

# Population Health and Wellness



## Northside Pharmacies

AN AFFILIATE OF GENESIS HEALTHCARE SYSTEM

### Health Screenings...

#### Individual, Community & Business

Early detection and information on risk reduction are valuable tools for a healthier life. The qualified healthcare professionals at Northside Pharmacies Wellness Services use cutting edge technology to provide one of the areas largest selections of quality health screenings at our location or in any workplace setting, large or small.

The Center for Disease Control and Prevention reported that more than eighty-six percent of all healthcare dollars are spent on chronic conditions such as diabetes, obesity, cardiovascular disease and asthma, most of which are preventable.

#### Workplace Wellness

Northside Pharmacies healthcare professionals assist companies of all sizes create a healthier work place. Implementing an employee wellness program is a smart investment for both your company and employees.

Health and wellness programs are aimed at identifying problems before they become serious and costly. Our services include on-site health screenings, customized health risk assessments, pharmacist consultation on results, flu shot clinics and more.

At its best, worksite health promotion creates a culture that fosters vitality, motivation, and overall effectiveness among employees. In this way, worksite wellness can have a positive impact on profitability for the organization, and overall, health and well-being of the individual.

### Screenings Offered for You!

#### Total Lipid Profile (fasting)

- Total cholesterol, HDL, LDL, triglycerides, glucose, TC/HDL ratio; completed via fingerstick with lab accurate results in minutes

#### Hemoglobin A1C (non-fasting)

- Average levels of blood glucose, also called blood sugar, over the past 3 months; completed via fingerstick with lab accurate results in 5 minutes

#### Bone Density

- Non-invasive ultrasound to determine the risk of osteoporosis; completed via heel bone ultrasound

#### Facial Skin Analysis

- Shows invisible damage to skin that cannot necessarily be seen with the naked eye

#### Body Composition/BMI

- Quick and non-invasive test to determine body fat and lean body mass

#### Cotinine

- Evaluation of tobacco use or tobacco smoke exposure

#### Blood Pressure

- Blood pressure reading is determined by measuring your systolic and diastolic blood pressures

#### Health Risk Assessment

- Health screenings and questionnaire providing an evaluation of potential health risk

#### Immunizations

- Influenza (flu), Zostavax (shingles), Shingrix (shingles), Tdap (tetanus, diphtheria, pertussis/whooping cough), Pneumococcal (pneumonia), MMR II (measles, mumps, rubella), Td (tetanus & diphtheria)



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Speak to our Wellness Consultant today!

**(740) 454-5666 ext. 8405**

