

Name \_\_\_\_\_ Date \_\_\_\_\_

# Testosterone Deficiency

## SIGNS, SYMPTOMS AND ASSOCIATIONS OF TESTSOTERONE DEFICIENCY

(Circle any symptoms you have)

Overall decreased sexual desire	Diminished vital energy and sense of well-being	Decreased sensitivity to sexual stimulation in the clitoris
Decreased sensitivity to sexual stimulation in the nipples	Overall decreased arousability and capacity for orgasm	Thinning and loss of pubic hair
Osteoporosis	Depression	Decreased morning erections
Decrease in stiffness of erections	Difficulty maintaining erections	Mental fatigue
Complacency	Loss of initiative	Decreased interest in hobbies
Crying spells	Poor muscle tone	Inability to grow muscle
Poor stamina	High cholesterol	Increased breast tissue in males
Night sweats	Poor memory	Decreased sexual thoughts