

About your provider...

## *Mandy L. Littlefield, RN, FNP\**



*\*FNP: Family Nurse Practitioner*

**Registered Nurse:** University of Phoenix, BSN, 2012

**Nurse Practitioner:** Cal State University, Los Angeles, 2016 MSN and FNP

**RN License:** California Board of Registered Nursing, current

**FNP License:** California Board of Registered Nursing, current

**Undergraduate:** Mt. San Antonio College, Associate Degree Nursing, 2010

**Memberships:** Nurses Service Organization member since 2010, American Association of Critical Care Nurses member since 2013, American Association of Nurse Practitioners member since 2016

**Languages:** fluent in English

**Special Interests:** Women's Health and Wellness

**Hobbies:** sports, music, movies, spending time with family and friends

**FOWH:** Mandy joined us in December 2019.

### ***I enjoy helping women***

"I enjoy helping women with their healthcare needs. Having two daughters and daily experiences with women, I have learned how important it is to educate women about their health and their bodies. I wish to empower women and I want to be an active participant in their journey to achieving and maintaining a safe and healthy lifestyle. I strive to create a warm and protected environment for my patients, so they feel comfortable asking about and educating themselves about their own health and well-being."

### ***Providing Women's Healthcare...and more***

We continually strive to provide comprehensive traditional women's healthcare in a comfortable and personal environment, while offering additional medical services for women not typically found in an ob/gyn office. Along those lines, we are proud to offer the services of Marina Jick, RNP, Nurse Practitioner. Please consider treating yourself to a special visit at Marina's Oasis! Call 626 MY OASIS or book an appointment online at [www.marinasoasis.com](http://www.marinasoasis.com).



Fair Oaks  
Women's Health

625 S Fair Oaks Ave., Suite 255  
Pasadena, CA 91105  
P: (626) 304-2626 | F: (626) 585-0695  
[www.fowh.com](http://www.fowh.com)