



## Healthnetwork Pulse

February 2021

Friends,

I hope you are well.

This year marks the 30th anniversary of Healthnetwork Foundation, and I can't think of a better group of people to celebrate with than you all.

In this email, I'm excited to introduce you to our new Medical Director, Dr. Richard Cartabuke, share an encouraging story to remind you that we're always here for you, and extend a heartfelt "thank you" to some special donors who are so wonderful to partner with.

As always, never hesitate to call us at +1 866-968-2468 or [make a medical request online](#).

Wishing you and yours good health this year!

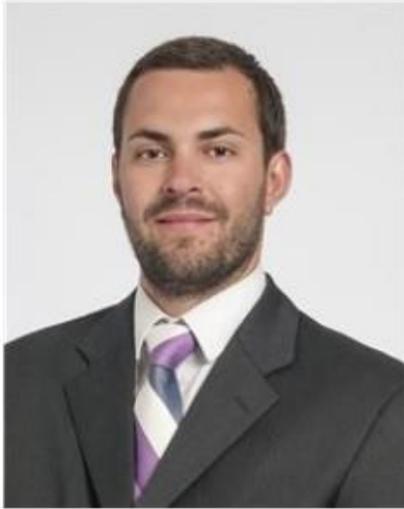
Megan Frankel  
President

PS: There's a quick poll at the bottom of this email. Please take two seconds and let us know your preferences.

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### Meet Richard H. Cartabuke, MD:

Internal Medicine & Executive Health, Cleveland Clinic  
Medical Director, Healthnetwork Foundation



We're so glad to have Dr. Cartabuke as our new Medical Director. Several of you might know Dr. Cartabuke from his staff position within the Executive Health program at Cleveland Clinic where he regularly gets five-star ratings from his patients. He is still seeing patients full-time at Cleveland Clinic, but he has also found time to support Healthnetwork. Dr. Cartabuke has been working with our staff and our members for a few months now and truly enjoys helping unravel some of the medical questions that are posed to our staff.

[Click here](#) to read Dr. Cartabuke's recent article: "Exercise for Busy Executives: Be the CEO of Your Health."

In addition to the program at Cleveland Clinic we have several other hospitals with outstanding Executive Health programs. To be matched with one that meets your needs and health goals, call us at +1 866-968-2468 or email us at [help@healthnetworkfoundation.org](mailto:help@healthnetworkfoundation.org).

### One Call Starts it All:

We're here for you and your loved ones

When Robyn Tretter felt a strange lump in her abdomen, she was concerned but not panicked. She went to see her primary care physician, who ran some tests and told her it was an ovarian cyst. That didn't sound so bad. But then he recommended she see a cancer specialist, and Robyn's anxiety went through the roof.

Thankfully, Robyn remembered the family office she works for has a partnership with Healthnetwork, and she made the call. [Click here](#) to read the rest of her story.



If you're facing a scary, overwhelming health situation, you're not alone. Remember:

*one call starts it all.* We are here for you and your loved ones. You can call us anytime at +1 866-968-2468 or [make a medical request online](#).

## Thank You:

You are the best



Nearly 600 of you took time to complete our survey in 2020. *Thank you!* Your feedback and insights will help us tremendously as we make plans for growth in the years ahead.

And an ENORMOUS *thank you* to everyone who stepped up to support us through our annual appeal. 2020 was a challenging year, but the need for excellent medical care and philanthropy for medical research didn't let up one bit. We needed you—and you came through for us. *Thank you.*

## Two Second Poll:

Help us help you

Many of you expressed appreciation for the COVID-19 information sessions we hosted in the past. You liked hearing the latest updates directly from the top experts. So let's keep a good thing going! We are lining up interviews with our physician partners for 2021 to bring you important information on current health issues. The poll will help us determine how best to get the info to you!

[Take our poll here.](#)



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[help@healthnetworkfoundation.org](mailto:help@healthnetworkfoundation.org)

33 River Street, Chagrin Falls, Ohio 44022 | Tax ID #04-3804600

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