

PRE-TOUR PACKING LIST

While not every tour requires the same type of gear, you can almost always count on temperature changes on our daily rides (sometimes rapid and dramatic changes, especially rides with significant elevation gain). We therefore recommend bringing layers, both with your cycling clothes and your casual wear.

LUGGAGE

- One (preferably soft-shell) suitcase or duffel bag (please limit to less than 50 lbs)
- One “carry-on” size bag

GENERAL CLOTHING

- Long pants
- Shorts
- Shirts
- Sweater/jacket
- Swimsuit
- Shoes (include comfortable walking shoes)
- Hat
- * **PLEASE NOTE:** While we do eat at first class restaurants, there are no dress codes. Dressing up is fine, but most of our guests (and staff) tend to dress very casually for meals.

CYCLING CLOTHING & ACCESSORIES

- Helmet (helmets must be worn when riding on the tours)
- Saddle (many cyclists prefer to ride on their own saddle even if they’re renting a bike)
- Cycling pedals (many cyclists prefer to use their pedals even if they’re renting a bike)
- Cycling shoes
- Cycling shorts
- Cycling jerseys
- Cycling socks
- Cycling gloves (fingerless & full-fingered)
- Base layer
- Vest
- Arm & leg warmers
- Jacket (wind/rain resistant)
- Shoe/toe covers
- Sunglasses
- Water bottles

EXTRAS

- Camera
- Sunscreen
- Ibuprofen/aspirin
- Personal medications
- Chamois cream
- Chapstick/lip balm
- Eye drops (for those affected by a dry climate)

