 2 | 1 | 0.5 | 35 | 530 | 0 | 1 | 0.25 | 11 | |
| BREAKFAST POTATOES | All Natural Burbank Idaho potatoes, salt, prepared in 100% canola oil | 120 | 286 | 162 | 18 | 2 | 0 | 0 | 250 | 50 | 2 | 0 | 6 | |
| OATMEAL CHOCOLATE CHIP COOKIE | butter, flour, brown sugar, white sugar, egg, oatmeal, chocolate chips, baking soda, Mexican Vanilla, salt | 80 | 241 | 117 | 13 | 6 | 0 | 39 | 165 | 27 | 2 | 15 | 4 | Gluten, Dairy, Egg |
| BANANA BREAD | banana, wheat flour, butter, egg, sugar, buttermilk, egg, baking soda, Mexican vanilla, salt | 110 | 192 | 27 | 1.65 | 0.25 | 0 | 21 | 460 | 45 | 4.5 | 0 | 4.5 | Gluten, Dairy, Egg |
| 2% ORGANIC MILK | 2% Organic milk | 12 oz | 130 | 45 | 5 | 3 | 0 | 20 | 130 | 12 | 0 | 12 | 8 | Dairy |
| ORANGE JUICE | fresh squeezed oranges | 12 oz | 112 | 4 | 0.5 | 0 | 0 | 0 | 2 | 24 | 0.5 | 20 | 1.75 | |
| VANILLA SHAKE | milk, vanilla, sugar, cream | 16 oz | 625 | 150 | 17 | 10 | 0 | 67 | 314 | 97 | 0 | 73 | 13 | Dairy |
| CHOCOLATE SHAKE | milk, chocolate, sugar, cream | 16 oz | 745 | 166 | 18 | 10 | 0 | 67 | 322 | 128 | 0 | 77 | 14 | Dairy |
| STRAWBERRY SHAKE | milk, strawberry, sugar, cream | 16 oz | 667 | 158 | 18 | 10 | 0 | 67 | 318 | 114 | 0 | 82 | 13 | Dairy |
| LEMONADE | fresh squeezed lemon juice, sugar, water | 16 oz | 320 | 0 | 0 | 0 | 0 | 0 | 6 | 42 | 0.5 | 73 | 0.5 | |