

ROCKY MOUNTAIN SOCCER CAMP at the ELEVATION TRAINING CENTER in VICTOR, CO

Frequently Asked Questions

Q. Where do the Campers stay and what are the accommodations like?

A. The Elevation Training Center is actually the historic Victor High School building that was built in 1899. We have owned the property since 2007, are continuing to renovate it and have turned it into a camp facility for our Rocky Mountain Soccer Camp residential programs.

We have converted some of the classrooms into dormitories with twin and full-sized bunk beds and there are also 4 separate bathroom/shower rooms in the building. The 4 dorm rooms can hold 8, 10, 12, and 18 persons. We have separate Boys and Girls areas for co-ed camps. Typically, the Boys are upstairs, and the Girls are Downstairs at the Victor School. No, it is not the "Ritz" but the accommodations are comfortable, and our American Eagles Hall provides an exciting place for games, meetings, videos and lunch!

Q. What is the arrangement for adult supervision?

A. Our 4-Day Open Live-in Camps have 2 sets of Staff: 1) A set of Professional Coaches who work with the campers on the field and 2) a set of counselors who supervise the campers when they are not on the field. These counselors also stay in the gender specific dorm rooms with the campers at night. YES! We do a federal background check on each staff member and they are all screened by Ministry Safe which is a complete child safety system.

When a team attends one of our 3-Day Team Camps, the team provides at least one same gender adult chaperone who supervises off-field activities and stays in the dorm room at night. The team coach works with the RMSC Director/staff during all field/training and team building sessions.

Q. Where do the Campers eat their meals and what is the food like?

A. Two of the downtown Victor Restaurants provide us with the meals for camp. The Gold Camp Bakery provides deli style sandwiches for lunch on homemade bread baked daily. Lunch is served at the Victor School. The Campers head downtown (3 Blocks) for wholesome, homestyle meals for Breakfast and Dinner at the Fortune Club Diner. Breakfast usually consists of Pancakes or French Toast, Scrambled Eggs, Sausage or Bacon, Fruit and a variety of Juices. The dinner menu for each evening can include spaghetti or other types of pasta, hamburgers, Salisbury steak, or a taco bar.

Q. What if my child has food allergies or dietary restrictions?

A. In many cases, food allergies and dietary restrictions can be accommodated *however*, WE NEED TO KNOW AT LEAST 1 WEEK AHEAD OF YOUR CHILD'S CAMP DATE! Please contact the RMSC Office at 719-619-5547 or call Tarla at 720-394-5257 to let us know what the issue is. THANKS!

Q. What should my child bring to camp?

A. A complete list of what to bring and what *not* to bring can be found at: http://rockymountainsoccercamp.com/files/pdf/live-in_what_to_bring_list.pdf

Q. How much spending money should I send with my child?

A. Different campers bring different amounts of money. We do build in time within the camp program for everyone to go downtown for snacks, ice cream, souvenirs, etc. The ice cream at the Fortune Club ranges from \$3 to \$8 depending on the item, and the Claim Jumper General Store has regular grocery type snacks. We also have RMSC apparel (T-Shirts, Sweatshirts, Hats, etc.) that we sell at the Victor School which range from \$10-\$50 each.

Q. What are the camp rules and what are the expectations for my child while they are at camp?

A. The RMSC Rules and Elevation Training Center Code of Conduct can be found at:

http://rockymountainsoccercamp.com/files/pdf/victor_live-in_camp_rules.pdf and

http://rockymountainsoccercamp.com/files/pdf/etc_code_of_conduct.pdf

When you attend the RMSC, we have very simple expectations:

- 1) Come to PLAY, Give Your BEST EFFORT, Have FUN and try to LEARN SOMETHING
- 2) Follow ALL of the Rules, ALL of the Time (This is NOT "See what you can get away with" Camp)
- 3) NO WHINING!

You need to be prepared for fun, challenging and educational activities so bring a positive attitude and be ready to give your best effort. This will enable us to provide you with the best possible experience so that the camp can be extremely beneficial to all!

Q. What does a typical day of camp look like?

A. When you register your child for a camp, you will receive a confirmation with a schedule for that particular camp. Schedules for each type of camp can also be found at www.rockymountainsoccercamp.com.

We do keep the campers very busy and there is not a lot of "down time." We want to make the most of their time with us at the RMSC and we keep a very full schedule each day. That said, we have a great balance of what we do within the program and each camp activity is designed to provide an outstanding overall experience!

Q. What is the main emphasis of the camp?

A. The main emphasis at the RMSC is LEARNING, both ON and OFF the field! We provide High Level Soccer Camp Instruction and a High-Quality Soccer Camp Experience! We ARE a PLAYER DEVELOPMENT CAMP! We are NOT an "ID Camp" where players come, scrimmage a lot, receive little to no instruction, and then get an "evaluation" at the end of camp. We actually TEACH the campers throughout the entirety of the camp and therefore we see a great deal of improvement from each player in addition to seeing them gain a huge amount of confidence from participating in our program.

Of course, they get out of it what they put in to it. If the player will come in with a learning attitude and a willingness to work hard, then it can truly be a "life-changing" experience for them. They will definitely go home "TIRED and INPIRED!"