

Discover Texas Field Trip Dietary Information

Do you have any students or adults on your program who will need dietary accommodations (i.e. gluten free, no nuts, no dairy, etc.)? If so, please send me a list of their names, allergens, and special orders based on the information below.

- **Participant Name:**
- **Dietary Restriction:**
- **Special order:**
- **Color Group:**

Note: Participants are encouraged to eat breakfast before loading the bus or bring their own bus friendly meal (Pop Tarts, Cereal Bars, etc).

Lunch/Dinner:

- **Served:** Sandwiches from Jason's Deli (individual sack lunch– includes ham, turkey, or veggie wrap, plain lays chips, and a cookie) *Sandwiches include cheese unless otherwise requested; all sandwiches come with lettuce and tomato.
- **Alternative:** The student can have a “bun/breadless” option – we can order meat and veggies and the student can bring a bun/bread of their choice along with a condiment. Otherwise, the student is welcome to bring a sack lunch.
- **Info:** Link to Jason's Deli and Allergen list: <https://www.jasonsdeli.com/nutrition/allergens>.

Lunch/Dinner:

- **Served:** Cheese Pizza from Papa John's
- **Alternative:** No cheese pizza w/ 1 meat or veggie topping or the student is welcome to bring a sack lunch. Gluten free crust is also available.
- **Info:** Link to Papa John's Allergen list: <https://www.papajohns.com/allergens/papa-johns-allergen-guide.html>

Also, here are the snacks we serve to participants during your trip. Participants are welcome to bring their own snacks if they prefer or if they have dietary restrictions.

Snacks:

- **Made Good (Vanilla Crispy Squares)** - <https://www.madegoodfoods.com/collections/shop-good/products/vanilla-crispy-squares>
- **Made Good (Chocolate Chip Granola Bars)** - <https://www.madegoodfoods.com/collections/shop-good/products/chocolate-chip-granola-bars-40-count>