## **Prescription Shoppe**

"Where Smiles and Solutions Meet"

Seven Lakes Prescription Shoppe 120 MacDougall Drive West End, NC 27376 (910)673-7467 Whispering Pines Prescription Shoppe 7305 NC 22 Hwy Carthage, NC 28327 (910)949-3700

# Compounded Semaglutide that may benefit Weight Loss now available!

We are able to make a sublingual form of Semaglutide for Weight Loss. This is a great option for patients who do not do well with injections.

\*The typical dosage is 0.25ml under the tongue daily for 1 week, then increase to 0.5ml under tongue daily or as prescribed by your physician (May increase to 1ml twice daily if needed)\*

By Prescription Only. Ask your doctor for details. Physicians can call us at 910-673-7467 for more information!

Semaglutide 1mg/ml with B12 #28ml

Or

Semaglutide 2mg/ml with B12 #28ml

Free Delivery and Free Mailing in North Carolina

#### Weight Loss Strategies

Many people are looking to lose weight or struggle with chronic weight management. Proper weight management has many health benefits and should always be done properly. Weight loss comes down to solving an equation. Calories burned need to be more than calories consumed. Proper diet and exercise are the best way to maintain both a healthy weight but also provide overall physical benefits. A good support system is also a crucial part of a healthy lifestyle. For some people, despite their best efforts, they are unable to achieve target weight goals on their own. For some people, medication may be helpful.

#### What is Semaglutide?

Semaglutide is a GLP-1 agonist that has been used in helping patients with type 2 diabetes control their blood sugar for many years. It is marketed by Novo Nordisk as an injection as the drug Ozempic® and as an oral tablet as Rybelsus®. The FDA recently added an additional indication to the drug, allowing it to help patients battling chronic weight management. This is the same injectable drug but marketed by Novo Nordisk as Wegovy®. At the Prescription Shoppe we have formulated a compounded liquid sublingual (under the tongue) form of the drug. We use an FDA approved ingredient to make the sublingual liquid. Same drug, different formulation. A compound is when a pharmacy takes an available form of a drug and changes the dosage form or strength to customize the final product for the patient. Our formulation contains semaglutide as well as cyanocobalamin (vitamin B12). The B12 helps with many things, including creation of red blood cells and energy. It is often lacking in people who are overweight.

#### What is the Dosage and How is it Supplied?

The medication comes in an amber liquid bottle with a graduated 1ml oral syringe. It should be kept refrigerated and shaken before use. If you are taking semaglutide for the first time, you will be instructed to begin with a titration as directed by your

provider. This means that you will start with a smaller dose and increase after 7 days. Titrating this medication helps to reduce gastrointestinal side effects and nausea. Do not use higher doses than stated on your prescription label. It does not matter what time of day you administer the medication, and it can be taken with or without food.

#### What Are the Side Effects?

The most common side effects include gastrointestinal related symptoms such as abdominal pain, constipation, diarrhea, nausea, and vomiting. These side effects may be more common after initiation and during dose escalation. Extreme sensitivity reactions such as rash, trouble breathing, swelling of the mouth, face, or throat should be reported to your prescriber immediately. Low blood sugar can occur and is marked by signs of dizziness, headache, feeling sleepy or weak, shaking, fast heartbeat, confusion, hunger, change in eyesight, or sweating. Discontinuing the use of the medication may be necessary should these reactions occur. Always consult your prescriber or pharmacist before stopping any medication.

### How Do I Get a Compounded Medication?

All compounded medications are available by prescription only from your physician, nurse practitioner, or physician's assistant. We have created a template for them below. You may take this form to your appointment to discuss if this medication is appropriate for you. The completed prescription can then be brought to the Seven Lakes Prescription Shoppe to be filled.

#### Disclaimers

By FDA definition, no compounded medication has been tested for safety or efficacy. While we do our best to follow compounding best practices, we do not perform the same testing as a drug manufacturer.



"Where Smiles and Solutions Meet"

Fax 910-673-3595

COMPOUND PRESCRIPTION REQUEST	WEIGHT LOSS
Patient Information	Doctor Information
Name:	Name:
Date of Birth:	Person Faxing form:
Address:	Address:
Phone #:	Phone #:
Step 1: Choose Formulation	
- Place 0.25ml under tongue da directed by physician	nily for 1 week, then increase to 0.5ml daily for a week, or as
directed by physician  If Higher Doses are Needed: Semaglu	nily for 1 week, then increase to 0.5ml daily for a week, or as utide 2mg/ml with B12 Suspension #28ml for 1 week, then increase to 0.5ml twice daily or as directed by
directed by physician  If Higher Doses are Needed: Semaglu	utide 2mg/ml with B12 Suspension #28ml for 1 week, then increase to 0.5ml twice daily or as directed by
directed by physician  If Higher Doses are Needed: Semaglu - Place 0.5ml under tongue daily physician  Add on Therapy: Ondansetron 4mg - Place 1 tablet under the tongue	utide 2mg/ml with B12 Suspension #28ml for 1 week, then increase to 0.5ml twice daily or as directed by
directed by physician  If Higher Doses are Needed: Semaglu  - Place 0.5ml under tongue daily physician  Add on Therapy: Ondansetron 4mg  - Place 1 tablet under the tongunausea. Take the first tablet 30	utide 2mg/ml with B12 Suspension #28ml  for 1 week, then increase to 0.5ml twice daily or as directed by  GODT #30 Tablets  Lie and allow it to dissolve every 4-6 hours as needed for