

# **Healthy Aroostook Project Outline**

## **January 2013**

### **Objective**

- Component A – Youth Engagement – How to get youth more connected with Volunteer Opportunities in their communities.

### **Strategy:**

- Develop a Youth Volunteer Opportunity Resource Guide for local school systems and youth organizations that provides an organized list and contact information of organizations, businesses and places of interest where high school youth can volunteer.
  
- Two students can work on this project: one covering northern Aroostook County, from Mars Hill north, and one covering southern Aroostook County, from Bridgewater south.

### **Tracking:**

- Completed Resource Guide

### **Student Project:**

1. Contact Healthy Aroostook Youth Coordinator before you begin the project in order to gain clarification.
2. Identify potential youth volunteer opportunities.
3. Contact resources to see if they would be willing to have their contact information listed in the resource guide. Contact information must include organization name, address, phone number and a contact email if available. It would also be helpful to include a brief description of the volunteer opportunities available.
4. Format information into a user-friendly resource guide.

### **Requirements for Client:**

- Final product must in a digital format that the client can adapt and reproduce – **NOT** a PDF. Dr. J. will get final version to client.