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**BIOGRAPHY**  
**SHWETA SHAH, DO, FACOG**

Fair Oaks Women's Health is pleased to announce that Dr. Shweta Shah has joined our group.

Dr. Shah is a Board-Certified Ob/Gyn physician and a Fellow of the American College of Obstetrics and Gynecology. In 2019, Dr. Shah completed her Ob/Gyn residency at Baystate Medical Center in Massachusetts. She then moved to New York City where she worked in private practice for the next 3 years. In early 2022, Dr. Shah decided that she needed to leave NYC. This career change has resulted in her moving to Los Angeles and joining our group, and we are so very happy she is here! Dr. Shah is a delightful person, full of life and energy, and is extremely dedicated to her patients.



Dr. Shah has a fascinating life story. She has lived all over the world, having grown up in Mombasa, Kenya. She speaks multiple languages including Hindi, Gujarati and Kiswahili.

**LIFE IN MOMBASA**



Dr. Shah was born in and grew up in Mombasa, Kenya, a coastal city of over a million people located in southeastern Kenya along the Indian Ocean. Her parents are both physicians in Mombasa. One day her mother, a practicing ob/gyn took her to work. They arrived at a hospital overflowing with patients, understaffed and poorly equipped. Her mother pushed open the door to "Labor and Delivery" and there was a pregnant woman in active labor. Within minutes, her mother delivered the baby, right in front of her eyes. In that powerful moment she knew that she wanted to be a physician. She was ten years old!

That experience imbued a passion in Dr Shah to provide healthcare to patients and communities in need. From that day forward, she was involved in volunteer work. At age 16, she left Kenya, and her journey took her to high school in England, near London (a boarding school). After graduating, she went to India, her ancestral homeland, where she attended and completed medical school and internship, becoming a practicing physician in 2006. During medical school she was exposed to all areas of medical practice, including delivering babies, and this is when she finally knew, without a doubt, that her heart directed her to become an ob/gyn.



Dr. Shah returned to Mombasa and worked in some medical clinics, at times alongside her mother - two physicians, mother and daughter, working together! These were special times for both of them. While working in Mombasa, Dr. Shah began to dream of moving to America and becoming a practicing ob/gyn physician there. She had never even been to America yet! She loved her hometown of Mombasa, and loved her family, but her dream grew so powerful that she committed to do whatever it took to become an ob/gyn doctor in America.

Thus began a long, arduous multi-year journey to obtain a U.S. Visa, and find whatever work she could in the healthcare field (volunteer or paid). This journey saw Dr. Shah living, volunteering, working or doing medical research at UC San Francisco, Good Samaritan Hospital New York, Cornell Medical College, and an urgent care clinic in New York City.

She also had learned that the only way to achieve her dream was to go back to medical school, again. Dr. Shah had left Kenya in 2007 and four years and many cities later, she started medical school in New York City. In 2015, Dr. Shah graduated from New York Institute of Technology (NYIT) College of Osteopathic Medicine with her DO degree and soon started her 4-year ob/gyn residency training. Yes, Dr. Shah has attended medical school twice in her career, and finally, in 2019, she achieved her dream, of becoming an ob/gyn physician in America.

In her own words Dr Shah states...

“During my time in medical school in India, ob/gyn as a field always stood out. This specialty combines aspects of continuity of care, building doctor-patient relationships and requires surgical skill. One of my most memorable moments during internship in India was when I was allowed to perform my first delivery. It was a magical time to see the little head at first, followed by the newborn’s first breath. I was overwhelmed with joy. But it was also during my training that I realized ob/gyn was not always happy endings. This career has taught me how to handle situations with compassion, respect and professionalism. I am aware of how unique each patient is, which is a big part of what inspired me to pursue such a rewarding career.

“My journey has allowed me to grow personally and professionally; made me culturally competent and given me an opportunity to reflect on my own ability as well as identify areas in need of improvement. I am confident that my perseverance, integrity and dedication will enable me to be a well-rounded physician. Every hurdle I have faced has made me stronger, more mature and taught me new lessons. I am prepared for a lifelong commitment of staying abreast of a complex, dynamic and ever-expanding body of knowledge so I can become the best ob/gyn physician possible.”

