Fair Oaks Women's Health
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Fair Oaks Women's Health
Convenience • Caring • Cutting-Edge

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This form is for our pregnant patients. If you are NOT pregnant, please fill out the GYN History Form. Thank you for answering the following questions. Your health is important to us. Congratulations!

OBSTETRICS PATIENT HISTORY FORM

TODAY'S DATE _____ Your age_____ DATE OF BIRTH _____

YOUR NAME (Last) _____ (First)_____ (M.I.) _____

Your spouse/partner's full name _____

Your Ethnicity_____ REFERRED HERE BY _____

CURRENT PREGNANCY

What was the FIRST day of the last menstrual period? _____ Is this date definite? (Y/N) _____

Cycles regular? (Y/N) _____ Cycle length (avg=28 days) _____ Date of first pos. preg. test _____

Conception (check one): _____normal Date of conception? _____ ____ IUI (date_____)

_____IVF frozen embryo (transfer date _____), what day # was embryo? (e.g. day 5, day 6…)

What was your weight just before becoming pregnant? _____ What is your height? _____

When was your last pap smear? _____By whom? _____ Was it normal? YES NO

PAST PREGNANCY DETAILS

Total Number of Pregnancies	Full Term Births (> 37 wks)	Premature Births (< 37 wks)	Terminations	Miscarriages	Ectopic pregnancies	Multiple Gestation (Y/N)	Number of Living Children

Date	Term Preterm or Miscarriage	M / F	Birth Weight	Type of Delivery	Weeks Gestation	Length of Labor	Anesthesia	Complications/ Problems	Location

Notes: _____

Pt Name:
_____

PATIENT MEDICAL HISTORY

(If YOU have EVER had any of these conditions, please indicate)

X if YES	Condition	Comments
	Diabetes (type 1, type 2 or previous gestational diabetes). Any medication taken?	
	High Blood Pressure (hypertension now or in the past or with a prior pregnancy):	
	Heart Disease (fainting, heart murmurs, abnormal rate or rhythm, prior heart attack, abnormal valves):	
	Autoimmune Disorder (Lupus, Rheumatoid Arthritis, Sjogren's or other related conditions):	
	Kidney Disease or Urinary Tract Infections (UTI) (recurrent UTI, kidney stones):	
	Seizure Disorder or Neurologic Disease (migraines, epilepsy, history of TIA or stroke):	
	Mental Health Condition (includes anxiety or panic attacks, OCD, bipolar disorder, eating disorder):	
	History of Depression or Postpartum Depression (mild or severe, suicide attempts, hospitalization	
	Gastrointestinal or Liver Disease (irritable bowel syndrome [IBS], Crohn's Disease, Ulcerative Colitis,	
	Varicose Veins or Blood Clots in Veins (pulmonary embolism, DVT – deep vein thrombosis):	
	Thyroid Disease (under or over active thyroid, thyroid cancer or radiation):	
	Domestic Violence (now or ever in the past):	
	History of Blood Disorders or Transfusion (anemia, blood clotting problem, transfusion ever):	
	Smoking History (current or former smoker):	
	Alcohol Use History (current or past use or abuse of alcohol):	
	Illicit or Recreational Drug Use History (current or past use or abuse):	
	Rh Disease or Rh Negative	
	Lung Disease (asthma, chronic bronchitis, TB):	
	Seasonal Allergies (hay fever, asthma):	
	Breast Disease or Breast Surgery (implants above the muscle, under the muscle, breast reduction):	
	Complications of Anesthesia (describe):	
	History of Abnormal Pap Smear (any treatments such as freezing, LEEP or cone biopsy and when):	
	History of Uterine Abnormality (double uterus, unicornuate uterus):	
	History of Infertility or IVF, IUI, inseminations?	
	Low Back Problems or Back Surgery?	

ADDITIONAL PAST MEDICAL HISTORY DETAILS:

_____

_____

_____

_____

Pt Name:

_____

SURGERY or HOSPITAL ADMISSIONS

Surgery or Hospital Admission - Details	Year

SYMPTOMS SINCE BECOMING PREGNANT

(Are you currently experiencing any of the following symptoms?)
(If so, please indicate with an X)

General
_____ Fatigue or Weakness
_____ Fever, Chills or Sweats
_____ Excess Weight Gain or Loss

Eyes, Ears, Nose and Throat (HEENT)
_____ Nose Bleeds
_____ Sore Throat
_____ Trouble swallowing

Breasts
_____ Breast Lump
_____ Breast Pain or Tenderness
_____ Nipple Discharge (other than white)

Cardiovascular
_____ Chest Pain
_____ Irregular Heartbeat or Palpitations

Respiratory
_____ Chronic Cough
_____ Shortness of Breath or Wheezing

Gastrointestinal
_____ Diarrhea (watery stool)
_____ Heartburn
_____ Nausea or Vomiting
_____ Severe Constipation
_____ Abdominal Pain

Urinary
_____ Burning with Urination
_____ Blood in Urine
_____ Leakage of Urine
_____ Waking at night 2 or more times

Gyn
_____ Vaginal Discharge
_____ Vaginal Itching or Burning
_____ External Vulvar Pain
_____ External Vulvar Rash, Sores or Bumps

Musculoskeletal
_____ Joint Pain (Back, Knee, Wrist, Hip)
_____ Muscle Cramping or Pain
_____ Joint Swelling

Neurologic
_____ Dizziness
_____ Headaches or Migraines
_____ Numbness

Psychological
_____ Anxiety, Worries, Stress (Excessive)
_____ Depressed
_____ Insomnia

Skin
_____ Itching
_____ Moles or Sores
_____ Rash

Comments or Additional Symptoms Not Listed Above?

_____

_____

_____

GENETIC SCREENING QUESTIONS

(If you or **ANY** close relative of yours - such as brothers, sisters, parents, other children - has EVER HAD or CURRENTLY HAS any of the problems listed below, please CIRCLE YES)

_____Check Here if All are No

IS PATIENT GOING TO BE AGE 35 BY THE DUE DATE?	YES	NO
HISTORY of THALASSEMIA or HEMOGLOBIN (BLOOD) DISORDER	YES	NO
HISTORY of NEURAL TUBE DEFECT (spina bifida)	YES	NO
HISTORY of CONGENITAL HEART DEFECT	YES	NO
HISTORY of DOWN SYNDROME (or any known chromosomal condition)	YES	NO
IS THE MOTHER OR FATHER OF THE BABY ASHKENAZI JEWISH or CAJUN? If yes, has any genetic testing been done?	YES Yes	NO No
HISTORY of SICKLE-CELL ANEMIA or SICKLE-TRAIT	YES	NO
HISTORY of HEMOPHILIA	YES	NO
HISTORY of MUSCULAR DYSTROPHY	YES	NO
A. HISTORY of CYSTIC FIBROSIS B. IS THE MOTHER or THE FATHER OF THE BABY CAUCASIAN/EUROPEAN?	YES YES	NO NO
HISTORY of HUNTINGTON'S DISEASE (HUNTINGTON'S CHOREA)	YES	NO
HISTORY of INTELLECTUAL DISABILITY OR AUTISM If yes, has testing for Fragile X chromosome been done?	YES Yes	NO No
HISTORY of ANY INHERITABLE GENETIC CONDITION or ANY BIRTH DEFECTS	YES	NO
HISTORY of MATERNAL PKU OR OTHER METABOLIC SYNDROME	YES	NO
PATIENT OR BABY'S FATHER HAD A CHILD WITH ANY BIRTH DEFECTS	YES	NO
HISTORY OF STILLBIRTH OR 2 OR MORE MISCARRIAGES	YES	NO
HISTORY OF ILLICIT SUBSTANCE USE SINCE LAST MENSTRUAL PERIOD	YES	NO
HAVE YOU PREVIOUSLY DONE ANY GENETIC TESTING?	YES	NO

INFECTION HISTORY QUESTIONS

_____Check Here if All are No

HAVE YOU EVER TESTED POSITIVE FOR HEPATITIS B OR C ?	YES	NO
DO YOU LIVE WITH SOMEONE WHO MIGHT HAVE TUBERCULOSIS?	YES	NO
DO YOU or YOUR PARTNER HAVE A HISTORY OF **GENITAL** HERPES?	YES	NO
HAVE YOU HAD A SKIN RASH or VIRAL ILLNESS SINCE YOUR LAST PERIOD?	YES	NO
HAVE YOU EVER HAD HIV, GONORRHEA, CHLAMYDIA, HPV, SYPHYLLIS or VENEREAL WARTS? (circle any that apply)	YES	NO
HAVE YOU EVER TESTED POSITIVE FOR VAGINAL STREP B (GROUP B STREP)?	YES	NO
ARE THERE ANY OTHER INFECTIONS YOU HAVE BEEN TREATED FOR?	YES	NO
HAVE YOU TRAVELED OUTSIDE THE U.S. SINCE BECOMING PREGNANT?	YES	NO

PRESCRIPTION MEDICATIONS YOU ARE TAKING

List name of medication, dose taken, how often and reason

Pt Name: _____

DRUG STORE MEDICATION, VITAMINS AND SUPPLEMENTS YOU ARE TAKING

List name of product and dose taken

ALLERGIES (circle choices)

Do you have any known allergies? NO ALLERGIES Allergic to Latex? YES NO

If yes, please list all allergies and your allergic reaction

Allergic to	**Reaction**

FAMILY MEDICAL HISTORY

*(If **ANY** close relative of yours - such as maternal and/or paternal grandparents, parents, brothers, and sisters – has EVER HAD or CURRENTLY HAS any of the problems listed below.*

CONDITION	Please CIRCLE CONDITION and indicate who has that specific condition.
1. DIABETES, HIGH CHOLESTEROL, THYROID DISEASE	
2. HIGH BLOOD PRESSURE, HEART ATTACK, STROKE	
3. TUBERCULOSIS, ASTHMA, OTHER LUNG DISEASE	
4. BREAST DISEASE, BREAST CANCER	
5. STOMACH, GI or COLON DISEASE or CANCER	
6. KIDNEY DISEASE, KIDNEY STONES	
7. GYN DISEASES, OVARIAN CANCER, UTERINE FIBROIDS	
8. MUSCULOSKELETAL DISEASE, OSTEOPOROSIS	
9. NEUROLOGIC or NERVOUS SYSTEM DISEASE, MIGRAINES	
10. SEVERE DEPRESSION or OTHER PSYCHIATRIC CONDITION	
11. GENETIC DISEASE or BIRTH DEFECTS of ANY KIND	
12. LEUKEMIA, LYMPHOMA or ANY BLOOD or BONE MARROW DISEASE	
13. ANY RELATIVE EVER HAD A BONE MARROW TRANSPLANT	
14. ANY TYPE of CANCER or MALIGNANT TUMORS	

ADDITIONAL PREGNANCY ISSUES

1. In the past 3 months have you or your partner traveled to any country on the CDC list of known locations of the Zika Virus?	YES	NO	MAYBE
2. Was this pregnancy a result of fertility treatment? If yes, can you please have copies of recent blood tests and ultrasounds sent to us?	YES	NO	
3. Have you ever had your blood drawn to test for any genetic conditions? If yes, can we get a copy of those test results?	YES	NO	MAYBE
4. Have you been vaccinated against Whooping Cough (TDaP)? If yes, can we get a copy of those records?	YES	NO	MAYBE
5. Have you heard about NIPT (non-invasive prenatal testing)? This allows us to test for fetal DNA in the mother's bloodstream.	YES	NO	MAYBE
6. Have you heard about Nuchal Translucency testing? (We will discuss this during your first visits.)	YES	NO	MAYBE
7. Do you get 3 servings per day of dairy products (milk, yogurt, cheese)? If not, we advise a daily Calcium Supplement (like CitraCal) with Vit D usually about 500 mg calcium and about 500 to 1,000 units of Vitamin D.	YES	NO	MAYBE
8. Do you own any cats? If so, it is advised that pregnant women not change the cat litter	YES	NO	
9. Are there any known or suspected hazards in your workplace?	YES	NO	MAYBE
10. Do you have plane travel planned during this pregnancy? If so, we generally advise not flying after 32 weeks gestational age.	YES	NO	MAYBE
11. In the past year, have you been threatened or injured by someone you know?	YES	NO	TALK TO ME
12. Do you use a seat belt 100% of the time while driving? We strongly urge all pregnant women (and everyone!) to wear seat belts all the time.	YES	NO	
13. Are you considering having a tubal ligation (permanent sterilization)?	YES	NO	MAYBE
14. If you have a boy, do you want him circumcised?	YES	NO	MAYBE
15. Do you plan to save the baby's umbilical cord blood at the time of delivery or would you like more information about this?	YES	NO	MAYBE
16. If you already have a Pediatrician, please enter their name. Is this doctor on staff at Huntington Hospital?	Dr. _____ YES	NO	MAYBE
17. Please see our OB guide on the web at: www.pasadenapregnancy.com			

It is not necessary to have made all the above decisions yet.
We will discuss all pregnancy issues and your concerns at your consultation and throughout your pregnancy.
The above list is to help you as you begin to explore some of these issues

Notes or Questions for the Doctor: _____

_____

_____

_____

_____

_____

_____