

# BioMeridian Preparation Instructions

## Medicap Pharmacy Health and Wellness

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Monday – Friday 9AM – 7PM  
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Closed Sunday  
www.MedicapRaleigh.com  
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Lauren Barbrey, L.Ac

**Name:** \_\_\_\_\_ **Appointment Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

The Health Consultation using the BioMeridian scan will last 1:15. The cost for the first scan and consultation is \$150.00. Supplements are extra. Retests within 4 months are \$135.00. People with pacemakers cannot be scanned

- During the scan, I will be touching the tops of your fingers and your toes.
- Wash hands and feet thoroughly before the appointment.
- Do not use creams, lotions, or topicals of any kind for 12 hours prior to test. Nail polish is ok.
- Drink plenty of water before the test. You must be well hydrated.
- Do not take any supplements the night before or morning of a test.
- Take prescription medications as usual.
- Bring all supplements to our appointment.
- I will be happy to test your current supplements on the BioMeridian. I must limit the number of supplements tested to 5 supplements in order to have enough time for a complete examination. I am happy to discuss other supplements, but time will not allow for testing of each one.
- Wait one week after acupuncture treatment or electronic foot baths before testing.
- Bring in any lab work performed during the last 6 months. I am happy to test children at their scheduled appointment times. I would respectfully request that adults not bring children with them to their appointments. No one can be in the room except the patient or parent of a child if a child is being tested.

If you are not able to keep your scheduled appointment time, I request a **24 hour notice for changes or cancellations**. Cancellations with less than 24 hour notice will be subject to a **\$50 fee**.

The BioMeridian scan is a powerful tool to assess your health. It will allow us to create a plan to help you move in a positive health direction. Your participation in executing this plan is vital. I look forward to being a partner on your journey towards optimal health!

**Bobbie Barbrey RPh., CCN**

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