

## Healthnetwork Pulse

Dear Friends,

I'm so excited to share some news with you! You often hear from us about how you have access to our nation's best specialists. A few weeks ago, U.S. News Best Hospitals released their current rankings – and while these are just one of several factors that we take into consideration - Healthnetwork's partner hospitals dominate the list! Take a look:

### U.S. News Best Hospitals Rankings 2023-2024

Results show: You're in good hands.

Out of nearly 5,000 hospitals analyzed, 22 were named to the Honor Roll, "for demonstrating exceptional breadth of excellence across clinical specialties," according to U.S. News. We're so proud of the hospitals we partner with, which make up nearly half of that exceptional list (10 out of the 22).

Hospitals were ranked in 15 adult specialties, and only three percent of them (164 out of 5,000) ranked in at least one specialty. In other words, the vast majority of hospitals in this country are not the best for specialist care. But here's the news I'm most excited to share with you:

**Healthnetwork's partner hospitals ranked in The Top Three for all 15 specialties!**

In several instances – cancer, heart care, gynecology, orthopedics, rheumatology – ALL THREE of the #1, #2 and #3 best hospitals are Healthnetwork partners.

So when we say you are in good hands, what we really mean is you're in the best hands.

Same goes for your kids and grandkids! Nearly 200 pediatric medical centers were ranked, and four of the top ten (#1, 2, 4 and 10) are trusted Healthnetwork partners.

[Click here to see the hospital rankings and where Healthnetwork partners fit in.](#)



### Brain Health Webinar with Dr. Dylan Wint

If you missed it, you can watch now.



Throughout the year we schedule webinars and Zoom Q&As to connect you with our physician partners so that you can hear directly from the experts on health topics you care about. Dr. Dylan Wint directs the brain health center at Cleveland Clinic, and on August 15 he spoke with some of our GOLD Supporters about:

- What's normal and abnormal when it comes to brain aging
- Causes and prevention for dementia and Alzheimer's
- Action steps you can take now to protect your own brain health

### The Genes That Cause Heart Attacks

Breakthroughs in gene silencing therapy show exciting possibilities.

You've heard about those young, ultra-fit people who suddenly have a heart attack. The 48-year-old guy who runs marathons, eats healthy, and never smoked a day in his life drops dead on a run one day. The 63-year-old woman whose very first symptom of any heart trouble is sudden cardiac death. Until now, we've mostly seen gene silencing therapy in the arena of cancer treatment and prevention. But now we're starting to see immense potential in other areas of health, including for people who have a family history of heart disease.

[Click here to read this article from Healthnetwork's Medical Director, Richard Cartabuke, MD.](#)

### Check Your Mailbox

Fall 2023 magazine coming your way...

Keep an eye out for our fall magazine, which will be arriving to your mailbox in September. You'll read about:

- A mother alarmed at her teenager's abrupt personality change
- A boss concerned for a key employee who couldn't get a definitive diagnosis
- A husband who wanted the best of the best for his wife's breast cancer care

Did Healthnetwork help you? If you have a story to share, email Erin Helems at [ehelems@healthnetworkfoundation.org](mailto:ehelems@healthnetworkfoundation.org)



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Thank you for your partnership in making medicine better for all. As always, you can reach out to us anytime if you need help navigating a medical concern. [Click here](#) to make a medical request online or call us at +1 866-968-2467.

Megan Frankel  
President