

## INTAKE QUESTIONNAIRE

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Referral from: \_\_\_\_\_

Primary physician: \_\_\_\_\_

Reason for referral: \_\_\_\_\_

Date of onset: \_\_\_\_\_

What function(s) do you hope to improve/change by coming to physical therapy? What are your physical goals?

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## Medical History

If you have had surgery for this or a different diagnosis, please complete the following for each:

Surgery type and date: \_\_\_\_\_ Improvement? \_\_\_\_\_

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Surgery type and date: \_\_\_\_\_ Improvement? \_\_\_\_\_

Surgery type and date: \_\_\_\_\_ Improvement? \_\_\_\_\_

Prior physical injury history: Include major work or non-work related injuries (fractures, major sprains/strains) and their dates:

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Please check all that apply to you:

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|--|---|
| <input type="checkbox"/> Osteoarthritis                      | <input type="checkbox"/> Dizziness/vertigo/fainting             |
| <input type="checkbox"/> Rheumatoid arthritis                | <input type="checkbox"/> Gastrointestinal issues (IBS, Crohn's) |
| <input type="checkbox"/> Osteoporosis/Osteopenia             | <input type="checkbox"/> Stroke                                 |
| <input type="checkbox"/> Pregnant/attempting pregnancy       | <input type="checkbox"/> Using blood thinners                   |
| <input type="checkbox"/> Heart problems/heart disease        | <input type="checkbox"/> Hepatitis A/B/C                        |
| <input type="checkbox"/> Severe headaches                    | <input type="checkbox"/> Circulation problems/blood clots       |
| <input type="checkbox"/> Recurrent muscle/joint pain         | <input type="checkbox"/> Diabetes Type 1/Type 2                 |
| <input type="checkbox"/> Cancer _____                        | <input type="checkbox"/> Chest pain/angina                      |
| <input type="checkbox"/> Lyme disease/tick-related illness   | <input type="checkbox"/> Kidney disease/stones                  |
| <input type="checkbox"/> Multiple sclerosis                  | <input type="checkbox"/> Bronchitis/emphysema/pneumonia         |
| <input type="checkbox"/> Fibromyalgia                        | <input type="checkbox"/> Thyroid condition                      |
| <input type="checkbox"/> Skin condition _____                | <input type="checkbox"/> Asthma                                 |
| <input type="checkbox"/> Allergies _____                     | <input type="checkbox"/> Epilepsy                               |
| <input type="checkbox"/> Pacemaker                           | <input type="checkbox"/> Prostate issues                        |
| <input type="checkbox"/> Blood pressure- High/Low            | <input type="checkbox"/> Gout                                   |
| <input type="checkbox"/> Poor balance or recent falls        | <input type="checkbox"/> Depression                             |
| <input type="checkbox"/> Endometriosis                       | <input type="checkbox"/> Nerve injury                           |
| <input type="checkbox"/> Tuberculosis                        | <input type="checkbox"/> HIV/AIDS                               |
| <input type="checkbox"/> GERD/Heartburn                      | <input type="checkbox"/> Menstrual issues                       |
| <input type="checkbox"/> Chemical dependency (alcohol/drugs) | <input type="checkbox"/> Abdominal pain/bloating                |
| <input type="checkbox"/> Bleeding disorders                  | <input type="checkbox"/> Psychological _____                    |
| <input type="checkbox"/> Other _____                         |   |

Please list any medications you are currently taking, type, dosage and how long you have been taking it:

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## Current Condition

Where is/are your pain/symptoms (i.e., location and type)?

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When did this current episode begin? Was the onset gradual or sudden?

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How did the episode of pain/symptoms begin? If your pain/symptoms are due to an injury, briefly describe the events leading to the injury.

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Have you had prior episodes of the pain/problem?     Yes     No

If yes, how many episodes have you had? \_\_\_\_\_

When did the first episode begin? \_\_\_\_\_

Is this episode worse than the prior episode(s)?     Yes     No

What caused the prior episode(s)? \_\_\_\_\_

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Date/outcome of any medical tests/special tests performed with regard to your current issue:

X-rays: \_\_\_\_\_

MRI/CT scan: \_\_\_\_\_

EMG: \_\_\_\_\_

Steroid/Other injection: \_\_\_\_\_

Other: \_\_\_\_\_

Are you receiving any current therapy (i.e., physical therapy/chiropractic/massage/exercise, etc.) for your current condition? If so, please indicate type and effectiveness:

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Please check the activities below that affect your pain/problem:

|                        | Better | Worse | No change |
|------------------------|--------|-------|-----------|
| Standing               | ___    | ___   | ___       |
| Sitting                | ___    | ___   | ___       |
| Walking                | ___    | ___   | ___       |
| Driving                | ___    | ___   | ___       |
| Bending forward        | ___    | ___   | ___       |
| Bending backward       | ___    | ___   | ___       |
| Lying on stomach       | ___    | ___   | ___       |
| Lying on back          | ___    | ___   | ___       |
| Reaching overhead      | ___    | ___   | ___       |
| Reaching behind back   | ___    | ___   | ___       |
| Lifting > 5lbs         | ___    | ___   | ___       |
| Pushing/Pulling > 5lbs | ___    | ___   | ___       |
| Gripping with hand     | ___    | ___   | ___       |
| Writing                | ___    | ___   | ___       |
| Typing                 | ___    | ___   | ___       |
| Using computer mouse   | ___    | ___   | ___       |
| Squatting              | ___    | ___   | ___       |
| Kneeling               | ___    | ___   | ___       |
| Coughing               | ___    | ___   | ___       |
| Sneezing               | ___    | ___   | ___       |
| Sleeping               | ___    | ___   | ___       |
| Other _____            | ___    | ___   | ___       |

On a 0 to 10 pain scale, with “0” being “no pain” and “10” being the “greatest level of pain”:

What number represents your WORST level of pain?

0    1    2    3    4    5    6    7    8    9    10

What number represents your LEAST level of pain?

0    1    2    3    4    5    6    7    8    9    10

What number represents your level of pain AT THIS TIME?

0    1    2    3    4    5    6    7    8    9    10

Signature \_\_\_\_\_ Date \_\_\_\_\_