

Gonino Center for Healing

PH IMBALANCE

PH Imbalance occurs when the body's fluids are either too Alka Line or too Acidic. Most of us are overly acidic as opposed to overly Alka Lined. AN acidic inner environment is not unlike a fish tank who's PH has become unbalanced. You will notice the water becomes green and murky and moss begins growing up the sides of the tank. The fish will die and eventually the water will evaporate. The PH imbalance creates oxygen deprived environment which allows the fungus to proliferate and ultimately over take the host. Our body is our "TANK" and like a fish tank, when the PH is unbalanced we will have fungal over growth; parasites and cells that are starving for oxygen and nutrients. If you owned a tank and your fish began to get sick, an option to treat it would be to remove it from the mucky nutrient-deprived water. Pump it full of a bunch of antibiotics, steroids and put the fish back in the same water. This is analogous as to what doctors do to patients, thousands and thousand of times per day in this country. Treatment option B is to clean (detoxify) the tank, fill it with fresh pure water and the fish can heal spontaneously without drugs. Therefore, a new environment is created for healing.

It is this primary concept that we will be utilizing to help you achieve your health and wellness goals.

HORMONAL IMBALANCE

Due to toxins in our air, water supply and food supply. Most of us experience some form of hormonal imbalance such as thyroid, adrenal, male and female sex hormones, pancreas, pineal, etc.

Now more than ever in AM history we are seeing more obesity, diabetes, kidney failure, cancer, Alzheimer's, chronic fatigue and sleep disorder. We have been seeing this in younger and younger people. We believe the thyroid is the "Mother" hormone; like a mobile on a baby's crib. If one of the toys falls off the whole mobile is out of balance. Fortunately, the medical laboratories are beginning to realize that the norms for thyroid functions are not sensitive enough, thereby hugely underestimating the number of people who can be helped with thyroid support.

We have found that by adequately supporting people's thyroid glands, it helps correct the other hormone imbalances and assists in a good foundation for the restoration of other body imbalances.

FLORA IMBALANCE

As we have learned previously; when the body's PH becomes more acidic, via acid forming foods, prescription medication, environmental toxins in our air/food/and water, fungus is allowed to overgrow. As the fungus overgrows the individual experiences a number of bothersome symptoms including mouth sores, oral thrush, gastro-esophageal reflux, irritable bowel syndrome, vaginal yeast infections and chronic skin issues such as eczema. Antibiotics and steroids are both double-edge swords as far as accelerating the speed of one's aging and death. Antibiotics are acid-forming and thus allow the PH to shift more acid, helping to create an environment where fungus and cancer can grow. In addition, by directly killing normal healthy bacterial flora, it allows fungus to move in and take its place. The more fungus the weaker the immune system becomes. The weaker the immune system, the easier it is to get sick. If you get sick you see the doctor. What do doctors do to help? They put them on antibiotics. And, as you can see, at this point, you are in a viscous circle. I guess I should have said that steroids are a triple edge sword. First, they are acid forming like antibiotics. Second, they suppress the immune system, which makes it easier to get sick. Lastly, they increase blood sugar which is what fungus loves to eat. So, the fungus grows faster, consuming its host more quickly.

We have multiple ways of helping return your floral balance back to normal. Which will, in turn, help you live a longer and better quality of life.

ENERGY IMBALANCE

Energy Imbalances manifest in sleep disturbances, fatigue, anxiety, and mood disorders (Mania & Depression.) ADHA, etc. Energy Imbalances are created by the imbalances described in the previous message; hormonal, body PH and flora. When these are balanced they are functioning optimally resulting in proper energy enzymes function. Healthy enzymes break down the macronutrients in our food; which powers the body.

In order to create healthy enzymes the body must have enough vitamins. Therefore, if our diets are nutrient poor and or we don't adequately supplement, the amount of enzymes we make will be difficult and the result is fatigue.

Secondly, we can have enough enzymes but if the body is overly toxic the toxins themselves can damage the enzymes or the acid PH they create can damage the enzymes. Either way, the result is fatigue.

Fatigue causes us to "Self Medicate" with stimulants like caffeine, sugar and nicotine. Therefore, creating the need to "slow things down" by eating fatty foods, drinking alcohol or taking sleep medications, anti anxiety medications all of which are acid forming.

SPIRITUAL IMBALANCE

In the Book of Genesis (verse) says that a human body is designed to live for a hundred twenty years. Those people who are living one hundred and over today spent the first 60 years of their lives eating food grown on nutrients rich farm soil. The food was prepared without chemicals as well. Their water source was usually a natural source and the air they breathe has a lot less toxins.

We believe our creator designed the earth to supply our bodies everything it needs to live 120 years. Mankind has interfered with our makers plan and created the “Sickness Industry” we live in today. We also believe god wants us to durance a happy, healthy and evolving life that can only be achieved by a clear and clean mind and body. The answers are found in stillness through prayer/meditation, the expression and receiving of love.

RESTORING HEALTH

As I stated in my “Statement of Philosophy” I believe injured systems are healed with nutrients and I believe imbalances of the body’s ecosystems is the cause of illness.

We begin the re-balance efforts by restoring proper hormonal support by natural sources of thyroid, DHEA for adrenals and bio-identical sex hormones. Detoxifying the body of fungal overgrowth and intravenously detoxifying the blood with H2O and Diflucan, EDTA Chelation, breathing techniques, Candida class/nutrition, hydrogen peroxide, bath and foot soaks.

Rebalancing of the body’s PH is through the way of Nutrition classes, intravenous therapies, proper vitamins, mineral supplements, breathing techniques and oxygen therapy.

Energy restoration is through detoxification oval, intramuscular and IV Vitamin therapy. Nutrition class, enzyme support, restoration of proper sleep, temporary use of prescription medication, herbal remedies and melatonin. Also, prescription natural thyroid and adrenal support. Therapeutic essential oil therapy and there pen tic massage.

SPIRITUAL RESTORATION

Detoxification of the body, prayer, therapeutic message and therapeutic essential oil the rapines. Breathing techniques, Yoga and Tai Chi classes are all in a facility created to insure a state of peace and tranquility which is necessary for healing. Intravenous therapies are administered in a quiet spacious room with 22 foot ceilings relaxing in a leather recliner. Our relaxing atmosphere is filled with natural landscaping; overlooking a large pond with ducks. “A true healing environment”

INTRAVENOUS THERAPIES

I recommend IV therapy because most people with chronic disorders and compromised immune systems which includes decreased ability to digest and assimilate. The intravenous route, by bypassing the digestive tract allows for maximal nutrients to be delivered to the tissue more efficiently.

ROTTING AND RUSTING

Steven Denk

We believe that every human being on the planet is dying simplistically speaking by “Rotting and Rusting”

Rotting is the slow over taking of the body by fungal organisms. For example; if you leave a slice of white bread lying on a table and come back in two weeks, it is no longer white bread but instead green bread. It is being consumed by mold which is a species of fungus. The same process is happening in our bodies by God’s design so that it dies between the ages of 100-120 years. As you know, man often interferes with God’s plans, antibiotics, steroids, birth control pills, synthetic estrogen, liver or flying at altitude or eating sugar increases the amount of fungus in our bodies and “not” faster than God’s design, much worse that “Rotting is Rusting”. I believe this is wheat killed by father at age 66 from cancer. Rusting is oxidizing of the cells through the hormone adrenal line. Anything we do that increases the amount of this “Fight or Flight” hormone in our body’s changes normal cell shape towards cancer cell shape.

Example of “Rusting” mechanisms includes caffeine, nicotine, sugar, work holism, anger and their negative emotions.